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« SEE COMMUNITY CLASSIFIEDS

## Back to School

« SEE INSIDE

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# COHASSET MARINER

Aug. 22-28, 2014

cohasset.wickedlocal.com

Vol. 35, No. 35 \$2

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#### COMING IN PRINT

STORY: Back to School preview

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GateHouse Media  
New England



#### UPDATE

## Drug coalition talks strategy

By Erin Dale  
edale@wickedlocal.com

Cohasset's coalition to counter the local heroin epidemic met for the second time on Wednesday, August 20, to brainstorm strategies and hear from a special guest speaker.

The group was formed this summer by Cohasset's Social Service League (SSL) in response to what many have called a heroin epidemic

sweeping the South Shore. Since January, there have been five heroin overdoses and one fatality in Cohasset.

The coalition is headed up by Christine Murphy of the SSL, along with SSL president Marita Carpenter. Members include Cohasset Town Manager Chris Senior, Superintendent Barbara Cataldo, Acting Police Chief William Quigley, Fire Chief Robert Silvia, and other town leaders and members of the commu-

nity including medical professionals and teachers that want to work together to combat the issue.

The group convened at the Paul Pratt Memorial Library on Wednesday night and voted on a name for the coalition: Safe Harbor Cohasset, which was Murphy's suggestion.

The coalition also heard from speaker Pam Wakefield Mason of Norwell, who lost her nephew, Sutton, to a heroin overdose in June.

Mason shared her firsthand account of how heroin affects families. "No one should have to go through this," she said of losing a loved one to drugs.

Mason, principal at insurance brokerage firm Mason & Mason, said that education on drugs should start at home, believing that her nephew, who struggled with his drug addiction for years before passing away at age 22, was missing some nurturing in

SEE DRUG, 14

#### SELECTMEN

## Doo's and don'ts

Dog problems in cemeteries

By Erin Dale  
edale@wickedlocal.com

Officials are fielding complaints that the town cemeteries have gone to the dogs.

Board of selectmen chair Diane Kennedy said during Tuesday night's meeting that the selectmen's office has received multiple calls from a citizen complaining about dog walking in the cemeteries - and the walkers neglecting to clean up after their pets.

Kennedy said she wanted to have a brief discussion on whether the board should try to regulate dog walking in the cemeteries, acknowledging "the disrespect when [dogs are] doing their business on someone's final resting place."

The board reviewed the town's regulations for the Beechwood and Woodside cemeteries, which were adopted in 2001 but do not address dog walking.

Selectman Kevin McCarthy suggested instituting a fine for those who violate a potential restriction on dog walking or fail to clean up after their pets. Kennedy noted that it would be tough to enforce.

"You can't legislate good taste and respect," Kennedy said.

The chair said that while she is "anti-signs" for aesthetic reasons, a simple "keep your dogs off" sign could be posted around the cemeteries.

Selectman Karen Quigley said that if the town doesn't institute a dog walking restriction, there could perhaps be a "pooper-scooper" policy.

"It comes down to an issue of respect and consideration," said Quigley. "I would hope responsible dog owners would pick up after themselves because it's the right

SEE DOGS, 14

#### AMERICAN LEGION

## Boys, Girls State teaches students about government

By Erin Dale  
edale@wickedlocal.com

Seven students from Cohasset High learned first-hand how to run a democratic government during a weeklong program sponsored by the American Legion.

Boys and Girls State brings together high school

juniors from around the country to spend one week on a college campus learning how government works while developing leadership skills and an appreciation for civic rights. The program centers on the structure of city, county and state governments.

This year's Boys and Girls State event was held from

June 14 to 20 at Stonehill College in Easton. This is the fourth year the program combined both Boys and Girls State.

Cohasset High seniors Christian Cunnie, Emily Curran, Christine Guinee, Curtis Golden, Hayes Kenley, Caroline Kennedy, and Kyle McKnight were chosen to represent Cohasset and

Legion Post 118 at the event.

To qualify, a student must be a high school junior; admission and selection criteria differ from state to state. In Cohasset, the selection process starts with a phone call to the high school by Cohasset Sons of the American Legion Commander

SEE STATE, 15

#### UPDATE

## Preservation board up to full force

Selectmen also discuss committee handbook

By Erin Dale  
edale@wickedlocal.com

Cohasset's Community Preservation Committee (CPC) now has a full nine-

member board.

The Board of Selectmen started making committee appointments and reappointments in July at the start of the new fiscal year.

The nine-member CPC, which reviews community projects having to do with historical preservation, recreation, affordable housing and open space, consists of three

members-at-large from the community; the remaining six members are representatives from other boards. Chairmen from each board selected their CPC representatives and gave the names to the selectmen.

The board voted unanimously (5-0) in favor of appointing the following representatives: Michael Dickey

from the Planning Board; Susan Sardina from the Housing Authority; Todd Goff from the Historical Commission; Alexander Koines from the Conservation Commission; Richard Karoff from the Open Space Committee; and Diane Kennedy from the selectmen.

Some of the representatives had already been appointed, but Kennedy explained that as

she and Town Clerk Carol St. Pierre have been reviewing committees, they noticed that several of the seats had expiring terms that needed to be re-set so that they would "run through the same period of time."

The seats held by Dickey, Sardina and Goff were re-set to expire in June 2015; the

SEE COMMITTEE, 14

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## Back to School

Inside Today's Paper

BACK  
to  
SCHOOL

WELCOME

Before you grab your cart to pick up the latest in crayons, backpacks and kids' clothes, check out the Back to School section in your Wicked Local newspaper.

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### PICTURE THIS

## Patrick Birmingham

Name: Patrick Birmingham.

Occupation: Pianist, student at Riverview School, summer employee at the Cohasset Launch Program.

Best day of your life: The day I graduated from Norwell High School in 2012.

Best vacation: A trip on the Disney cruise line in 2004 for my 10th birthday.

Favorite season: Summer, because I don't have to wear a jacket.

Favorite holiday: Christmas; it's important to spend the holiday with family and share the tradition with them.

Favorite meal: My favorite meal has to be spaghetti and meatballs. I enjoy food from different cultures, especially from Italy.

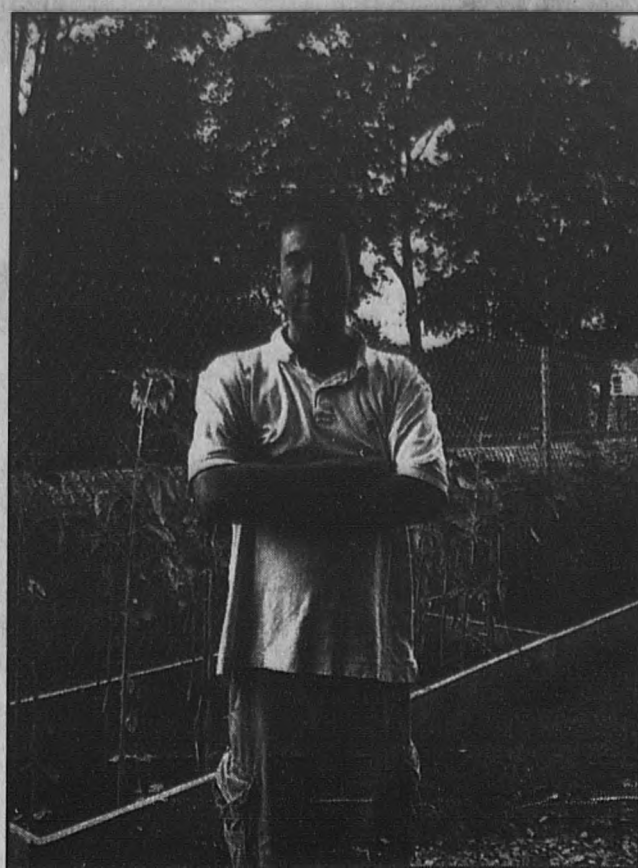
Best book: "The Hunger Games" trilogy.

Best movie or actor: "The Lion King." I enjoy watching Disney movies; the characters delight me and the songs put me in a good mood. My favorite actor is Robin Williams; he was legendary, funny and a great comedian, and had a big impact on Hollywood movies.

Best TV show: "The Simpsons."

Best music, group or artist: U2 is one of my all-time favorite bands.

Pet peeve: Getting sick.



The Mariner caught up with Patrick Birmingham, summer staff member at the Cohasset Launch Program, and a pianist who performs every Thursday evening at JJ's Junction. If you see Patrick around town, be sure to mention you spotted him in Picture This! PHOTO/ERIN DALE

Fun fact about yourself: Not only am I a piano player, but I also like to draw and have a blog, "This Day in Disney."

Goal: Besides piano playing and performing in an ensemble or group, I want to earn my driver's license.

Biggest worry: Not being able to pass the driver's license test.

Person you would most like to meet: I'd like to meet Bono [lead singer of U2]; he's one of my favorite artists, and if I had to travel outside of the U.S. it would have to be Ireland, where U2 is from.

Best part of Cohasset: I like exploring the town and helping out the people around me, and playing piano at the Farmers Market and under the gazebo at JJ's Junction.

### COHASSET ELDER AFFAIRS

## End of Season cookout Tuesday

The following programs will take place at 3 North Main St. Call Cohasset Elder Affairs. Call 781-383-9112 if interested in attending either of these events and activities.

**End of the Season Cookout** — Tuesday, Aug. 26, noon, at Cohasset Lightkeepers. Cost is \$3 in advance, \$5 the day of the event. DJ Roger Leary will entertain with a mix of Big Band and swing favorites. Seasonal food provided by Anna Abbruzzese and her helpers. Reservations must be received no later than Friday, Aug. 22.

**Therapeutic Massage** — Aug. 28. There are still a few appointments remaining for a 15-minute massage — neck, shoulder, arm, hand or foot, one's choice. Cost is \$8 per session. Reservations are required, call to book an appointment.

**Labor Day** — Monday, Sept. 1. Office closed. **Allerton House Entertainment** — Thursday, Sept. 11, 11 a.m., Linda Chuckran and Carol Taylor will perform on the piano and talk about options available to seniors when they are ready to move from their home. Stay for lunch. Allerton House will provide a delicious dessert.

**Cohasset Elder Affairs Lunch Program** — Lunches provided by celebrity chefs and local restaurants, at noon, on Tuesdays, Wednesdays and Thursdays. Call 24 hours ahead for reservations and/or transportation.

**TRANSPORTATION** Cohasset Elder Affairs offer door-to-door van service to the following:

Around Town Route 3A: Mondays, 1 to 3 p.m. Stops, as requested, at Buttonwood

Books, Supercuts, Bank of America, Rockland Trust, Walgreen's, CVS, Hingham Lumber, Old Colony shops, Aubuchon, etc.

Shaw's: Tuesdays, at 1 p.m.

Cohasset Train Station: Wednesdays, drop off for 9:04 a.m. train; pickup for 3:08 p.m. return.

Wal-mart/Hanover Mall: Wednesdays, at 9:30 a.m., return at 11:30 a.m.

Around Town (downtown Cohasset): Thursdays, 9:30 a.m.

Stop & Shop: Fridays, 9:30 a.m.

Trader Joes/Marshall's: Second Friday of the month, 9:30 a.m.

Derby Street Shops: Third Friday of the month, 9:30 a.m., return 11:30 a.m.

Christmas Tree Shop: Fourth Friday of the month, 9:30 a.m.

### MARK YOUR CALENDAR

## Tolman MDA Show of Strength Telethon Party

The Tolman family and their Telethon Team are gearing up for the 38th annual MDA Telethon Party in Hingham over Labor Day weekend. Come join the fun for a great cause.

The telethon will take place from 7 to 11 p.m., on Sunday, Aug. 31, and 11 a.m. to 5 p.m., on Monday, Sept. 1, at Congregation Sha'aray

Shalom, 1112 Main St., Hingham. The telethon is to raise funds to help win the fight against Muscular Dystrophy.

For more information about the Tolman MDA Show of Strength Party or to donate goods or services for the raffle and silent auction, contact Jay Tolman at [tagtolner@gmail.com](mailto:tagtolner@gmail.com), call 781-

923-1618 or visit the website: [www.tolmantelethon.com](http://www.tolmantelethon.com)

MDA is the nonprofit health agency dedicated to curing muscular dystrophy, ALS and related muscle diseases by funding worldwide research. The association also provides health care, summer camp, support services, advocacy and education.

### Mariner drop box at Tedeschi's

The Cohasset Mariner has a "drop box" and pickup location at Tedeschi's in the village. The drop box is on the counter in the front

window around the corner after you enter the front door.

The Mariner picks up at 8 a.m. on Mondays and

Tuesdays. The drop box can be used to drop off glossy photographs, letters, flyers or other editorial copy.

### South Shore Tide Chart

COHASSET HARBOR (WHITE HEAD)

| AUG. 2014 |    | HIGH  |      |       |      | LOW  |      |      |      | SUNRISE | SUNSET |
|-----------|----|-------|------|-------|------|------|------|------|------|---------|--------|
|           |    | AM    | HGT. | PM    | HGT. | AM   | HGT. | PM   | HGT. |         |        |
| Thursday  | 21 | 9:12  | 8.0  | 9:25  | 9.0  | 2:51 | 0.8  | 2:58 | 1.3  | 5:56    | 7:35   |
| Friday    | 22 | 10:03 | 8.2  | 10:14 | 9.1  | 3:42 | 0.7  | 3:48 | 1.2  | 5:57    | 7:33   |
| Saturday  | 23 | 10:47 | 8.3  | 10:58 | 9.2  | 4:27 | 0.6  | 4:34 | 1.0  | 5:58    | 7:31   |
| Sunday    | 24 | 11:28 | 8.5  | 11:38 | 9.3  | 5:07 | 0.5  | 5:16 | 0.8  | 5:59    | 7:30   |
| Monday    | 25 |       |      | 12:05 | 8.7  | 5:45 | 0.4  | 5:56 | 0.7  | 6:01    | 7:28   |
| Tuesday   | 26 | 12:16 | 9.3  | 12:41 | 8.9  | 6:22 | 0.3  | 6:36 | 0.5  | 6:02    | 7:26   |
| Wednesday | 27 | 12:54 | 9.3  | 1:16  | 9.0  | 6:58 | 0.3  | 7:15 | 0.5  | 6:03    | 7:25   |
| Thursday  | 28 | 1:32  | 9.2  | 1:53  | 9.1  | 7:35 | 0.3  | 7:55 | 0.4  | 6:04    | 7:23   |

Please be aware that all tide charts are really just predictions and assume average weather conditions. Usually, onshore winds or low barometric pressure will produce higher tides than predicted and vice-versa.

ONLY ONLINE

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### PHOTOS

Check out all of our photos in color of the final day of the Cohasset Recreation Department's Summer Camp!

### BLOG: WILD ABOUT BIRDS

Blogger Pam French, owner of Wild Birds Unlimited in Hanover, has the word on birds.

### BLOG: NE WILDLIFE CENTER

The New England Wildlife Center cares for all kinds of critters. Check out their latest blog.

Fire Scanner graphic



### POLICE FIRE SCANNER

Log on to hear the latest police and fire news from Hingham and surrounding towns.

### FACEBOOK

Find us on Facebook. Search "Cohasset Mariner"

### GOT NEWS?

Submit your news, photos, announcements or sports information online.

### POPULAR STORIES ONLINE

- Five things to do in and around Cohasset.
- POLICE: Dispute over restaurant tab.
- POLICE: Mother, daughter being summonsed for shoplifting.
- LETTER: Too many road races in Cohasset.
- Cohasset to commemorate Capt. John Smith landing.

### BRIEFLY

#### School supply drive

Cohasset Family Chiropractic will sponsor a school supply drive to benefit School on Wheels. New items can be dropped off until Aug. 22 at 814 Chief Justice Cushing Hwy.

Items most needed are: Quality backpacks for boys and girls in grades kindergarten through 12, single subject notebooks, flexible rulers, index cards, glue sticks, 1-inch binders, filler paper, crayons, colored pencils, washable markers, folders and flash drives.

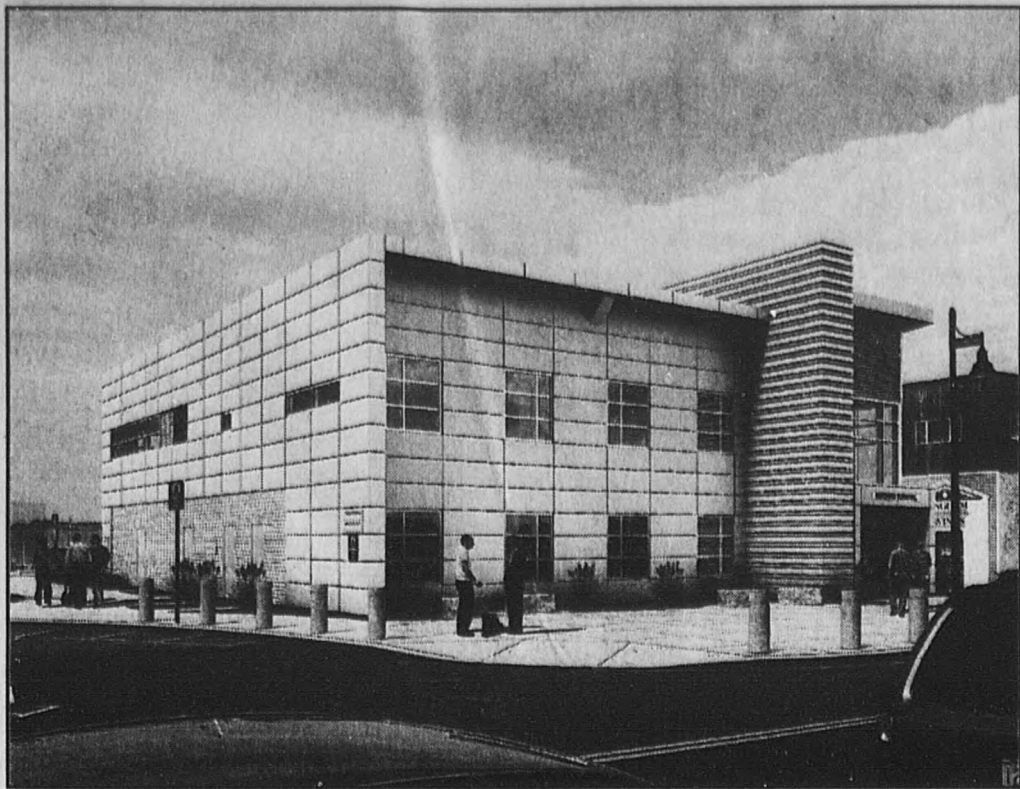
Visit [www.cohasset-familychiro.com](http://www.cohasset-familychiro.com) for office hours or call 781-923-1226 for more information. For more information on School on Wheels, visit [www.sow-ma.org](http://www.sow-ma.org).

### Common App Primer workshop

Attention college-bound teens and parents: College counselor Stephanie Sears will make a presentation on the ins and outs of the Common Application from 7 to 8:30 p.m., on Tuesday, Aug. 26, in the Paul Pratt Memorial Library Community Room.



COMMUTER BOAT



A rendering of the front view of the MBTA's new Intermodal Center at the Hingham Shipyard which will be named for Herbert L. Foss, who received the Medal of Honor for his heroic acts in the Spanish-American War. COURTESY OF STV INCORPORATED.

# Honoring a local hero

New terminal to be named for Medal of Honor recipient

By Mary Ford  
mford@wickedlocal.com

Herbert L. Foss, Medal of Honor recipient from Hingham, is finally going to be honored in a big way.

Thanks to state Senator Robert L. Hedlund's effort to add an amendment to recent legislation that is related to preserving the memorial to Landing Ship Tanks (LSTs) at the Hingham Shipyard — the new commuter boat terminal will bear Foss's name.

There is also a provision in the amendment for suitable markers explaining Foss's heroic efforts during the Spanish-American War. "I thought this would be a very worthy action to take," Hedlund said this week.

Hedlund, who grew up on Foley Beach Road and rode his bike in the Shipyard as a child, thinks naming the new terminal is a great way to honor the local hero and seaman in that the Shipyard is a maritime facility.

Hedlund noted that in the amendment there is the ability to go back later and work with the Department of Transportation (DOT), the Hingham Veterans Council and Hingham Selectmen to come up with way to tell Foss's story. He explained that when legislation came across his desk late in July regarding the LST Memorial, he realized this would be the appropriate vehicle to add an amendment about naming the intermodal center.

Hedlund working with state Rep. Garrett Bradley

## About the Intermodal Center

- The Massachusetts Bay Transportation Authority (MBTA's) new Intermodal Center will be a modern transportation facility located at the center of the 1.2 million square-foot Hingham Shipyard mixed-use community.
- The goal is to design and construct a new facility that allows commuters to move seamlessly between intermodal transit services: bus Route 220 and the Commuter Boat moving passengers to Boston's Rowes Wharf and the South Shore.
- Secondary users of the facility will include the Dept. of Conservation and Recreation, Harbor Islands Cruises, Mass. Environmental Police staff and the Hingham Harbormaster.
- STV Incorporated has been engaged by the MBTA, to provide design and construction phase services for this 8,400 square foot, two-story center at 45 Shipyard Drive.

Source: MBTA.

**"I think the naming is a great thing not only for my family but for the town, state and country."**

Bill Harris

got the amendment through the Legislature. Hedlund expressed gratitude to MassDOT for working quickly and the governor for signing the legislation. The bill passed on July 31, the last day of the legislative session.

Bradley, who said he corresponded with Governor Deval Patrick about the history of Foss because there was no time to go through the normal vetting process, is pleased that Foss is going to get the recognition he deserves.

"We saw an opportunity to have a structure named after Foss in Hingham," Bradley said. "We felt strongly there needed to be

a fitting way to honor him."

Jim Claypoole, who is chairman of the Hingham Veterans Council, said the council would work to come up with a tasteful way to inform people about Foss perhaps with a bust in the lobby that would include a marble pedestal with Foss' citation and an explanation of the Medal of Honor.

Bill Harris spoke for the Foss family. "I think the naming is a great thing not only for my family but for the town, state and country," Harris said in an email. "Seaman Foss' exploits off Cuba in 1898 is a great American Naval story."

Hedlund thought it was important that the new terminal not be named for a politician, which is often the case with state buildings. "We have too much of that and it frankly turns my stomach," he said. "This is a much more appropriate action."

## About Herbert L. Foss

Herbert L. Foss, who was born on Oct. 12, 1871, in Belfast, Maine, enlisted in the U.S. Navy on Jan. 31, 1897, 16 months before the U.S. would officially enter the Spanish American War. He was assigned as a seaman on the light cruiser USS Marblehead, and on May 11, 1898, Seaman Foss and his shipmates, while engaging the enemy off the northwest coast of Cuba, snared the main communications cable; pulled it over the bow of their boat, and with great difficulty, and while under intense enemy fire,

somehow managed to sever the cable. Seaman Foss actually finished the job with a simple hacksaw. Many of his shipmates were killed or wounded during this action, but they had successfully disrupted communications between Cuba and Spain.

The war officially ended Dec. 10, 1898, and for his "extraordinary bravery and coolness under fire" on the 11th of May 1898, Seaman Herbert Lewis Foss was awarded the Congressional Medal of Honor, the nation's highest honor.

After the war, Herbert

Foss, looking for work, found himself in Hingham where citizen Foss worked for a number of years at the ammunition depot before taking a job with the town where he eventually became the superintendent of the Fort Hill Cemetery. He died on Sept. 1, 1937.

The Town of Hingham buried Herbert Foss in the largest military funeral the town had ever seen. Herbert Foss's casket was carried through the streets of Hingham onboard a 110th Cavalry Caisson drawn by six horses.

## POLICE BEAT

# Intoxicated pedestrian tries to get into cruiser

By Mary ford  
mford@wickedlocal.com

Police said an intoxicated 24-year-old Braintree man tried to get into a parked cruiser while the officer was working a traffic stop thinking it was his ride home. As it turned out, the cruiser ended up being his ride to the police station.

It started when a Cohasset officer pulled a motorist over on Hull Street around 6:17 p.m. on Saturday (Aug. 16) for speeding. As the officer was preparing to write the citation, he observed a man staggering along the side of the road heading toward them. Initially, the man tried to get into the violator's car and the officer thought perhaps he knew the motorist. However, the motorist quickly locked the car and the Braintree man then made his way to the cruiser and tried to open the door.

When questioned about what he was trying to do, the man said he thought the cruiser was his ride and he was walking from Nantasket Beach back to Braintree. Police said he was highly intoxicated and took him into protective custody.

tended for an address on Jerusalem Road Drive, police said. The delivery company was called and brought them to the right location. Police said with Jerusalem Road, Jerusalem Road Drive, and Jerusalem Lane — it is not uncommon for delivery services to get mixed up.

## Missing plate

A Nichols Road resident reported having lost a front license plate between New York and Cohasset sometime this month. The Registry of Motor Vehicles requires vehicles to display two license plates (front and back). A police report needs to be on file in order for the RMV to provide a duplicate plate, police said.

## Locked out

Police investigated a report on Thursday afternoon (August 14) about a man possibly breaking into a car outside Dooley's on Depot Court. As it turned out the man who is 63 and from Quincy had his wife's car and had locked himself out. Police confirmed the car was listed to his wife.

## On a detail

A Beechwood Street resident called police around 7:30 a.m. on Friday (Aug. 15) about a suspicious Jeep parked by the end of the driveway. As it turned out, the Jeep belonged to a uniformed Cohasset police officer who was waiting to work a construction detail at the site that morning. When the caller saw the uniformed

officer get out of the Jeep — they cancelled the call, police said.

## Vandalism

A resident in a neighborhood off N. Main Street reported last week that their property has been the subject of vandalism in recent weeks. A tree has been covered with toilet paper, shrubs pulled out and beer cans and other debris strewn about, police said. In addition to more patrols, the adult children of the former owners of the house have been mailed no trespass orders, police said.

## Car clipped

A caller observed a 2013 Toyota sedan clip a 2010 Toyota sedan in the small parking area behind the Legion Hall and Bodyworks Studio on Elm Street. The caller said the 2013 Toyota was making a loop in the lot when it clipped the 2010 Toyota and left. Police were provided with the plate number and investigation revealed the 16-year-old operator of the 2013 Toyota did not realize he had hit the other car. There was minor damage and the insurance companies will work it out, police said.

## Unwanted visitor

A caller who had just purchased a home on Fair Oaks Lane called police on Sunday afternoon (Aug. 17) to report that someone had been inside the residence; the intruder left an empty alcohol bottle on the front yard and a water bottle on the kitchen counter.

## DON'T MISS THIS

## Register for SAT prep program

Registration is now opening for the SAT prep program through Episcopal City Tutoring, beginning sessions on Sept. 8, Oct. 6 and Nov. 3. These programs will prepare students to take the SAT in October, November or December. Students will meet math and English tutors in the Watermelon Room at St. Stephen's Episcopal Church, 16 Highland Ave., Cohasset. Visit [episcopalcitytutoring.org](http://episcopalcitytutoring.org) for more information on registration, or contact ECT Cohasset Site

Manager Stephanie Sears at [stephanie.c.sears@gmail.com](mailto:stephanie.c.sears@gmail.com) or call 413-329-8291.

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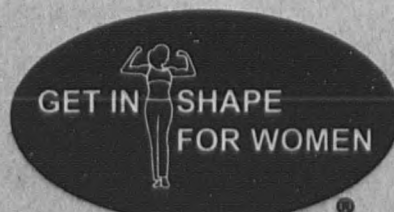
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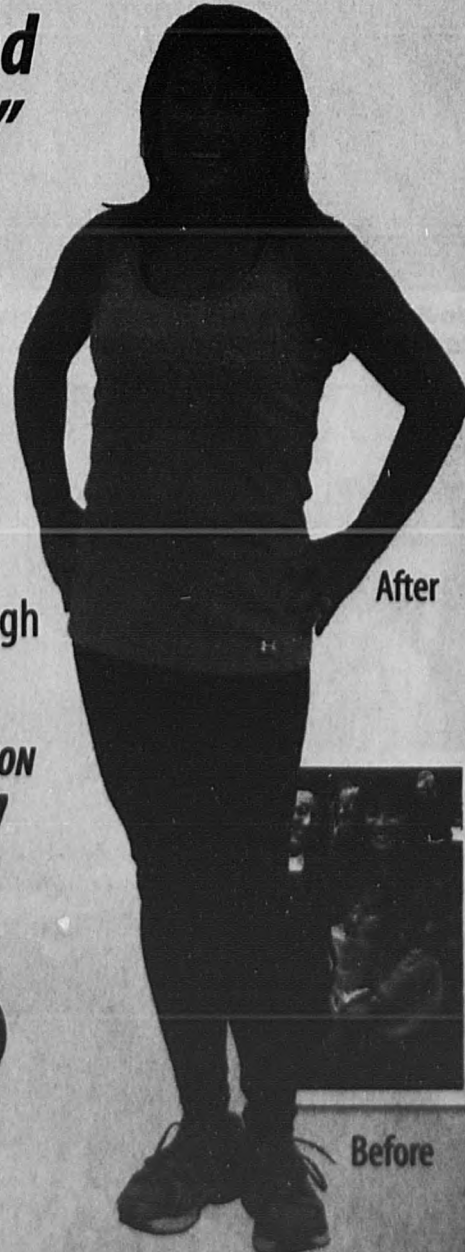
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Monica Teel  
Client, Age 54



## Shoe Market

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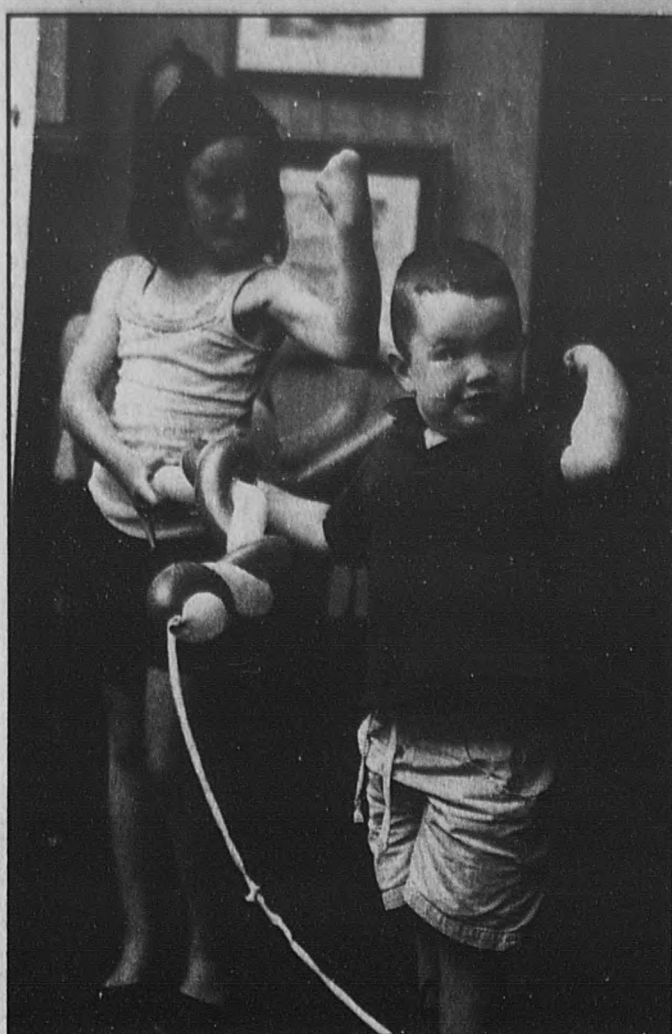
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7-year-old Mary Keleher and 3-year-old Ben Silvia demonstrate how strong they are.



4-year-old Pixi Dyer throws a balloon screw during the Mousetrap Science presentation.



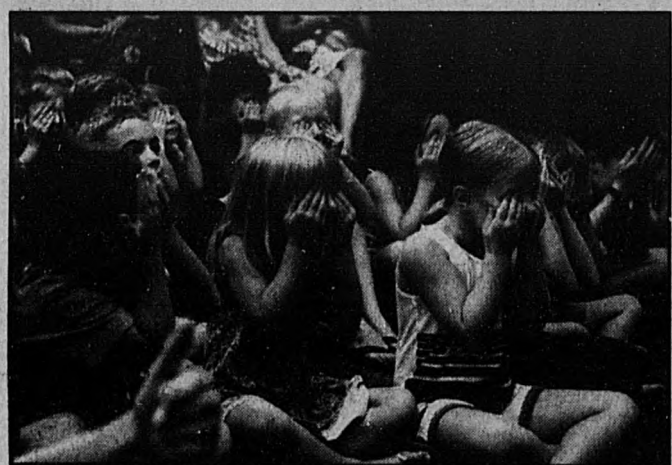
Molly Irwin, 4, shows how a pulley helps raise heavy allens.



Jungle Jim and his assistants show how a balloon screw files.



With the help of many assistants, Jungle Jim catches a mouse (Mrs. Moody).



Children practice their responses during the Mousetrap Science presentation held recently at the Paul Pratt Memorial Library.



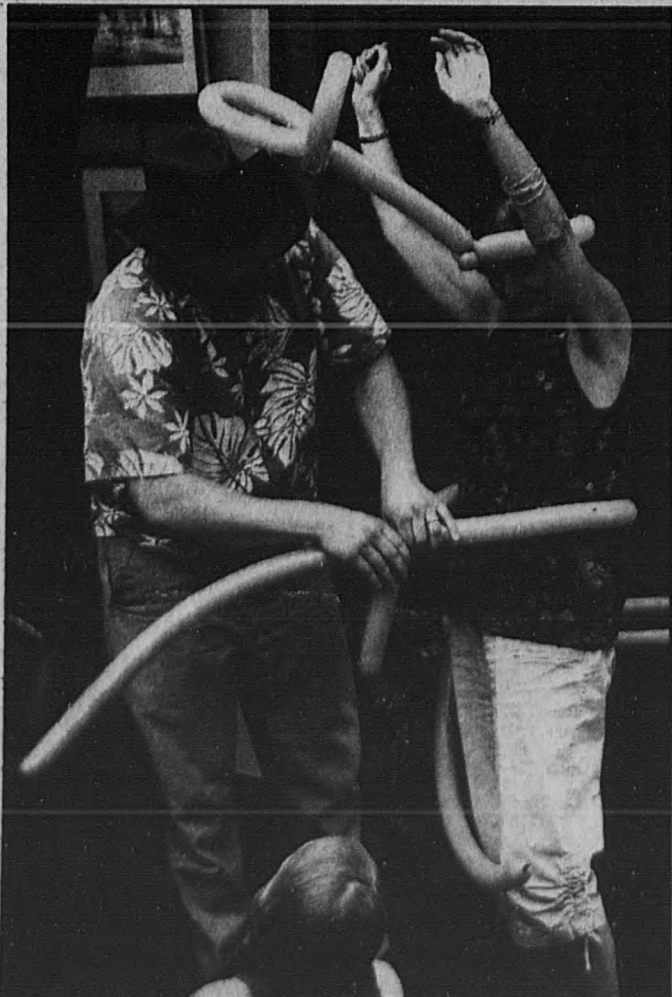
Jungle Jim makes sure that the kids have lots of energy during the Mousetrap Science presentation.



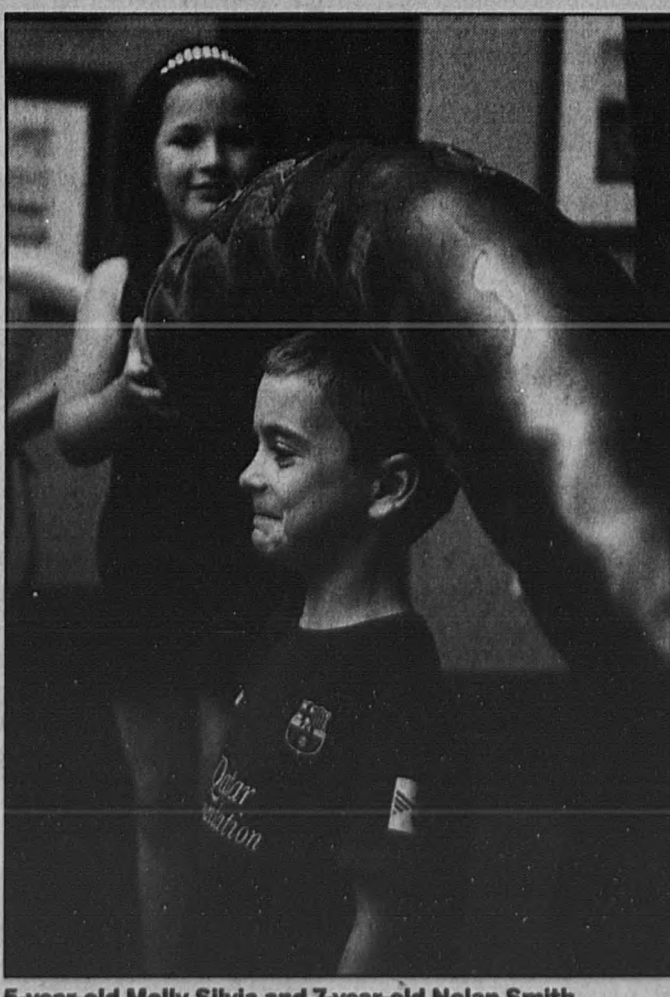
After learning about simple machines, volunteers create an elaborate mousetrap out of balloons.

Children learned about simple machines and helped build a Rube Goldberg Mousetrap made entirely from balloons and audience volunteers. For more information about this show go to [www.junglejimboston.com](http://www.junglejimboston.com). Generously funded by the Friends of the Cohasset Library

Check out all these photos in color, online at: [cohasset.wickedlocal.com](http://cohasset.wickedlocal.com)



Children's Librarian Mrs. Moody becomes a mouse with the help of Jungle Jim during the Mousetrap Science presentation.



5-year-old Molly Silvia and 7-year-old Nolan Smith demonstrate what a fulcrum is.

Photos by K. A. MacDonald



9-year-old Isabella Richter shows how a pulley works.



SELECTMEN

# Cohasset officials talk budget calendar

By Erin Dale  
edale@wickedlocal.com

Cohasset officials are staying on top of the fiscal year 2016 budget.

The FY15 budget started on July 1, but officials are already planning for the next fiscal year. Town Manager Chris Senior said that ideally, the upcoming fiscal year budget will be ready a full month ahead of the Annual Town Meeting each spring.

The town's finance department and town manager typically start taking a crack at the budget in January before presenting it to various boards, including the Board of Selectmen and Advisory Committee.

Senior told selectmen Tuesday night that he wants to start some of the budget process in the fall. He plans to invite town assessor Mary Quill to attend a meeting and give an update on valuations and property and excise tax, and potential new growth.

The town manager also wants to have state Senator Robert Hedlund and state Representative Garrett Bradley in to discuss state aid.

Having the "big conversations" early in the budget process, said Senior, "gives us the foundation to build the budget."

Senior said that he plans to start the budget review early in January, bringing Advisory onboard. Then, "by the

time we get to March, we'll have pretty much kicked around the nuts and bolts" of the budget, the town manager said. "By mid to late March, we'll be adopting the proposed budget for presentation to town meeting."

Annual Town Meeting is scheduled for Saturday, May 2, 2015.

Selectmen chair Diane Kennedy agreed that Quill

should be scheduled to present at a selectmen's meeting as soon as possible, and wondered if she could be ready for the board's next scheduled meeting on Tuesday, Sept. 2.

Senior said that Quill would probably need more time, adding that he wants to have a "bigger presentation," perhaps in a room besides the selectmen's office.

Kennedy said she would

**"It would be good to have a conversation about the taxes and fees, and see if there is anything we need to address in terms of revenue."**

Selectmen Chairman Diane Kennedy

like to hear from Quill before the selectmen put out their budget message. "It would be good to have a conversation about the taxes and fees, and

see if there is anything we need to address in terms of revenue."

The selectmen chair added that the board could discuss

the budget message at the Sept. 2 meeting.

Senior said that he would do his best to schedule some of these presentations for next month. "I don't know if I'll be able to do this all in September, but I'll try."

Look for more on this in an upcoming edition of the Mariner.

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NWCH12102042



## AROUND TOWN

## College news still coming in



JENNIFER PIEPENBRINK

## Hello!

Hi Cohasset and friends, what's new this week? We are definitely in the midst of those "dog days" of summer, although it is definitely cooler than normal and because of the great weather, the amount of news we have to share is very light as most are on vacation, enjoying some sun. All still important and newsworthy so here goes....

## UMass Boston

Let's kick it off by congratulating Adam Yeager, who was awarded dean's list recognition this past spring from UMass Boston. Andrew is the son of Kathy and Doug Yeager and all are from Cohasset. Nice work Adam, everyone is very proud of you on a job very well done!

## Johnson &amp; Wales

Erika Botts has been named to the dean's list for the spring semester at Johnson & Wales University in N. Miami, Florida.

Erika is majoring in culinary arts and food management. She is a 2012 graduate of Cohasset High School. Congratulations!

## College Bound

For all who are or getting ready to become College Bound, this is perfect for

you. Come to the Paul Pratt Memorial Library on Tuesday, Aug. 26 at 7 p.m. for the Common Application Primer. College counselor Stephanie Sears will make a presentation on the ins and outs of The Common Application and answer your questions about the application process, standardized testing, and even your essays. Put it in your calendar now, it is so worth it.

## Waal family news

Jeff and Ellie Waal reported that they have had an academically outstanding summer. Their son Erik Waal was awarded his masters in business administration from MIT Sloan School on June 6. Erik, his wife Donna, and their daughters, Julia and Jaycee live in Hingham. Erik is employed as a senior director at Monster in Weston.

The Waals just returned from Ohio, where they attended the hooding ceremony for their daughter Megan. Megan Waal Narad received her doctor of Psychology on Aug. 9 from the University of Cincinnati. Megan and her husband Mike make their home in Cincinnati. Jeff and Ellie were thrilled to attend both graduations and are so proud! Congratulations...

## UMass-Boston

The following Cohasset residents graduated from UMass-Boston at the university's 46th commencement ceremonies on May 30, 2014: Andrew Bell and Whitney Condon. All the best to you both!

## Rochester

Danielle Lauren Sookiasian, a junior majoring in molecular genetics at the University of Rochester, was named to the dean's list for academic achievement for the 2014 spring semester. Sookiasian, a resident of Cohasset, is the daughter of Susan and Art Sookiasian, and a graduate of Cohasset Middle High School.

## Union College

Congratulations to the following Union College students from Cohasset were named to the Dean's List for the 2013-14 academic year:

- Michelle Berube, who is majoring in Geology, and a 2011 graduate of Cohasset Middle High School.

- William Craven, who is majoring in Mathematics and Computer Science, and a 2012 graduate of Bridgton Academy.

- Andrew Fontaine, who is majoring in Mechanical Engineering, and a 2013 graduate of Boston College High School.

- Danielle Frederick, who is majoring in Arts, and a 2012 graduate of Milton Academy.

To make Dean's List, students must receive a 3.5 grade point average for the entire academic year. They also must meet several other requirements to be awarded the honor.

## Fall café

The Fall 2014 Cohasset Café will not be starting Monday, September



BURGER NIGHT

Cohasset's own Howie Altholtz with Paul Wahlberg of Wahlburgers and Hingham at Boston Magazine's third annual Battle of the Burger presented by Amstel Light at the Black Falcon Terminal in Boston on Aug. 13. COURTESY PHOTO

8th but Monday, September 15th.

That is the news for this week Cohasset. Send in all your news, photos and celebration info to me no later than Tuesdays by 2 pm.

Just an FYI. We receive dean's list and honors notices from many colleges and private schools, but not all. If your son or daughter has earned recognition, please share that

news directly with us!

We also LOVE new baby announcements with photos if possible. Need birth date, weight, length, names of siblings, parents and grandparents. Emailed photos are fine but glossies can be dropped off at Tedeschi's in the village in our Mariner drop box.

EMAIL: [aroundtowncohasset@yahoo.com](mailto:aroundtowncohasset@yahoo.com)

## ON STAGE

## Great shows are planned

Cohasset Dramatic Club announces the main-stage shows for its 93rd consecutive season. Beginning in the fall, CDC's 2014/2015 season will feature three shows and include two musicals for the first time in many years. Designed to appeal to a wide variety of audiences, the slate includes: "Songs for a New World" - Nov. 14 through 16 and 21 through 23; "Briefs II," an evening of 10-minute plays - Feb. 6 and 7; and "The Addams Family" - March 6 through 8, 13 through 15 and 20 through 22.

CDC president, Lisa Pratt, said the season offers a broad opportunity for actors, singers, dancers and audience members alike. "This season exemplifies our talent," said Pratt. "We built the season around the strength of our actors and our growing audiences. We've got the talent and interest so we felt it was time to offer a truly challenging, exciting and fun season for everyone. 'Songs for a New World' is a strong contemporary musical with great stories set to song. Last year's 'Briefs' was so popular that we are looking forward to offering it again with a new set of 10-minute plays to be announced. And finally, 'The Addams Family' is a colorful musical with a wonderful score and cast of iconic characters that everyone will love. It's going to be a spectacular season."

Audition dates and additional information will be announced well in advance of each show. CDC provides affordable, high quality, live theater to the community for entertainment and education. For more information, visit: [cohassetdramaticclub.org](http://cohassetdramaticclub.org). CDC's historic stage is at Cohasset Town Hall Theatre, 41 Highland Ave.

For the latest news visit us online at  
[cohasset.wickedlocal.com](http://cohasset.wickedlocal.com)

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## 5 THINGS TO DO THIS WEEK

There's plenty to do in and around Cohasset



Don't miss the annual End of Summer Road Race this event (Friday) in Bare Cove Park in Hingham off Fort Hill Street. COURTESY PHOTO

**1. End of Summer Classic Road Race:** Starts at 6:30 p.m. Friday, Aug. 22 at Bare Cove Park. The 5-mile race is the only annual fundraiser supporting the Friends of Bare Cove Park Fund, which is used to make improvements at the park. Following the race, the Friends of Bare Cove Park will host a cookout provided by Previte's Marketplace and Smokey Stax. In addition to the signature 5 mile there will be a 3 mile untimed walk/jog by popular demand. To register or for information see [endofsummerclassic.com](http://endofsummerclassic.com) or visit Marathon Sports in Norwell.

**2. Organ Recital:** An organ recital titled Brits and Yanks will be performed by organist Bernadette Nadeau at Old Ship, 107 Main St., Hingham, at 3 p.m. on Sunday, Aug. 24. Featured will be music by British and American composers. A free will donation will be accepted to support the music program at the Old Ship.

**3. Artists Open Studios Tours:** On Saturday and Sunday, Aug. 23 and 24, from 10 a.m. to 5 p.m., 40 artists will display their work in home studios up and down the Hull peninsula and in Hingham. New this year will be a group exhibiting at the Old Colony Lodge, 85 Central St., Hingham. For a self-guided tour, download a free map from: [hullartists.com](http://hullartists.com). The map has addresses, telephone numbers and medium for each artist. Admission is free, parking is free and children are welcome. Free map flyers will be available at Hull and Hingham businesses.

Also visit: [hullartists.com](http://hullartists.com) for photographs of some artists' work as well as downloadable maps to artist locations.

**4. Support Group for Dementia Caregivers:** Bridges by EPOCH at Hingham 1 Sgt. William B. Terry Drive will host its monthly spousal support group for dementia caregivers on Wednesday, August 27 at 5 p.m. The group addresses the challenges of caring for someone with memory impairment and provides coping strategies and encouragement for caregivers. Alicia Seaver, executive director at Bridges and a memory impairment specialist, will lead the discussion. Caregivers are welcome to bring their memory-impaired spouse to enjoy community programs and dinner while caregivers participate in the group discussion. Dinner will also be served to support group participants. The support group and dinner are free but an RSVP is requested. Call 781-749-7114.

**5. Mark Your Calendar:** The Tolman family of Cohasset and their Telethon Team are gearing up for the 38th annual MDA Telethon Party in Hingham over Labor Day weekend. The telethon will take place from 7 to 11 p.m., on Sunday, Aug. 31, and 11 a.m. to 5 p.m., on Monday, Sept. 1, at Congregation Sha'aray Shalom, 1112 Main St., Hingham. The telethon is to raise funds to help win the fight against Muscular Dystrophy. Contact Jay Tolman at [tagtolner@gmail.com](mailto:tagtolner@gmail.com), call 781-923-1618 or visit the website: [tolmantelethon.com](http://tolmantelethon.com)

## GIMME SHELTER

### Ortiz is a big guy who loves to play

CASEY FREDETTE

Companionship, that's number one on Ortiz wish list. Number two? Play! Ortiz may be 2-years-old, but he has no intention of letting that slow down his play drive. Laser toys, stuffed animals, wands or a willing person. Ortiz will take what he can get and will make the most of it. He'll chase a laser light right up a wall, jumping straight up in the air to get it. He will scale any piece of furniture to get to the toy placed on top of it. He's willing to run as far as you can toss his toy mouse. At over 12 pounds, this athletic-build boy has a personality to match his substantial size. Much to his dismay, Ortiz' larger-than-life disposition alienates him from the other cats.

If you spend time with Ortiz, you quickly notice that he's a bit of a Baby Huey. Being twice the size of most of the other cats, Ortiz' attempts at play are often met with retreat. Ortiz doesn't let this get to him; he continues his attempts to interact with anyone he can find. Fortunately, he has more luck with people. Ortiz' gregarious nature is obvious all the time. When left on his own he will resort to crying for the attention he craves.

Sadly, Ortiz' former owner wasn't prepared for a pet. They found themselves unable to pay for regular veterinary care. Many times people take a cat in without considering the expenses that accompany their new pet; food, litter, and veterinary visits. Regrettably the cats, like Ortiz, are the ones who lose out in the situation, being relocated into a new and unfamiliar setting and being surrounded by strange new cats. Through all of this change Ortiz has not lost hope for his perma-



At over 12 pounds, this athletic-build boy has a personality to match his substantial size. COURTESY PHOTO

**Ortiz is a homerun, come meet him and see for yourself! To meet Ortiz or any of our other cats or kittens call Judy, adoption coordinator at 781-534-4902.**

nent home. Every time someone enters his room, he jumps up to greet them, hopeful he will get to play. And when you leave the room, Ortiz will do his best to follow you out. Ortiz is ready for a home. He needs a home where his devotion is reciprocated and where he has space to run and explore.

Ortiz is a homerun, come meet him and see for yourself! To meet Ortiz or any of our other cats or kittens call Judy, adoption coordinator at 781-534-4902. Judy can tell you more about Ortiz or help match you with one of our other cats.

You can always see more of our animals by visiting: [petfinder.com](http://petfinder.com) and searching our zipcode- 02045. To see our cats and keep up to date with the shelter and its events, needs, and happenings, visit: [hsar.org](http://hsar.org) or like our Facebook page "Hull Seaside Animal Rescue".

Visit us! Open hours are Mondays 6:30-7:30pm and Saturdays 2-3pm.

Interested in helping HSAR? We have redeemable bottle and can collection spots all around Hull. Please consider dropping off your empty bottles and cans at one of our collection boxes located at: Tedeschi's at A St. and outside our shelter on L St. Thank you to our small and dedicated group of volunteers who sorts and redeem all of the returnables every week. They don't let anything deter them- rain, cold or snow- they show up!

We are very lucky to have a devoted group of volunteers who keep our shelter running day after day. Interested in joining our team of volunteers? Contact Sue, volunteer coordinator at [stk1003@aol.com](mailto:stk1003@aol.com). Our volunteers work in all areas of the shelter from cleaning and socializing to special events.

Casey Fredette is the shelter manager at Hull Seaside Animal Rescue.

SAVE THE DATE

## Ice Festival at Paragon Carousel

The Friends of the Paragon Carousel will host an Ice Festival at the historic merry-go-round from 5 to 8:30 p.m., on Saturday, Sept. 6. The Hull event will feature a Snow Queen, a movie showing, crafts and food. Also included will be unlimited carousel rides,

goodie bags, photos with the Snow Queen, Elsa-inspired hair braiding, glitter snowflake body art and games.

Early bird tickets are \$45 per child (includes one adult chaperone ticket) until Aug. 22 when the tickets will increase to \$55. Extra

adult tickets (over age 18) are \$10 each. Attendance is limited. Tickets may be purchased online at the carousel's website: [paragoncarousel.com](http://paragoncarousel.com), at the Paragon Carousel or by calling 781-925-0472. For more information, visit [paragoncarousel.com](http://paragoncarousel.com).

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| <b>2012 Land Rover LR4</b><br><br>#645271<br><b>\$49,500</b>                                   | <b>2010 Lexus ES 350</b><br><br>Power climate leather seats, moonroof. #06314<br><b>\$27,000</b>               | <b>2013 Jeep Grand Cherokee</b><br><br>#19195<br><b>\$36,500</b>   |
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Joe Smith

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- Pembroke Resident, Joe Smith

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## Clambake will rock!

Line Drive is back again this year

Nothing completes a party like music.

On Saturday, Sept. 6, the Cohasset Historical Society will bring live music to Sandy Beach as part of its second annual clambake. Line Drive, a band with local roots, will return this year as the event's entertainment - and the musicians can't wait to be back on beach.

"We've been playing a long time but that day at the clambake was the most enjoyable sets we've ever had," said Steve Feroli, the band's lead singer. "We were looking out on the water, playing on the sand; it was the perfect day. I think we all thought 'it doesn't get any better than this.'"

Line Drive includes Bob Lynch (lead guitar), Steve Feroli (lead vocal and rhythm guitar), Dave Munstis (bass) and Pete Lindfors (drums).

All experienced musicians, their particular four-some has been playing together for about eight years.

"We play classic rock with some newer songs," Lindfors said. Think Eagles, Rolling



Line Drive will once again play on Sandy Beach during the Historical Society's clambake on Saturday, Sept. 6. COURTESY PHOTO

**"We were looking out on the water, playing on the sand; it was the perfect day. I think we all thought 'it doesn't get any better than this.'"**

Steve Feroli, lead singer

Stones, Van Morrison mixed with a little Uncle Cracker.

Many in town will recognize Lindfors from the Cohasset Post Office where he has worked for 11 years. He's also provides percussion for the Rusty Skippers.

"I'll play with just about anyone that calls," Lindfors said. "But I love playing with Line Drive. The band sounds good and we have a good time."

One of their favorites to play is "Steppin' Stone" by

the Monkees.

"We get really into it and it's fun playing music that you love," Lindfors said.

The clambake is the historical society's major fundraiser for the year. The evening includes a full spread of traditional New England fare (clam chowder, steamed clams, brown bread, corn on the cob, bar-becue chicken and, of course, lobster) served right on the beach. The proceeds

from the event support the society's mission to preserve and present the history of Cohasset.

"We couldn't do what we do without the generous support of our members and friends," said Kathy O'Malley, president of the Cohasset Historical Society. "It's a great evening to enjoy the best of Cohasset while ensuring the protection of the town's rich history."

To purchase tickets, call the Cohasset Historical Society at 781-383-1434 or go online to [cohassehistoricalsociety.org](http://cohassehistoricalsociety.org). Tickets are \$120 per person for members and \$130 per person for non-members.

## Congregation Sha'aray Shalom Invites You To Get To Know Us

Friday, August 29 @ 6:00 pm

**Shabbat Evening Service**

Be our guest for dinner following the service

Friday, September 12 @ 6:45 pm

**Meet & Greet Reception**

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**Shabbat Service @ 7:30 pm**

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Programs for Preschool - Grade 10



For more information and to RSVP:

781-749-8103 or [execd@shaaray.org](mailto:execd@shaaray.org)

1112 Main St., Hingham MA [shaaray.org](http://shaaray.org)

## Clambake at a glance

**What:** The Second Annual Cohasset Historical Society Clambake.

**Where:** Sandy Beach, Cohasset.

**When:** Saturday, Sept. 6, 4 p.m. (rain date: Sunday, Sept. 7)

**On the table:** The night includes all the traditional fixings for a New England clambake, as well as beer and wine.

**Entertainment:** Local band Line Drive will perform during the evening.

**Tickets:** Reservations required, call the Historical Society at 781-383-1434 or buy online at [cohassehistoricalsociety.org](http://cohassehistoricalsociety.org). Tickets are \$120 per person for members and \$130 per person for nonmembers.

**Preserving history:** All year long the Cohasset Historical Society finds ways to preserve and present the history of Cohasset. As a nonprofit organization, it depends on donations and fundraising events, like this one, to sustain its important efforts to protect the town's past.

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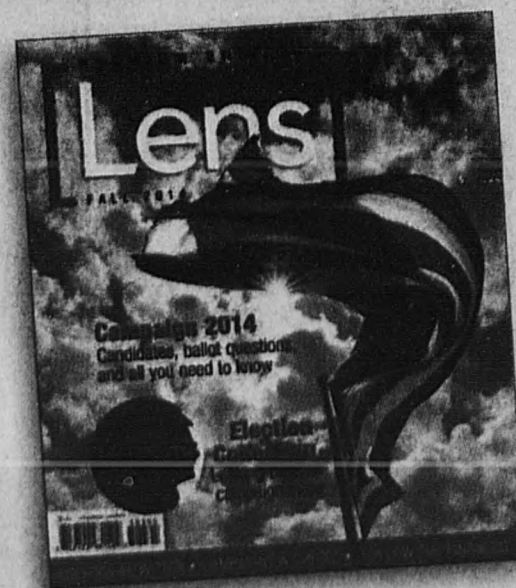
# [Lens]

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The latest edition of **Lens** will focus on the **November elections**; the candidates and the issues, ballot questions, campaign finances and more.

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The Week of August 25th

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## HOLLY HILL FARM

# Celebrate Grandparent's Day Sept. 7

Holly Hill Farm is located at 236 Jerusalem Road. For more information or to register for events, call 781-383-6565 or visit: [hollyhillfarm.org](http://hollyhillfarm.org).

**Yoga on the Farm** — through Aug. 30. Saturday Mornings 8 to 9 a.m. Drop in: \$12 for members / \$15 non-members. Linda Storm will lead a peaceful and energizing yoga class on the Farm. All levels are welcome. Bring your mat, towel, water and a friend to this popular series.

**Cooking on the Farm with Julia: All Things Kale** — Saturday, Sept. 6 at 10 a.m. \$12 members / \$15 non-members. Join long-time

**Lynn Rizzotto's Nature's Sketchbook program for grandparent/grandchild pairs is an inspirational one-time drawing experience for grandparent/grandchild teams.**

Farm friend, featured writer for edible South Shore & South Coast Magazine, and soon-to-be nutritional counselor, Julia Powers for this popular new program. Learn how easy it is to pull together seasonal fare from ingredients available at the Farm Stand. Julia combines her nutritional knowledge with her love of cooking to provide participants with a demonstration, teaching session and discussion. Classes held in the Tomato Barn.

**Celebrate Grandparent's Day** — Sunday, Sept. 7 from 10 to 11:30 a.m. at Holly Hill Farm: Nature's Sketchbook with Lynn Rizzotto. Cost is \$20 (per pair) FHMF members / \$30 non-members. Lynn Rizzotto's Nature's Sketchbook program for

grandparent/grandchild pairs is an inspirational one-time drawing experience for grandparent/grandchild teams. Local artist, lifelong sketchbook keeper and Director of the wildly popular Children's Creativity Workshops in Hingham, Lynn will guide a hands-on drawing and observational session at the Farm. To create a memorable experience, we've limited enrollment — so reserve soon. Haven't met Lynn? You can learn more at: [childrenscreativity.com](http://childrenscreativity.com)

## SAVE THE DATE

# Croquet Classic is Sept. 20

The fifth annual Croquet Classic to benefit pediatric programs at South Shore Hospital takes place on Saturday, Sept. 20. Registration begins at 2 p.m., and play begins at 3 p.m.

It's called the ultimate lawn party for a reason — cocktails, wine and beer, breathtaking views of the Atlantic, and great people-watching. Oh and croquet! You would never think a Victorian lawn game could be so much fun — but it is. Gather your friends together, get a babysitter (if applicable), and make some new friends while supporting a great cause! And no croquet experience, or even

a drop of athletic ability, is necessary.

Members of the LINKS (Leaders Involving a New Kind of Support) group, many of who have had their children at South Shore Hospital and continue to utilize pediatric services as their children grown are sponsoring the event.

Parking for the event is located at 143 Border St. in Scituate. Tickets are \$75 apiece, but a discount applies to two ticket bundles if purchased before Sept. 1. Go to: [southshorehospital.org/events](http://southshorehospital.org/events) or call 781-624-4050 or 781-624-4170 for tickets.



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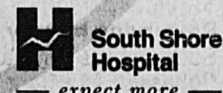
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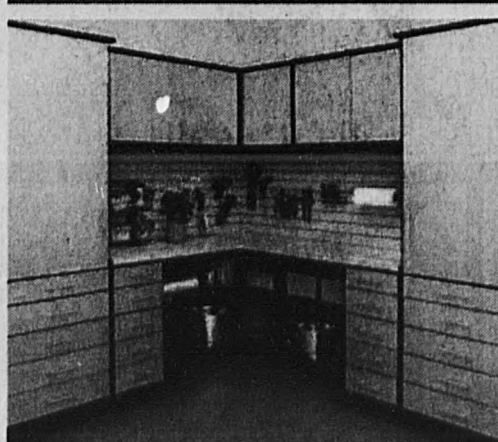
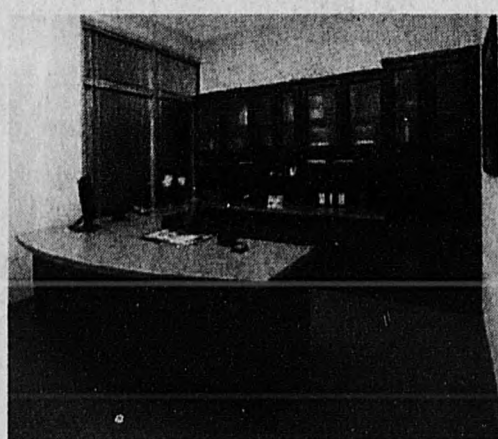
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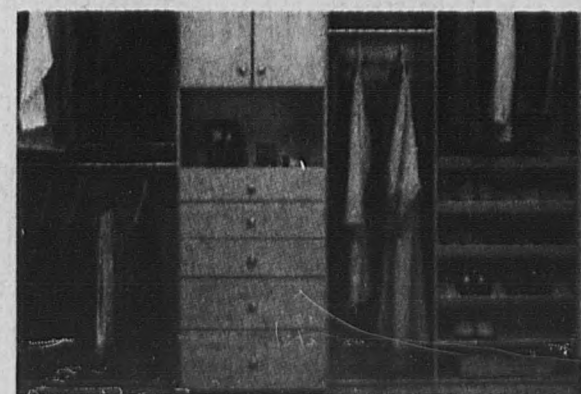
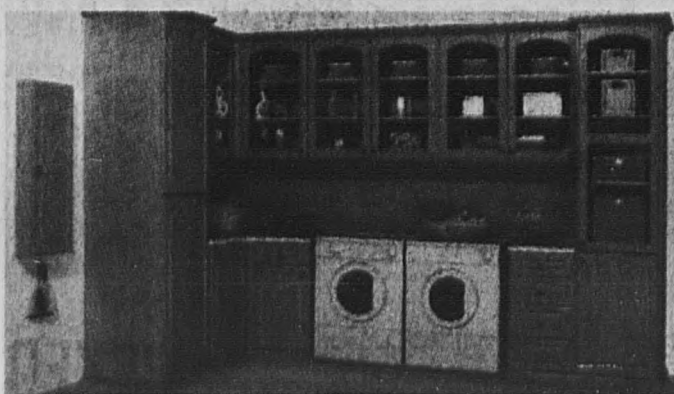
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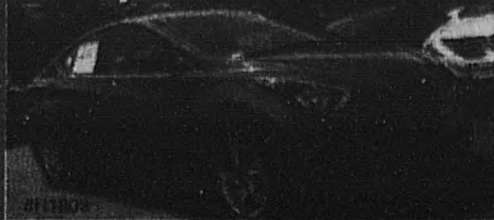
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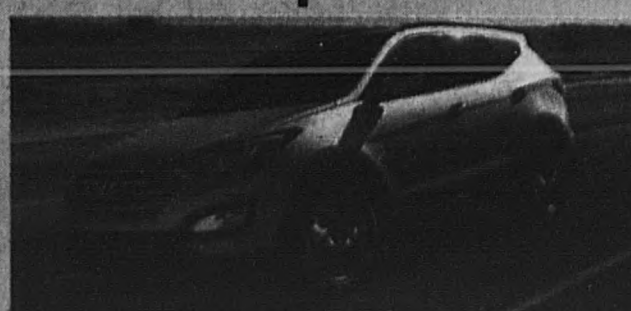
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# August is TAX-FREE month\* at Renewal by Andersen

You've seen it in years past, tax-free weekend gets **crazy** around here. So, rather than disappoint customers who need replacement windows but can't get an appointment during the tax-free weekend, we've extended our tax-free offer to the entire month of August. **Through August 31st only, we'll pay the sales tax on your entire order;** every window and every patio door will be tax-free!\*

- There's no cap; we cover the taxes above and beyond the \$2,500 state maximum.\*\*
- Hundreds of our customers took advantage of this same tax savings last August.
- From last August we know that these appointments fill up quickly; call today, **your order must be placed by August 31st!**

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Order must be placed by August 31st

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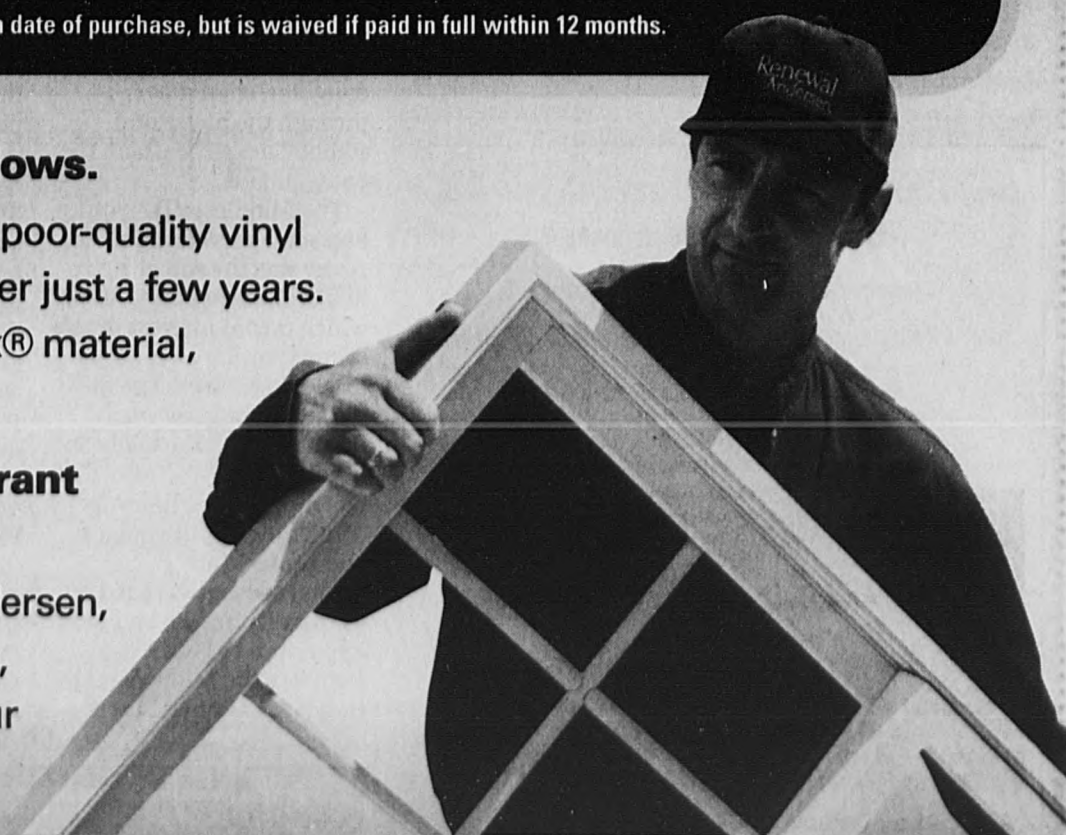
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# OPINION

QUESTIONS? Contact Editor Mary Ford at 781-741-2933 or mford@wickedlocal.com

## OUR VIEW

### Three things to consider

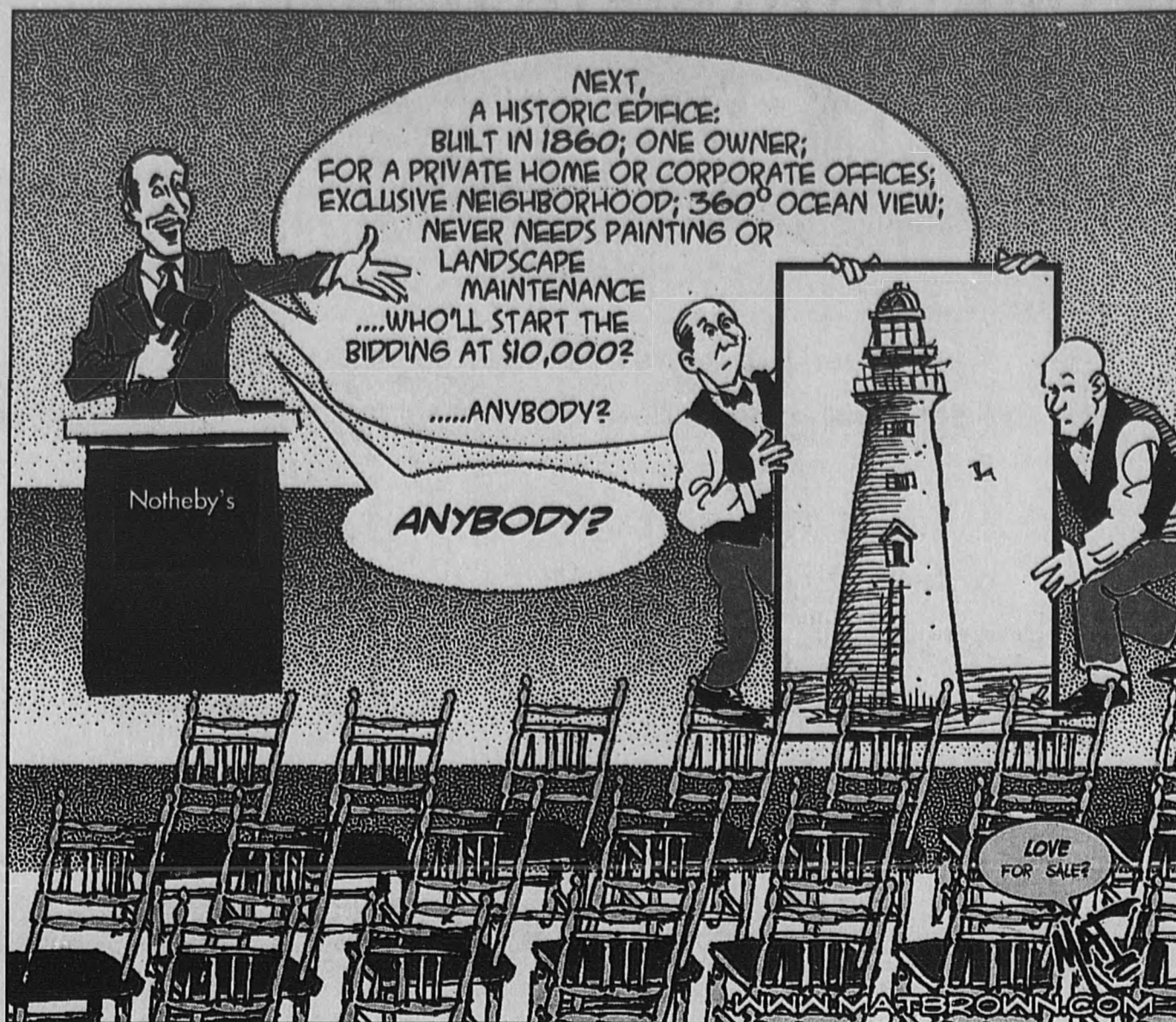
**1** Selectmen are going to require citizens wishing to make comments on a particular topic to sign in on a clipboard with their name, address and the topic they want to address at the meeting. This appears to be a common practice in other towns. As reporters we certainly recall there being sign-in sheets at various meetings and public forums in a range of communities. It is probably a good thing in that it will help the chairman keep the meeting moving along. In our experience, most boards require, as a matter of course, a member of the audience who asks a question or raises a point to identify him or herself and state their address for the record.

However, citizens need to be assured that this is not intended as a way to intimidate one from offering a point or opinion. It is important that we all feel comfortable in exercising our right to free speech. The chairmen of the various committees should make sure the climate for comments remains welcoming.

**2** When we run into someone who is not a dog "person," they are either a "cat" person or have some kind of allergy to fur or dander. In other words, the vast majority of people love dogs! Dogs are truly "man's best friend" but the best way to turn that into a negative is to step on dog poop or see it lying along a sidewalk where you have to avoid it. At Minot Beach this summer, we noticed there were considerable deposits of dog fecal matter in the sand. Those discoveries did not make for a great day with the family! Who are these irresponsible dog owners? They have no respect for others or public health.

Selectmen have added "cemetery dog walking" to a list of potential policies for review that would include picking up after one's dog as well as keeping dogs from treading on gravesites.

**3** Congratulations to the Cohasset students who attended Girls and Boys State this year! These students are showing an interest in governance. It is critical that our youth get involved and participate in our democracy. In our hyper-celebrity-focused culture, we are gratified when high school and college students want to make a difference and understand that democracy requires participation and being well informed in order to succeed. Also, participation in Boys and Girls State is thriving in large part due to the dedication of Thomas Wigmore, commander of the Sons of the American Legion. Our hats go off to Tom and all the others involved in this important endeavor.



## LETTER TO THE EDITOR

### Clean up after your dog!

To the middle-aged couple with the pudgy

white/yellow lab driving a large gray SUV (maybe a Suburban?) whose dog defecated at Government Island and they just walked away without picking it up —

shame on you!

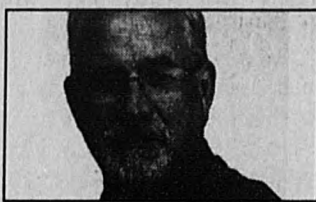
I believe I have seen this dog do this before with no owner clean-up. Children play there and families picnic there. Disgusting. And if

a reader knows these people, please advise them that they need to stop this.

Mary Stanton Hynes, 30  
Clay Spring Road

## CAMPAIGN VIEW

### Murder and politics in Middlesex



RICK HOLMES

A murder is at the heart of one of the most interesting races on the Democratic primary ballot.

On Aug. 14, 2013, Jared Remy was arraigned on a charge he'd assaulted his girlfriend the day before. He pleaded not guilty, and the prosecutor from the Middlesex District Attorney's office recommended he be released on his own recognizance — despite a long record of violence against women.

The next day, Remy returned to the Waltham home he shared with Jennifer Martel, assaulted her in front of their 4-year-old daughter, chased her through the house and stabbed her to death on the patio outside.

The Middlesex DA's office had some explaining to do. Remy was the son of Red Sox broadcaster Jerry Remy, which meant interest in this crime went far beyond the local police news. The media spotlight grew even brighter when the Globe exhumed an 18-year record of leniency toward Remy by Middlesex County judges and prosecutors.

That spotlight landed on Marian Ryan. She had been appointed by Gov. Deval Patrick to be Middlesex District Attorney just four

months before Martel's murder, replacing Gerard Leone. Ryan is a career prosecutor, having served 34 years in the Middlesex DA's office. Now the office was in crisis, with her first campaign a year away.

Ryan did the things you might expect. After some initial denial, she ordered an internal investigation, then an external review. It's safe to assume she yelled at some people responsible for embarrassing the office and, perhaps, enabling the death of an innocent woman.

Ryan implemented recommendations of the outside panel, including a new requirement that assistant DA's consult with a senior prosecutor before making bail recommendations.

Ryan's actions brought a reaction within the DA's office. In the months that followed, some 38 employees left the office. Last month, the Globe quoted former prosecutors, all but one of them anonymous, criticizing Ryan's "management style." She yelled too much, they said, and put publicity and politics ahead of criminal justice. Requiring consultation with senior prosecutors gummed up the courts. Judges were said to complain that prosecutors had overcompensated; now they were demanding high bail or no bail in every domestic violence case.

Her opponent in next month's primary, former Cambridge Mayor Michael Sullivan, has done his best to amplify the complaints and fan the flames. Sullivan

**But this election invites the voters into the office to make a hiring decision: Do they want a strong manager or an experienced prosecutor?**

offers a broader range of experience. A former Middlesex assistant district attorney, he has been an assistant state attorney general under Scott Harshbarger, been in private practice and now serves as Middlesex Clerk of Courts.

The campaign has been unusually personal. The Middlesex County DA's office has produced a lot of politicians, including the last three state attorneys general. Harshbarger is firmly in Sullivan's corner, while Ryan's other predecessors — Leone, Tom Reilly and Martha Coakley — have remained on the sidelines.

Ryan argues that there's always turnover in the DA's office. The pay is low, the stress is high, and it's traditionally a steppingstone for lawyers on the rise. The changes in procedures she made were absolutely necessary — "someone died here," she says — and we shouldn't be surprised to hear grousing from people whose performance has been questioned. There have been no orders to prosecutors to ask for higher bail in domestic violence cases, she says, but she has no data to prove it.

At some point it starts to feel more like office gossip than a public policy debate. But this election invites the voters into the office to make a hiring decision: Do

they want a strong manager or an experienced prosecutor? How much attention should be paid to the complaints of ex-employees? Should they hire the inside candidate, or bring someone from the outside?

Jennifer Martel's murder reminds us the stakes for this hiring decision are high. The Middlesex DA's office faces questions about other slayings as well, notably a triple murder in Waltham on Sept. 11, 2011. Friends of the victims still ask why the DA's office never questioned a suspect closely associated with one of the men killed: Tamerlan Tsarnaev.

There are more deaths to be investigated, and crimes not yet committed that will have been prosecuted. Middlesex is the state's largest county, with 35,000 cases working through its courts every year. Its district attorney has long been among the state's most important law enforcement officers. The hiring committee — that's you, Middlesex County voters — has a tough decision to make.

Rick Holmes writes for MassPoliticalNews.com and the MetroWest Daily News. He can be reached at rholmes@wickedlocal.com. Follow MPN online and on Twitter @masspolnews.

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GateHouse Media, 73 South St.,  
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Mary Ford  
News Editor  
781-741-2933  
mford@wickedlocal.com



Erin Dale  
Reporter  
781-741-2935  
edale@wickedlocal.com



William Wassersug  
Sports Editor  
781-837-4577  
wwassersug@wickedlocal.com



Claudia Oliver  
Retail Advertising  
781-837-4507  
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## COMING UP

### Remembrance service on 9/11

The town of Cohasset's annual ceremony in remembrance of the events of September 11, 2001 is being held on Thursday, Sept. 11 at 9 a.m. on the town common.

The service is coordinated by the Cohasset Police and Fire departments and Cohasset veterans organizations, including the American Legion Post 118.

The ceremony pays homage to those who lost their lives or were affected by the acts of terrorism 13 years ago. Flags will be flown at half-staff in honor of those

who perished at the World Trade Center in New York City, the Pentagon in Washington D.C. and in Pennsylvania.

Those participating in the service are to meet in the Town Hall parking lot at 8:30 a.m., then march to the common flag pole at 8:45. The service begins at 9 with prayers by local clergy, followed by the ringing of the church bells and taps at 9:10.

There is a reception to follow at the Cohasset Fire Department Headquarters (44 Elm Street).

Selectman Martha Gjestebj said during Tuesday night selectmen's meeting that she hopes to see many townspeople there, and praised American Legion Post 118 Commander Thomas Wigmore for coordinating the event each year.

"It's very well-attended and very well-done by Thomas Wigmore," said Gjestebj.

Look for more on this in an upcoming edition of the Mariner.



# ALZHEIMER'S JOURNEY

## Nature benefits people with dementia



ALICIA SEAVER

Our beautiful summer weather has me thinking about the benefits of being outdoors. Spending time in nature and enjoying the sunlight is beneficial no matter who you are, but it can be particularly helpful for people with dementia. Clinical research has shown that exposure to full-spectrum light throughout the day can help improve aspects of Alzheimer's, including sleep problems, agitation, stress and even memory.

Many people with Alzheimer's struggle to fall or stay asleep. This is because Alzheimer's affects areas of the brain associated with normal sleep-wake cycles. Yet, research suggests getting enough and sound sleep can help strengthen cognition, making it all the more important for individuals with dementia to address sleep problems.

It might surprise you, but spending time outside can help. Natural light helps shut off the body's production of melatonin, a hormone that makes us drowsy. This way, when nighttime rolls around, the body will be more likely to produce melatonin when you need it, helping you maintain a normal circadian rhythm and sleep more soundly.

Natural light can also help improve memory for people with Alzheimer's. In a study published in the Journal of the American Medical Association, people exposed to bright light during the day earned higher scores on a mental exam than those who were not.

In addition to strengthening the memory, regularly spending time outside can also improve verbal expression, attention and mood by soothing nerves, thereby reducing stress, agitation, apathy and depression while increasing overall happiness and self-esteem.

Clearly, spending time outdoors offers numerous benefits for individuals with dementia (and all of us). Yet, many people caring for someone with dementia refrain from venturing outside. Since it's an uncontrolled environment, many

**If you care for someone with dementia, try to remember that spending time in nature will do your loved one a world of good. Make outdoor-time part of their daily routine, engaging in activities they enjoy.**

caregivers worry about their loved one's safety. An uneven terrain could lead to a fall, or their loved one may wander off and get lost. Professional caregivers may worry about liability, while individuals with dementia may resist going outside, especially if they have a tendency to isolate themselves.

If you care for someone with dementia, try to remember that spending time in nature will do your loved one a world of good. Make outdoor-time part of their daily routine, engaging in activities they enjoy. Gardening, bird watching and even simple walks are some of the most popular outdoor activities. You might create a raised garden, which can be physically easier for your loved one to touch and reduce the risk for falls. Gardening and walking will also help your loved one remain more active, which can help strengthen cognition. Bird watching can provide an opportunity to learn new things, which is equally important to offsetting the symptoms of dementia.

If your loved one doesn't enjoy traditional outdoor activities, you can move "indoor" activities outside, such as playing board games, doing crossword puzzles or reading. Or you might simply sit back and enjoy nature's beauty with

your loved one. Watch a sunset, take in the fragrance of a lilac tree or listen to the sounds of water cascading from a fountain or rolling up to the shore – all of these are excellent ways to stimulate the senses, which helps individuals with dementia remain connected to the world around them.

If you haven't been spending much time outside, I encourage you to make some simple adjustments to your routine so your loved one can spend a little time in the sun each day. Spending more time outdoors has the potential to ease some of the behavioral problems associated with dementia, which will help improve happiness and wellbeing for both you and your loved one.

*Alicia Seaver is the executive director at Bridges by EPOCH in Hingham. In 2014 she received the Executive Director Excellence Award from the Massachusetts Assisted Living Facilities Association. She has 20-plus years' experience in senior care and is certified by the Massachusetts Alzheimer's Association as an Alzheimer's/dementia trainer, support group facilitator and memory impairment specialist. She studied psychology at Springfield Technical College and Manatee Community College.*

## Support group for dementia caregivers

Bridges by EPOCH at Hingham will host its monthly spousal support group for dementia caregivers on Wednesday, August 27 at 5 p.m. The group addresses the challenges of caring for someone with memory impairment and provides coping strategies and encouragement for caregivers. Alicia Seaver, executive director at Bridges and a memory impairment specialist, will lead the discussion. Caregivers are welcome to bring their memory-impaired spouse to enjoy

community programs and dinner while caregivers participate in the group discussion. Dinner will also be served to support group participants.

The support group and dinner are free but an RSVP is requested. For more information or to reserve your space, please call 781-749-7114. The spousal support group meets every fourth Wednesday of the month at 5 p.m. at Bridges by EPOCH at Hingham, 1 Sgt. William B. Terry Drive.

# PUSHING THE EDGE

## Being in the present



GLENN MANGURIAN

"The Future Ain't What It Used to Be."

That famous quote is often attributed to Yogi Berra, but in fact comes from the French poet Paul Valéry commenting on the pessimism that emerged in Europe post World War I.

"The trouble with our times is that the future is not what it used to be." – Paul Valéry.

It seems like the post 9-11 world has brought its share of pessimism also. Many Baby Boomers worry they may outlive their money. Generation X, Y and Z worry that they may not be able to afford to send their children to college and have the responsibility of caring for

**We are too busy worrying about what might happen in the future and carrying the wrongs of the past along with us.**

their aging parents. Everyone seems worried or viewing the glass as half empty. But, hasn't it always been that way?

Woody Allen's movie, "Midnight in Paris," cleverly explored the theme of nostalgia and modernism. If we could travel back, what period would we go to? Would the people of that era be nostalgic for the good ole days?

If the future ain't what it used to be and the past seems better than it actually was, what are we left with – the present. Many books have been written about living in the present but most of us have trouble being present. We are too busy worrying about what might happen in the future and carrying the wrongs of the past along with us.

We never know what the future will bring and it's better that way. Otherwise,

we would be consumed trying to prevent the bad things (and there are always bad things) from happening. One thing about the future is certain – we will all die someday – hopefully later rather than sooner.

So the future ain't what it used to be but it never was. Get over it. Take a deep breath, count your blessings and treat yourself to a hot fudge sundae. That is, if you can find some real "hot fudge" like they use to make rather than that cold chocolate stuff they serve today. Bailey's and Brigham's rest in peace.

*Glenn Mangurian is a Hingham resident of 25 years. He spends his time consulting and teaching leadership. He welcomes your comments and can be reached at gmangurian@frontierworks.com*

# THE LOCAL BEET



Julia Swartz of Renaissance Cooking, pictured here with her husband, chef Richard Fagnant, is giving her annual nutrition talk on "Food and Mood" during next week's market (Thursday, August 28). WICKED LOCAL STAFF PHOTO

## Corn season: short but sweet

### Cohasset Farmers Market news

August is in full bloom and that means corn – big time! Corn is the quintessential summer vegetable; however, it has a short but sweet season.

Shopping for corn at the Cohasset Farmers Market means it was harvested just hours before. And the less time from farm to table, the sweeter the corn will be.

Sweet corn contains a greater ratio of sugar to starch than any other vegetable, but those sugars don't last. Up to 25 percent can be lost in the first 24 hours after harvest. So eat your corn as soon after purchase as possible.

However, in its husk, corn will keep in the refrigerator for up to two days. To ensure freshness, don't leave your corn in the heat or direct sunlight, and don't shuck until you're ready to prepare it – either raw or cooked.

It's not just the corn kernels that are tasty. Think corn cobs! Just as you can save the carcass of your chicken to make stock, so can you save those cobs of corn.

When your cobs are bare, cover them with water, add salt, and let simmer until the corn scent has filled your kitchen and it has flavored the water. Store corn stock in jars in the refrigerator or freezer and use it to add pure sweet corn flavor to any recipes that call for stock. For example, cook rice in corn stock, use it to make any type of vegetable soup, or make corn chowder (see recipe).

### Vendor Spotlight: Renaissance Cooking

Julia Swartz of Renaissance Cooking is giving her annual nutrition talk on "Food and Mood" during next week's market (Thursday, August 28).

Swartz is one half of her popular Pembroke-based farmers market business – along with her husband,

### Corn chowder

Serves 3-4.

- 4 ears fresh corn
- 4 ounces bacon, diced
- 2 tablespoons butter
- 1 medium onion, diced
- 1 medium red pepper, diced
- 1/2 teaspoon fresh thyme, chopped
- 1/8 teaspoon turmeric
- 1 pound potatoes, preferably Yukon Gold, diced into 1/2-inch pieces
- 3 cups chicken stock (or a rich vegetable stock)
- 2 teaspoons cornstarch, dissolved in 2 tablespoons water
- 1 cup heavy cream
- Salt and pepper to taste

1. Husk the corn and cut the kernels from the cob. Place in a bowl. Scrape the cobs with the back of your knife to "milk" them into the bowl.
2. In a large pot over low-to-medium heat, cook the diced bacon until crisp and golden. Pour off all but a tablespoon of bacon fat; leave the bacon in the pot.
3. Add the butter, onion, red pepper, thyme, and turmeric. Sauté for about ten minutes, until the onion and peppers are glossy and well-cooked but not brown. Then add the corn kernels with their "milk," potatoes, and stock. Turn up the heat and cover, boiling for about 10 minutes. The potatoes should be softening; use a wooden spoon to crush some against the side of the pot. Season with salt and pepper.
4. Slowly pour the cornstarch slurry into the pot, stirring well. When the chowder comes to a boil and begins to thicken, turn off the heat and add the cream. If you have time, let the chowder sit at room temperature for an hour before serving. (If you're refrigerating it, wait until it cools completely.) When reheating, be cautious; don't let the chowder boil.

*Lightly adapted from Jasper White's 50 Chowders - Nicholas Day*

chef Richard Fagnant. The two specialize in offering food made with local produce from local gardens, and preserving food without chemicals, dyes or fillers.

Approaching their table at the market, patrons will find jars of pickles, hot pepper jelly, zucchini relish, ginger lemon marmalade or onion jam, for starters.

The pair also operates a commercial kitchen out of a Pembroke storefront (808 Washington Street) featuring a take-home and catering menu.

For more on Renaissance Cooking, visit their website ([www.rencook.com](http://www.rencook.com)), stop by their booth at the market, and, of course, go to Swartz's "Food and Mood" talk next week!

### Coming up:

**Aug. 28:** "Food and Mood" nutrition talk by Julia Swartz of Renaissance Cooking, starting at 4 p.m. Market music will be provided by Dan Durkee.

**Sept. 4:** Photographer Margot Cheel will be on hand to share her craft of aerial photography and seeing the unusual in the simple nature around us.

**Sept. 11:** Pet Parade. Get your pets ready to strut their stuff!

*The Cohasset Farmers Market is open every Thursday from 2 to 6 p.m. through October 16 on the beautiful town common. For more information, visit [www.cohassetfarmersmarket.com](http://www.cohassetfarmersmarket.com).*

# LIBRARY CORNER

## Common application for college

*Paul Pratt Memorial Library, 35 Ripley Road, Cohasset. Call 781-383-1348 for more information or visit our website at [www.cohassetlibrary.org](http://www.cohassetlibrary.org).*

**Common App Primer:** Attention college-bound teens and parents: College counselor Stephanie Sears will make a presentation on the ins and outs of the Common Application from 7 to 8:30 p.m., on Tuesday, Aug. 26, in the Paul Pratt Memorial Library Community Room.

**Library Book Group:** Join us for coffee and discussion of Daniel Brown's book *Boys in the Boat* on Wednesday, Aug. 27, at 10 a.m. All are welcome.

**Movie Matinee at the Library:** Enjoy a free, daytime movie at the library on Friday, Sept. 5, at 11 a.m. We will show the film *The Impossible* starring Ewan McGregor and Naomi Watts. Rated PG-13; 107 min. Free



admission. Light refreshments donated by Shaw's of Cohasset.

**Artist Reception:** The South Shore Art Center presents an exhibit by Jim Earl entitled *Watercolors & Drawings* at the Paul Pratt Memorial Library Sept. 1st through Oct. 31st. Meet the artist at a reception on Friday, Sept. 5 from 6 to 8 p.m. at the library.

**Why Your Story Matters:** Thatcher Freund, a journalist and memoir writer, will talk about the importance of stories in our lives both to ourselves and to the culture we live in, and why in matters so much that we pre-

serve them. For those interested in writing their memoirs, plan on attending this event on Thursday, Sept. 18, from 6:30 to 7:30 p.m. at the library. Free.

**Author Visit:** Elisabeth Elo will talk about her book *North of Boston* at the library on Thursday, Sept. 25 at 7:00pm. A book signing will follow a Q&A session. Refreshments will be served. Free. All are welcome.

### FOR CHILDREN

**Fizz, Boom, Read is over:** Time to return summer reading logs. One dollar will be donated to the Cohasset Working Dog Foundation: [cohassetworkingdog.org](http://cohassetworkingdog.org), for each reading log returned.

Thanks to all the children that participated in Fizz, Boom, Read.

A special thanks to The Friends of the Cohasset Library for generously funding the summer reading program.

Send your news tip to [mford@wickedlocal.com](mailto:mford@wickedlocal.com)  
News hotline - 781-741-2933



## COMMITTEE

Continued from 1

next appointment will be for a three-year term, said Kennedy.

The remaining representative positions, held by Koiner, Karoff and Kennedy, expire in June 2016. The three at-large seats, held by Margie Charles, Susan Hoadley, and CPC chair Russ Bonetti, expire in 2017.

The selectmen voted favorably for the slate of appointments and reappointments, but not without a few questions on the process.

Selectman Kevin McCarthy wanted to ensure the proper procedure had been followed in terms of the appointments. Kennedy explained that the representative CPC members were chosen by their respective committee chairs.

"It's the first time we've done it this clearly," Kennedy said of the appointment process. "Usually somebody just shows up" to join the committee.

Advisory chair Peter Pescatore and Library Trustee Agnes McCann, who were in the audience, both wondered if the CPC should have a selectman onboard.

"It's obviously a conflict of interest to have a selectman on a board that brings things in front of" the selectmen, said Pescatore.

Kennedy said that she had wondered the same thing, and checked with Town

Counsel, who assured her that the CPC is an advisory board. The selectmen liaison fulfills a role that the state refers to as a "tree and parks commissioner."

Selectman Karen Quigley suggested that the selectman representative could recuse themselves from voting on certain matters.

"We would be recusing ourselves from every vote," said Kennedy, adding, "I agree with you - personally I think it's inappropriate."

Bonetti, who was also in the audience, said that while the CPC votes on various community projects, Town Meeting has the final say.

"To me, our vote means nothing; the advisory board's vote means nothing," said Bonetti. "In the end it's town meeting who approves this," he said,

adding that in the past, there have been projects that the boards rejected that still went on to pass at Town Meeting. "I don't see the conflict," said Bonetti.

McCann concluded that as long as the board members are being transparent about the positions they hold in town government, it shouldn't be construed as a conflict.

"You're on the board of selectmen but you're also a resident," McCann pointed out. "It could be a conflict but if there's full disclosure, it's not an issue... Everybody knows you're both."

Kennedy also said that she doesn't have to continue being the selectmen representative to the CPC if someone else wanted to step in. "I was listed as liaison but if someone else is anxious to sit on that besides me, I'm happy to entertain that," she said.

The board voted for all of the CPC seats at once. Bonetti said he plans to start calling meetings the second week of September.

### Committee orientation

In other news, the selectmen discussed holding an orientation for new committee members as one of their goals to increase participation in town government.

Selectmen disagreed on how an orientation or training should take place. Kennedy suggested a weeknight meeting, and McCarthy agreed that it's something that should be held annually.

Quigley and selectman Martha Gjestebj both felt that a handbook would suffice.

"A booklet would take care of it," Gjestebj said of the orientation, while a meeting "might deter them."

Kennedy said the meeting would not be mandatory, but she thinks that both a meeting and a handbook would be beneficial.

Look for more on this in an upcoming edition of the Mariner.

## DRUG

Continued from 1

his life. "He lacked the core role models to instill a value system in his life," said Mason. "Children learn from examples set by others."

She challenged the adage, "It takes a village to raise a child," quoting Bob Dole: "It does not take a village to raise a child - it takes a family."

Mason encouraged parents to spend time with their children and get to know their friends. "The driving engine of the machine is built at home," she said. "It's the core."

After listening to Mason, the group brainstormed its mission and goals. Andy Robinson, a consultant from the Bluehills Community Health Alliance CHNA 20, went over survey results with the group, which asked members why they attend meetings and what they hope to accomplish through this coalition.

Most members indicated that they were interested in

**"As a group you're concerned not only with heroin but underage drinking and marijuana use... alcohol and marijuana are the drugs of choice for young people."**

Andy Robinson, Bluehills Community Health Alliance

supporting specific strategies and activities to combat the drug problem in the community.

Many of the members in attendance seemed eager to get started, but Robinson cautioned the group to take its time. "As a community right now you're feeling the need to act, but there are a series of steps that should guide your action," said Robinson. "Tonight is the first step to guide the process."

And while the group has been referred to as both a heroin and drug coalition, Robinson said that might not end up being the group's focus. "As a group you're concerned not only with heroin but underage drinking and marijuana use... alcohol and marijuana are the drugs of choice for young people,"

Murphy said that eventu-

ally, the coalition will have its own website and be more proactive in the community, surveying students and parents and "doing a lot of intervention in the schools, and inviting people in" to meetings.

Murphy used a beach metaphor to describe how the coalition is progressing - "rocky at the beginning," like a rocky shoreline, but headed to becoming a "Sandy Beach." Since its formation, the coalition has been featured heavily in local news, from the Mariner to the Ledger, WATD and the Boston Globe.

"Everyone knows we're out there now," said Murphy. "The next step is to get together and make an impact."

Look for more on this issue in an upcoming edition of the Mariner.

## DOGS

Continued from 1

thing to do."

Kennedy said that it's more than a matter of dog doo. "It goes beyond dogs doing their business on somebody's grave - it's the disrespect of walking across people's space."

Kennedy asked Town Manager Chris Senior to add the issue to a list of policies to re-

**"It goes beyond dogs doing their business on somebody's grave - it's the disrespect of walking across people's space."**

Selectmen Chairman Diane Kennedy

view at an upcoming meeting.

The chair also suggested inviting the cemetery commissioners in for a future discussion on roles and responsibilities in maintaining the cemeteries. According to the 2001 regulations, a superin-

tendent designated by the Department of Public Works (DPW) director oversees cemetery operations.

Follow reporter Erin Dale on Twitter @ErinDale-Mariner.



# Beacon Hill Roll Call

By Bob Katzen

bob@beaconhillrollcall.com

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If you have any questions about this week's report, e-mail bob@beaconhillrollcall.com or call 617-720-1562.

Y = Yes; N = No, NV = No Vote (President rarely votes) \* Not every item is voted on by both House and Senate

Volume 39

Report No. 33

August 15, 2014

Senator  
Robert L. Hedlund  
(R-Weymouth)  
617-722-1646  
Room 313C

Representative  
Garrett J. Bradley  
(D-Hingham)  
617-722-2520  
Room 479

**THE HOUSE AND SENATE:** Beacon Hill Roll Call records the votes of local representatives and senators on four roll calls from prior legislative sessions.

**SUBSTANCE ABUSE (S 2142)** House 149-0, Senate 40-0, approved and Gov. Deval Patrick signed into law legislation designed to remove barriers to treatment for individuals battling addiction. Provisions include removing prior-authorization requirements for outpatient substance abuse treatment and providing for coverage of up to 14 days in an inpatient setting; giving the Department of Public Health (DPH) new authority to reduce abuse of opioids and emergency scheduling powers to temporarily ban dangerous substances like bath salts; and requiring coroners to report overdose deaths to DPH and the U.S. Food and Drug Administration.

Supporters said this groundbreaking bill would increase addicts' access to treatment and offer appropriate and effective treatment to patients at all levels of care. They noted the rising epidemic of substance abuse and addiction, which often leads to death.

(A "Yes" vote is for the bill.)

**INFO TECHNOLOGY (H 4855)** House 147-4, Senate 40-0, approved and Gov. Patrick signed into law a \$929 million technology bond bill including \$50 million to increase broadband service to homes and businesses in underserved areas in central and western Massachusetts; \$38 million for a matching grant program to help public schools improve student instruction through the use of information technology; \$65 million for technology improvements at the State Lottery; \$68.2 million to upgrade the State Police communications network; and \$5 million to improve wireless internet accessibility at the Statehouse.

Supporters said this will help bring the state's technology into the 21st century and make state government a digital business. They argued the measure institutes reforms that will help protect taxpayers against expensive and broken IT projects and ensure that public schools implement technology upgrades to improve the state's education system.

Opponents said this additional spending is excessive and noted they have little confidence in the Patrick administration to appropriately manage IT projects in light of the \$600 million it has spend on the flawed Health Connector.

(A "Yes" vote is for the bill. A "No" vote is against it.)

**AUTISM (H 4047)** House 151-0, Senate 39-0, approved and the governor signed into law a measure to expand treatment and support for individuals with autism or a developmental disability. Provisions include creation of a tax-free savings account for autism and disability care that will allow all families of individuals with disabilities to save in a 529-style plan for expenses including education, housing and other services; giving public school special education teachers the option to attain an Autism Endorsement certification, a concentration in autism coursework and training to be leaders in their schools; expanded coverage for MassHealth recipients to help persons with autism spectrum disorders receive medically necessary treatments; requiring programs that provide residential or day care services and treatment for persons with a developmental disability to obtain a license from Department of Developmental Services (DDS); and requiring DDS to provide transportation for education, day care or treatment.

Supporters said this landmark legislation makes major strides to help meet the needs of the autism and developmental disabilities community. They said it will increase access for thousands to education, job opportunities and developmentally appropriate programs.

(A "Yes" vote is for the bill.)

### WATER INFRASTRUCTURE (S 2021)

House 152-0, Senate 40-0, approved and the governor signed into law legislation that supporters say will address the water and wastewater infrastructure challenges facing the state. The measure expands the spending capacity of the Massachusetts Clean Water Trust from \$88 million to \$138 million; creates and allocates \$3 million for a technical assistance program to be used for the development of asset management plans and to identify green infrastructure opportunities; simplifies the regulatory burden of complying with Title 5; and encourages regional projects by allowing public entities to jointly apply for planning grants to develop water pollution abatement plans.

Supporters said the measure would help keep the state's waters clean in a responsible, efficient manner. They noted it creates jobs, puts resources into water technology innovation and will put Massachusetts at the cutting edge of this technology.

(A "Yes" vote is for the bill.)

### ALSO UP ON BEACON HILL

**DOMESTIC VIOLENCE (S 2834)** - Gov. Deval Patrick signed into law a bill that would require employers with 50 or more employees to allow workers who are victims of domestic violence, stalking or sexual assault to take a paid or unpaid annual 15-day leave of absence to address court, housing, health and other issues arising from the incident. Other provisions create a new charge for a first offense of domestic assault and delay bail for domestic violence offenders by six hours, allowing victims an opportunity to find a safe place and get the necessary help. Supporters say this long overdue bill is a critical step toward protecting victims of domestic abuse. They argue it is time to ensure that victims don't have to choose between dealing with problems from their assault and losing their jobs because of excess absences. A controversial provision requires local police departments to withhold from their public reports all the information about domestic violence allegations including the identity of the person arrested on these charges. Supporters said this is designed to protect the confidentiality of domestic violence victims. Opponents, led by Robert Ambrogio, executive director of the Massachusetts Newspaper Publishers Association, said this would in fact violate freedom of the press and protect the alleged perpetrator by hiding his or her name.

**ECONOMIC DEVELOPMENT AND SALES TAX HOLIDAY (H 4877)** - Gov. Patrick signed into law an economic development package that includes a sales tax holiday allowing consumers to buy most products that cost under \$2,500 on Saturday, August 16, and Sunday, August 17, without paying the state's 6.25 percent sales tax. Other provisions include \$2.5 million for loan guarantees to small businesses; \$10 million for brownfields redevelopment; \$2 million in the Talent Pipeline initiative that encourages students and young innovators to get a head start on their futures by matching stipends for interns at innovation start-ups; creation of a program to increase consumer demand and preference for local seafood products; and requiring a study of the possibility of Massachusetts hosting a major NASCAR event. Supporters say the package would boost the economy and create jobs. Opponents say they prefer proposals that would reduce taxes, cut regulations and create greater predictability for the business community.

**\$1.9 BILLION ENVIRONMENTAL BOND BILL (H 4875)** - The governor signed into law a \$1.9 billion environmental bond package allowing the state to borrow funds to finance various environmental projects including \$75.7 million for water and air quality protection; \$68.8 million for the design, construction and repair or removal of municipally owned and state-owned dams; \$30 million for the dredging of coastal public harbors; \$20 million for the acquisition of open space, recreation and conservation land; and \$312 million to improve the energy efficiency of state-owned facilities. Supporters say this landmark environmental legislation package is fair and balanced and will improve the environment. Opponents say the package is loaded with unnecessary spending, particularly in districts where Democratic legislators have Republican challengers in November, and argued more borrowing will devastate our children's already debt-ridden future.

**GUNS (H 4876)** - Gov. Patrick signed into law a bill making changes in the state's gun laws. A key provision establishes a standardized process for determining the suitability of individuals applying for a Firearms Identification (FID) card. If the local police chief determines an individual is unsuitable for a FID card, the chief is required to file a written petition in court that will ultimately determine the applicant's suitability. A determination of unsuitability must be based on reliable, articulable and credible information that the applicant could potentially create a risk to public safety. Other provisions require gun dealers to obtain a CORI criminal background check for prospective employees; require school districts to develop plans to address the mental health needs of their students; require at least two hours of suicide awareness and prevention training every three years for all licensed school personnel; and allow the purchase of self-defense sprays like Mace and pepper spray without a license. Massachusetts is the only state that requires an FID card to carry these sprays. Supporters say this will protect the fundamental right to bear arms while taking action to eliminate firearm violence in the state. Opponents say the bill goes too far by infringing on the rights of lawful gun owners.

Y Y

Y Y

Y Y

Y Y



## Share Curiosity. Read Together.



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## STATE

Continued from 1

Thomas Wigmore asking for recommendations. He then interviews the candidates, looking for students with an interest in government and politics and involvement in student government activities.

"I look for kids involved with clubs and student government and giving back to the schools," said Wigmore, adding that this year's batch of students is the largest group he's ever sent to Boys and Girls State.

"It was excellent," said Wigmore. "It's the biggest year we've ever had."

Wigmore said that he's been overseeing the program on behalf of the Sons of the American Legion, which sponsors Boys State, and the American Legion Auxiliary, which sponsors Girls State, for the past two decades.

Several local sponsors paid for scholarships for the Cohasset students that attended the program, including the Cohasset Rotary, and the Edward Lappen Fund, part of the Democratic Town Committee.

"Without them, I couldn't do what I did this year," Wigmore said of the sponsors. "I think it's great that we have people in the town that will reach in their pockets and organizations that will help out."

The commander said that he hopes the generosity will continue into the future. "I'm looking for more" sponsors for next year, Wigmore said. "No kid should have to send themselves to Boys and Girls State."

As long as there are students interested in attending, and sponsors willing to help out, Wigmore said that he plans to continue participating in the yearly program.

"It's a great opportunity, and I'll continue to do it," he said. "It's a great education for the kids."

### Lessons learned

The Legion held a ceremony on Saturday, August 16 honoring the seven students who attended Boys

**"It really helps not just for people who want to go into politics – it teaches you how to stay and be involved in local politics, and the importance of voting and living in a democracy."**

Christian Cunnie

and Girls State. The group was enthusiastic about their experiences.

Christian Cunnie, 17, said that he wasn't sure what to expect when he headed out to Stonehill College. The early morning wakeup was a bit of a surprise.

"We'd wake up every morning at 6 a.m.," said Cunnie. The students got right to work, launching campaigns to run for various town, city or state offices. Cunnie ran for the House of Representatives and got in, and learned how to pass bills.

"We also had the opportunity to run for things on the local level in our own towns, like police chief, town manager, the board of selectmen, etc.," said Cunnie. "So you had a lot of opportunities to run for different things you're interested in – it was really great. It allowed you to use your leadership skills, strengthen your public speaking abilities, and make contact with former Boys Staters who are currently in the business field."

Cunnie said he hopes to return as a counselor next year. While he's part of the student council in school, Cunnie said that he's planning on a career in sports management, not politics. He found Boys State worthwhile nevertheless.

"It really helps not just for people who want to go into politics – it teaches you how to stay and be involved in local politics, and the importance of voting and living in a democracy," said Cunnie.

Hayes Keniley, 17, said Boys State was a great experience overall. "I would recommend it to anybody."

He was inspired to dabble in politics due to his father's involvement in town government (his dad, Jack, serves on the Capital Budget Committee). "It was very motivating for me," said Keniley.

Keniley ran for Senator, and although he didn't win, he still enjoyed his campaign. "It was fun," he said. "There were a lot of great public speaking opportunities, which were intimidating. [But] I just kind of went for it."

Curtis Golden said he enjoyed the "nonstop" week of activities, learning how democracy works on both a small and large scale. "Every small group could make a difference to help influence our whole state."

Calls were made to the other Boys Stater, Kyle McKnight, but he could not be reached before press time.

Emily Curran, Christine Guinee and Caroline Kennedy represented the largest group of Girls Staters Cohasset has ever sent to the program.

Guinee, 17, said that Wigmore was looking for more girls to get involved. "In past years we hadn't sent as many girls; this year there were three girls, which is awesome."

"Awesome" was one way to describe her Girls State experience, said Guinee. "Not only was it educational, but it was a lot of fun."

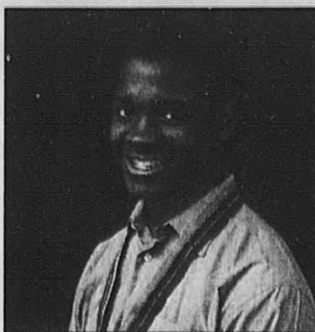
Guinee ran for lieutenant governor within her chosen political party, and served on the city council in her city, "which was a lot of fun."

She also made friends from around the state. "We were only there for a week but I met so many people, and I continue to stay in contact with those people," Guinee said. "It was really cool to see how small a world it is, coming from a really small town, and cool to meet kids from all over the state."

Students stayed in dorms that were divided into towns and cities. "Our own little area in the dorm we were staying in was our city," said Curran, who ran for her town's school committee. "We had to go from room to



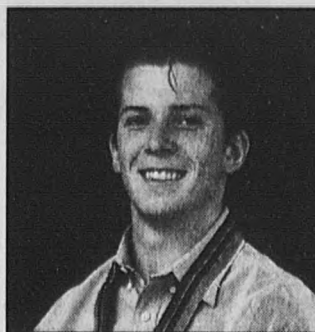
Curtis Golden.



Kyle McKnight.



Christine Guinee.



Hayes Keniley.



Christian Cunnie.



Emily Curran.



Caroline Kennedy.

room and campaign, and got to know about each other through our campaigns. That was really fun."

Curran, 17, also recommends the program for any student. "If you're interested in any sort of political science, or the social aspect of anything, try to do it," said Curran. "It's one of the greatest experiences you'll ever have."

The program also taught the soon-to-be Cohasset senior a lot about herself.

"I took away a lot more toward self-confidence and seeing the greater impact you can have on the community, and how each separate community feeds into the national impact that everything has," said Curran.

Kennedy said that she learned a lot from her fellow Girls Staters around her that week. "Girls State allowed me to indulge in my passion for politics and history. Being around so many thoughtful, intelligent, and opinionated women was truly empowering," she said.

"Learning about various issues that arise within local, state and national government has given me new perspective, and working with other girls to share opinions, as well as compromise and come up with solutions was so exciting," Kennedy added. "I've made lasting friendships, and gained more confidence in

my opinions and perspective."

The Boys and Girls State program is just one of the many opportunities the Legion supports for young people, Wigmore said. The Legion also sends interested youth to a Student Trooper program with the State Police, offers college scholarships and supports the Legion baseball team.

Any high school junior interested in attending Boys or Girls State next year, and those interested in being a sponsor or making a donation, should contact Tom Wigmore by sending an

email to [wiggys3604@aol.com](mailto:wiggys3604@aol.com) or calling 617-697-2276.

For more information on Boys and Girls State, visit [www.boysandgirlsstate.org](http://www.boysandgirlsstate.org).



Tommy Wigmore congratulates Curtis Golden at the end of their award ceremony on Saturday. STAFF PHOTO/ROBIN CHAN

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# SPORTS

ALSO INSIDE

**CALENDAR**  
Plymouth Waterfront Festival offers something for all 31



**PHOTOS**  
Having a ball on the last day of camp 21

QUESTIONS? Contact Sports Editor William Wassersug at 781-837-4577 or wwassersug@wickedlocal.com

## SPORTS NOTES



### Send your stuff

William Wassersug is the Sports Editor for the Cohasset Mariner. Please send your stories and photos or story ideas to wwassersug@wickedlocal.com and follow him on Twitter @scifisports-guy

## BASEBALL

### Cohasset Baseball registration open

Registration for the CYBSA's fall baseball season is open through August 31. "Fall Ball" is a relaxed baseball season with games held only on Sundays at the Barnes fields.

The season will run 7 weeks, from September 13 through October 25, with playoffs the week-end of November 1.

Depending on the number of participants, there will be three leagues based on the player's age on April 30 of 2014: a 5/6 league, a 7/8 league, and a 9/10/11 league.

Please refer to the CYBSA website at CYBSA.net for expected game times and registration information.

## FIELD HOCKEY

### Coaches wanted

Cohasset Youth Field Hockey is looking for coaches for the upcoming season.

Previous coaching experience is preferred and coaches should be current or former players.

Beth Marsden Gilman at bmarsden62@gmail.com

## YOUTH HOCKEY

### Coastal Stars registration

The Coastal Stars U6 (Instructional) Youth Hockey registration for the 2014-15 season is now open at [www.coastalstars.com](http://www.coastalstars.com). Instructional hockey is typically for boys and girls who have previously participated in some form of learn to skate program and are ready to begin playing hockey, although no prior experience is required to register. All players born Jan. 1, 2008 and later will be required to play U6/Instructional for the 2014/2015 season.

The cost for U6 will be \$695 for the season, and will include a weekly game and practice.

The Coastal Stars Youth Hockey Program is a non-profit organization that offers the children of Marshfield and Cohasset the opportunity to play hockey.

Contact Instructional level director Derek Holte at [derek@derekholte.com](mailto:derek@derekholte.com) with any questions regarding the Coastal Stars Instructional program.

SEE NOTES, 18

## POPPIN' OFF

# A time for change

As we head into the heart of the sports season, the fall - football, soccer, cross country, field hockey - to name a few sports we'll be following, there have been a few changes here at the Cohasset Mariner.

Most of the changes are small, technical things here at the office, and in the paper you won't see much change, although I am hoping for more features this season.

The biggest difference on your part is in sending me

your stories.

One of the changes here is a new, earlier deadline I have to meet. No problem there, but I must ask for help.

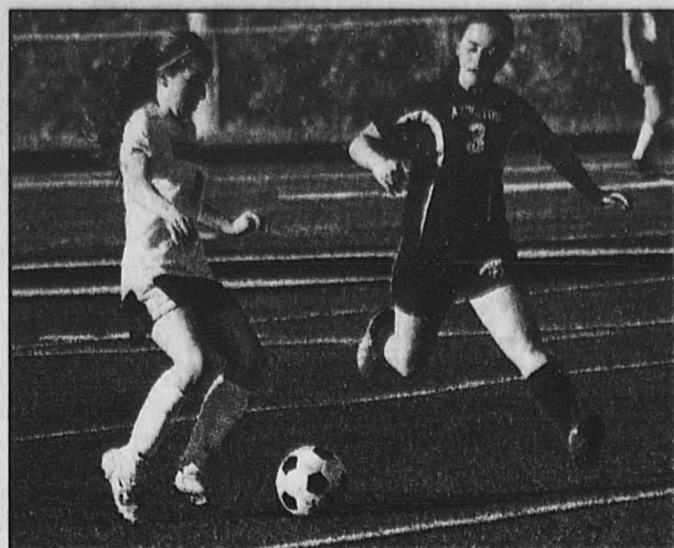
Cohasset has been fantastic sending your stories and photos. If you've been reading, you'll notice that a lot of what you see in this paper has been either suggested by readers or submitted, sometimes its even a combination of the two.

Keep up the great work. Send me your stuff.

The biggest change anyone will see is that I need all submissions for the coming week's paper by Monday night at 7 p.m..

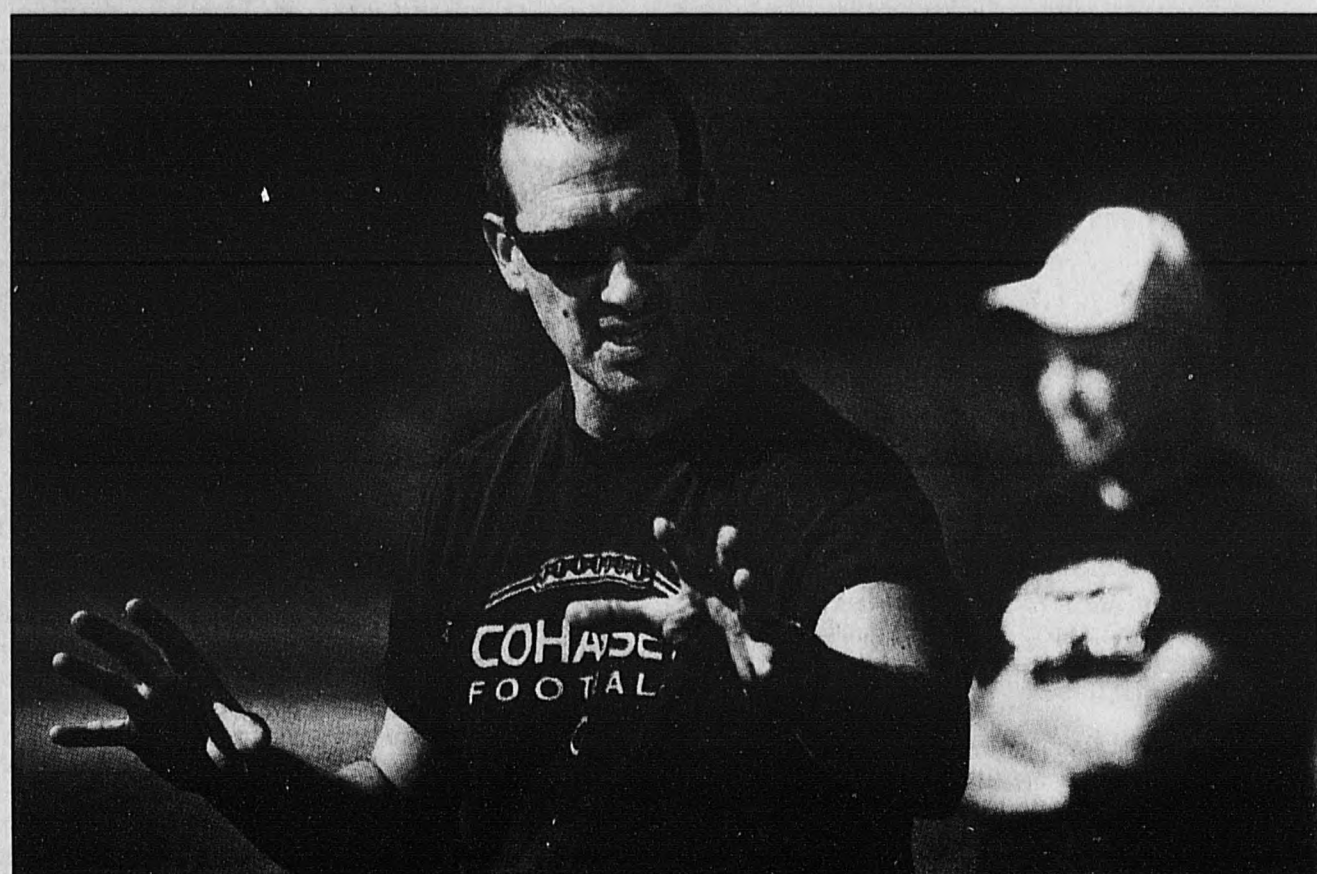
Easy enough - send stories as either word attachments or in the text of your message. For photos, please make them as big as you can, generally about 1 or 2 MB is good. Those should be .jpg attachments, not pasted into word docs. Sometimes that gets messy on our end.

SEE POPPIN', 18



Cohasset's Shea Kearney controls the ball during a Cohasset's win over Abington last season. This photo is an example of great photos submitted by readers. COURTESY PHOTO

## HIGH SCHOOL FOOTBALL



Cohasset football coach Pete Afanasiw talks to his team before the first day of practice, Monday. Afanasiw will have a solid group of seniors and juniors as the Skippers attempt to make a second straight trip to the MIAA Division 6 State Championship game. WICKED LOCAL PHOTO/GREG DERR

# Building on success

Riding 7 straight winning seasons, Cohasset targets another run at a state crown

By Austin Gaquin

The road back to the top is a long one. For the Cohasset High football team, it began Monday.

The Skippers finished 11-2 last fall, crafting their seventh straight winning season. Along the way they captured the South Shore League Small Division, won the Division 6 South sectional crown in the new playoff format, and made it all the way to the Div. 6 state final, losing to Littleton, 52-35, at Gillette Stadium.

After graduating 20 seniors from last season's squad, including Ledger All-Scholastic quarterback Chris Haggerty (who owns almost all of the program's career passing records) and offensive lineman Mickey Barry (the reigning South Shore Small MVP), Cohasset launches this year's title run with a fresh core of veteran leaders.

"The returning juniors and seniors will make up the nucleus of this team," coach Pete Afanasiw said as the Skippers went through the first day of tryouts. "And they're really excited to

## Cohasset schedule

|                   |                     |
|-------------------|---------------------|
| Friday, Sept. 5   | at Norwell, 7 p.m.  |
| Friday, Sept. 12  | at Scituate, 7 p.m. |
| Friday, Sept. 19  | Rockland, 7 p.m.    |
| Friday, Sept. 26  | at Hull, 7 p.m.     |
| BYE WEEK          |                     |
| Friday, Oct. 10   | Monomoy, 7 p.m.     |
| Friday, Oct. 17   | Carver, 7 p.m.      |
| Friday, Oct. 24   | at Mashpee, 6 p.m.  |
| Oct. 31/Nov. 1    | TBA                 |
| Nov. 7-8          | TBA                 |
| Nov. 14-15        | TBA                 |
| Nov. 21-22        | TBA                 |
| Thursday, Nov. 27 | Hull, 10 a.m.       |

MIAA statewide playoffs scheduled for November. Teams that lose in playoffs or do not qualify will have their remaining schedules set by committee.

Cohasset will compete in Div. 6. State championships are expected to be held on Saturday, Dec. 6.

get their chance to finish what we started last year and continue the success that this program has had."

If Cohasset is going to replace the

production of an offense which averaged 33.2 points in five playoff games last season, seniors such as running back Cole Kissick, linebacker Matt Froio, and two-way player Tim Gillis must step up this fall.

Afanasiw has confidence that they will.

"Kissick is coming off a monster season last year," Afanasiw said of the returning Ledger All-Scholastic, who rushed for 1,468 yards and scored 18 touchdowns in 2013. "Matt Froio is going to be somebody who solidifies the troops on defense and keeps everybody centered and focused. And Tim Gillis is going to bring a whole different element to both the offensive and defensive side of the ball." Despite Cohasset High's small size relative to its rivals (approximately 100 students per grade level), the Skippers' athletics programs tend to thrive. In the 2013-14 school year, the boys' basketball team finished atop the South Shore League with a 15-1 record, and the boys' lacrosse squad won the Div. 3 state title.

SEE FOOTBALL, 18

## HALL OF FAME

# 2014 inductees announced

Eleven individuals and two teams to be honored

The Cohasset Mariner

The Cohasset High School Athletic Hall of Fame Committee is excited to announce that eleven individuals and two teams have been voted into the CHS Athletic Hall of Fame as the Class of 2014 to be inducted on November 27th and 28th, 2014.

The following Individuals were voted in as members of the CHS Hall of Fame Class of 2014

1. Matt Belson '97 Lacrosse;
2. Tony Bogarty '86 Basketball;
3. Kate Carroll '95 Soccer;
4. James Creed '86 Basketball;
5. Jack DeLorenzo, School Administrator;
6. Gino DiGirolamo, School Administrator;
7. Pam Hobbs Atkinson '69 Tennis;
8. Katie Lord Naples '89 Skiing, Soccer;
9. Danny Pompeo '88 Ice Hockey;
10. Mike Rossi '99 Wrestling;
11. Jon Sargent '73 Basketball.

The 2014 CHS Athletic Hall of Fame Team inductees are:

1. 1999 Wrestling Team - Pilgrim Conference Champions, South Sectional Champions, MIAA Div. 3 State Finalists;
2. 2003 Girls' Tennis Team - South Shore League Champions, South Sectional Champions, MIAA Div 3 State Champions.

For more information on the Cohasset High School Athletic Hall of Fame visit us on Facebook at: [www.facebook.com/pages/Cohasset-High-School-Athletic-Hall-of-Fame/119142731441012](http://www.facebook.com/pages/Cohasset-High-School-Athletic-Hall-of-Fame/119142731441012)

You may visit us at our High School Athletics webpage at [www.cohassetk12.org](http://www.cohassetk12.org)

You can also reach the CHS Athletic Hall of Fame Committee by contacting Athletic Director Ron Ford at: Cohasset Middle - High School, 143 Pond St., Cohasset MA 02025, Office: 781-383-6103, email: [rford@cohassetk12.org](mailto:rford@cohassetk12.org)

## SOCCER

# Where champions are born

Team Week returns for 23rd straight year

By Ryan Wood  
[rwood@wickedlocal.com](mailto:rwood@wickedlocal.com)

Soccer camps and clinics come and go, but one has endured for nearly two decades. Championship Soccer School, better known to players and coaches as Team Week, hit the field over the last two weeks for the 23rd installment of the annual pre-season camp.

This year, 333 girls from nine different local high schools and nearly 300 boys from eight schools took part in the four-night soccer clinic. Both numbers were up from last year's camp.

The boys' Team Week featured Scituate, Sacred Heart, Pembroke, Silver Lake, Duxbury, Bridgewater-Raynham, Plymouth North, and Plymouth South. And on the girls' side, teams included Marshfield, Plymouth South, Plymouth North, Duxbury, Bridgewater-Raynham, Silver Lake, Norton, Sacred Heart, and Archbishop Williams.

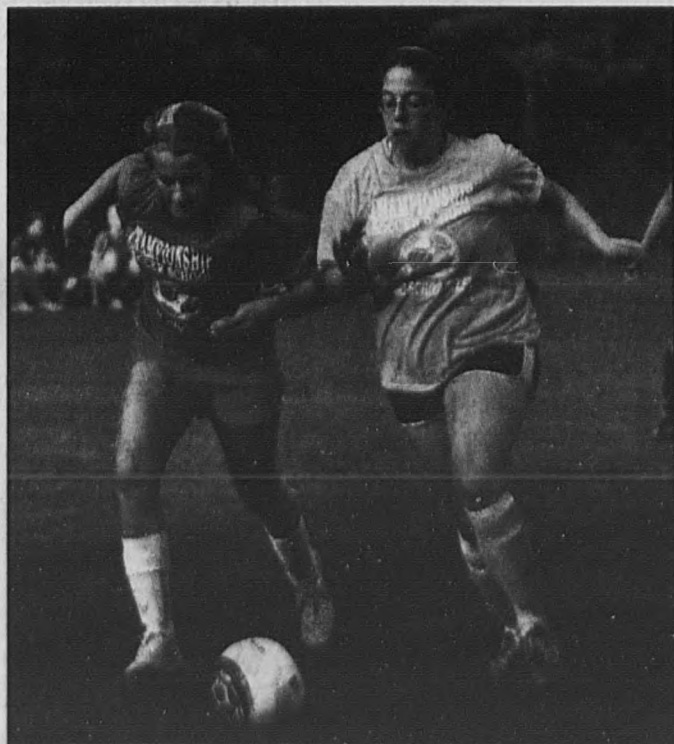
Team Week got its start 23 years ago at Plymouth South High School, and later made a stop at Silver Lake Regional High School in Kingston, before landing at its current location - Sacred Heart High School in Kingston.

Plymouth North girls varsity head coach Dennis Azevedo, whose coaching career goes back to former Plymouth High School teams, along with former

Plymouth South High School boys coach Peter Kasarjian, former Duxbury High girls varsity coach and former Plymouth High School boys' soccer coach Emerson Coleman, and former Silver Lake boys and girls varsity head coach Bill Johnson established the camp in the 1990s. Back then, just six teams were involved, and it started with only boys until Azevedo added girls' teams to the mix. It brings them joy to see the camp continue to thrive each summer.

"The first night, we told the coaches, this is the 23rd year of Team Week, and it's all because of the coach's (dedication)," Azevedo said. "All the programs here are very, very successful. The teams that have been here are league champs, state tournament teams, all with quality

SEE SOCCER, 19



Players from nine local high schools, including Sacred Heart and Archbishop Williams to name a few, played in the 23rd Championship Soccer School, also known as Team Week, at Sacred Heart last week. PHOTO/WILLIAM WASSERSUG



## CHIEFS FOOTBALL

## Entering the back nine

Chiefs head into second half of season

By Mark Ducharme  
Correspondent

The time has come to spin the wheel for the South Shore Chiefs and prepare for the second part of their New England Football League season.

The Chiefs hope that they will start the second part of the year the way that began the first.

They opened the season with the franchise's first win in their history, 41-0 over Monadnock Valley. The two teams will face each other for the second time on Saturday at 6 p.m. at Keene, New Hampshire.

"The first game with Monadnock actually went better than I expected," said Chiefs coach Jim Ewell after the game. "I was expecting a couple of hiccups at the beginning, but our offense was able to capitalize on one of their mistakes early and our defense was lights out throughout the game."

South Shore will have its second bye of the season after their game with Monadnock Valley on the Aug. 29-Sept. 1 Labor Day weekend.

They will play two of their last three regular season games at home in September. The first game in September



John Lane tries to escape the defense during the South Shore Chiefs home opener against the Monadnock Marauders in July. The Chiefs won 41-0, and hope for a similar result when they face Monadnock Valley on the road, Saturday at 6 p.m. PHOTO/K.A. MACDONALD

will be a home game against the Granite State Destroyers, September 6 at Hanover High at 3 p.m.

"We are hoping that we can win," said Ewell. "And hopefully get on a roll. We know what we have to do to get better."

Billy Britton in that opening game threw three touchdown passes, two to Tyce Havens in the win. John Lane, who caught the other touchdown pass also scored on a run in the game.

Matt McRae also scored a touchdown for the Chiefs in that opening game of the season.

The Chiefs though have struggled offensively since their win over Monadnock. The offense has scored only

one touchdown in their last three games.

They were shut out by the Southern New Hampshire Beavers at Chelmsford High. The Beavers rolled to a 35-0 win.

"We did not play well at all," Ewell said. "Southern New Hampshire is a very good team. We came out flat and they were ready to play. The thing is that we are getting better each week. We had just run into some good teams."

Monadnock Valley has had a tough first half of the season. The Marauders have lost their first five games.

The latest loss for the Beavers was at home at Keene, New Hampshire as they lost a tough, 20-8 decision to the Vermont Ravens.

Shore towns are invited to attend.

To register email Jim Joyce: jjoyce@braintreebaseballclub.com  
For info www.braintreebaseballclub.com

AAU HOOPS

### New program at The U

The University Stars, a

new AAU program based at the University Sports Complex at Starland will be holding tryouts for grades 6 through 8, August 23 from 9 a.m. to noon.

Several high school coaches from the immediate area will be coaching teams in the program.

For more information, visit [www.theuhamover.com/basketball](http://www.theuhamover.com/basketball)

## POPPIN'

Continued from 17

Send them right to me at [wwassersug@wickedlocal.com](mailto:wwassersug@wickedlocal.com)

That is a set in stone deadline to get things into that Friday's Cohasset Mariner.

Call that that the emergency plan, but for the most part, anything that gets to me after that 7 p.m. Monday night deadline will not be in that week's paper. I can, however, get a late story posted online if needed.

Coaches, players, parents of high school teams, if we haven't caught up with your team, feel free to write something about your team, fire it to me, and I will make it work. Tell me what's coming up the next week, who is playing great, who is working their bottom off.

Sci-Coh football, CYBSA Fall Ball, youth field hockey, I'm talking to you too.

With about 30 high school teams to cover in the four towns I follow, it can be tough to reach everyone every week.

Coaches, please send me your

schedules if you've got them.

I'd say by now you know the rules, no nicknames, no symbols, like the &. Write the word and out. When you write the score of a game, it doesn't need to say by a score of, in the way of Cohasset won by a score of 12-3.

Cohasset won 12-3 says the same thing.

If you are writing about a game, get the final score up high in the story, win or lose, and if you are adding a score in there your team might trail 12-3. In newspaper-land, saying you trailed or lost 3-12 is wrong, and strangely enough, I change a lot of those little things, and these little changes are the changes that take a lot of time, as in 9 a.m., rather than 9 A.M.

I don't really mind, because I appreciate your help so much, but tossing these little bits of guidance can help everyone, especially people new to writing who could use a tip or two.

Another rule of the road, your kid, or star player is not in the NFL or the Barclay's Premier League. Your quarterback did not play like Tom

Brady (unless that means being sacked seven times in a playoff game - kidding). I would tend to guess that if he (or she - yes girls can be quarterbacks. My daughter plays in our local NFL Flag Football League and has been a quarterback more than once) were to line up on and NFL field, against NFL competition, there would probably be a trip to the hospital pretty quickly. Just sayin' here, keep it real.

That brings us to the No-Nickname rule. Just Don't Do It. It will be scrubbed and takes even more extra time in the editing process. One exception - if the nickname is absolutely hilarious, give it a try and see if it sneaks in there.

The biggest advice for writing a submission is to try to have fun with it. You probably have a passion for the subject you are submitting. Enjoy that. Use that. If you want the credit for story and photos, let me know and thy will shall be done!

So that is all I've got this week.

Here's to a great week and a fun fall.

## FOOTBALL

Continued from 17

Many Cohasset football players also suit up for those teams, so the Skippers are used to winning.

"Our kids really don't have offseasons," said Afanasiw, who is entering his ninth season as head coach. "Conservatively speaking, 85 percent of these kids play at least two sports. And those teams are good. So I don't have to waste time conditioning them, because they come into camp in shape. And that's always good."

Along with athleticism, experience should be a strength for the Skippers this fall.

"Even though we graduated 20 seniors, I think experience will resonate with this team," said Afanasiw. "A lot of these kids, even if they weren't starters, saw ample playing time last year in crucial situations. Just knowing the pres-



Cohasset Skippers football players hit the field for the first day of practice, Monday at Alumni Stadium. WICKED LOCAL PHOTO/GREG DERR

ures (of those situations) will help. And knowing what it's like to play (in the postseason) will inspire these kids to work hard so we can get back there."

In the competitive South Shore Small, Cohasset's journey to a second consecutive sectional championship will not be without tough tests. All season long, Hull, Monomoy, Mashpee, and Carver will visualize Cohasset with a target attached to its back.

The Skippers, who open Sept. 5 at Norwell, will sure-

ly feel pressure to carry last season's momentum into this one. They'll miss last year's stars. They'll run into stiff competition.

But on Monday everyone was just happy to be playing football again.

"Oh, gosh, we're absolutely excited to be back!" exclaimed Afanasiw. "It's exciting to come back onto the field. My tenure here in Cohasset has been a lot of fun. It's going to be a lot of fun again this year. It never gets old."

## NOTES

Continued from 17

## BASEBALL

## Braintree Baseball Club Fall Ball

The BBC is accepting registrations for their fall baseball program for ages 8 and up.

Players from all the South

## Campaign news

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PLYMOUTH PILGRIMS

## Second trip was smoother than the first

Pilgrims had NECBL's best regular season record

By Rob Duca  
Correspondent

PLYMOUTH — What a difference a year makes. What a difference when there's time to recruit players.

In their debut season last summer the Plymouth Pilgrims did not officially have a team until January, and that late start in recruiting players was a major reason why they finished 15-28 and missed the New England Collegiate Baseball League playoffs.

For the second season, general manager Chris Patso and field manager Greg Zackrisson began recruiting the moment the 2013 campaign concluded. The results were striking. The Pilgrims finished with the best record in the NECBL at 31-11 to win the Southern Division and advanced to the division finals before losing to Newport.

"We were finding players last August, so recruiting was very big," Zackrisson said. "It also is a big help that we're in Plymouth, which is just a great community, with great host families."

Winning brought bigger crowds to Forges Field and more attention, and showed that the Pilgrims are here to stay.

"People kept coming back night after night, which was really nice to see," Zackrisson said.

Clearly, the Pilgrims had talent, posting the league's lowest ERA and the most shutouts, while fielding the best defense. But Zackrisson said one of the keys to their success was their work ethic and camaraderie.

"We didn't realize how well they would jell," he said. "It was the chemistry and the character. These kids really worked hard."

The pitching staff was led by Thomas Jenkins, a true freshman from Quinnipiac. Jenkins set a NECBL regular-season record with a 0.40 ERA, going 5-0, with 44 strikeouts and eight walks in 44.1 innings.

"He could throw the fastball, curveball and change for a strike at any point in the count," Zackrisson said. "He wasn't overpowering, but he was very efficient with all three pitches."

Nicholas Berger (Northeastern) was equally dominant, going 4-0 with a 0.75 ERA and 47 Ks in 48 innings. "He's a traditional bulldog who comes right at you," Zackrisson said.

Left-hander Danny Garcia (Miami) completed the 1-2-3 punch, going 4-0 with a 1.45 ERA.

The bullpen was anchored by Vincenzo Aiello of Rider University. The 6-foot-3, 215-pounder hit 92 on the radar gun, finishing with 12 saves along with a 0.91 ERA.

"He didn't come from a big school, yet he came in, had a save opportunity in his second game, did the job and settled into that role," Zackrisson said. "He's a

max-effort guy who comes right at hitters with a fastball and curve. He has a funky arm action where he kind of hooks the ball around his body, and that creates a little deception and makes him hard to hit."

Leading the offense was clean-up hitter Vincent Guglietti (Quinnipiac), who hit two home runs in the first game of the season and finished with seven round-trippers, 38 RBIs and a .303 average.

Mississippi State's Brent Rooker opened eyes. After being red-shirted, he came to the NECBL without a single collegiate at-bat and hit .275 with seven homers and 20 RBIs.

"He's going to be a very special player," Zackrisson said. "He could have been the best power-speed combination of any player in the league. He's a natural power hitter. We're trying to bring him back next year because he will only get better."

James Bunn (Virginia Commonwealth) led the Pilgrims with a .328 average, while Michael Martin (Harvard) hit .318 with 19 stolen bases.

A pair of local products also contributed. Plymouth's Matt Walsh, now at Franklin Pierce, drove in 18 runs with two homers and eight doubles before a hamstring injury sidelined him for the final 12 games of the season. David Murphy (Southern New Hampshire) joined the team after the All-Star break as a replacement player, seeing action in 11 games.

SWIMMING

## Kingfish to hold tryouts

Kingfish Swimming, the premier swimming program on the South Shore, is holding tryouts in August and September. All levels of swimmer are invited to attend, and all those that try out will be properly placed, whether on the competitive team, recreational team, or the coached swim clinic.

Kingfish has just come to the end of yet another highly successful season, where swimmers

excelled at all levels, including regional and national.

Anyone interested in taking their swimming to the next level will have the opportunity to work with some of the best coaches and athletes on the South Shore.

"At Kingfish, we work with swimmers of all levels, from beginners to Olympic-caliber athletes," said Jay Craft, head coach of Kingfish Swimming. "By creating a positive environment that's both fun and competitive, we empower our athletes to ex-

cel, both in swimming and in life."

The tryouts will be held at the Kingsbury Club in Kingston (186 Summer St.) and are as follows: Aug. 21, Sept. 2, and Sept. 4. All tryouts will take place at 7 p.m.

Each swimmer needs only to come to one of the tryout. Call registration chairperson Lynn O'Neil at 774-766-9063 or email her at loneil@kingfishswimming.com if you have any questions or would like to schedule a tryout. Also, for more information, visit [www.kingfishswimming.com](http://www.kingfishswimming.com).

BASKETBALL

## International basketball tours planned for spring 2015

The New England Colonials International Basketball Club is offering two overseas tours for high school players in grades 10 and 11 during the upcoming school year. The Colonials program is in its 35th year of conducting outstanding international tours and exchanges for New England students.

In March 2015, our Colonials Rovers team will travel and play in Scotland, England and Ireland. This tour has been specifically scheduled for players in independent and private schools that have a March vacation. New England public and parochial school players

who have an April vacation are eligible for our Colonials Ambassadors team that will visit and play in Switzerland and Italy. Both tours are for players with significant varsity or JV experience and a strong commitment to their school and community. As on all Colonials tours, players will be hosted by the families of their basketball peers.

The New England Colonials program was founded in 1980. We are a nonprofit, volunteer-run organization that has as its central purpose the fostering of friendship and understanding between New England student-athletes and

their peers around the world. Our teams do not hold tryouts and applicants must be in good academic standing and capable of handling a high level of competitive play while meeting the demands of ten days of international travel.

For additional information about our Spring 2015 tours, please contact Scott Bryson at 508-734-5660 or by E-mail at [necolonials@aol.com](mailto:necolonials@aol.com). Interested parents and players may learn more about the New England Colonials' history and programs online at the team's website located at [www.NewEnglandColonials.net](http://www.NewEnglandColonials.net).

## SOCGER

Continued from 17

coaches. And the kids get a different perspective (from other coaches)."

MIAA rules do not allow teams to be coached by their current manager in the offseason, so Team Week provides high school clubs with another coach from what could be an opposing team during the regular season. For instance, at this year's Team Week, Plymouth South girls varsity coach Dave Costa led the Marshfield High girls, while Duxbury boys varsity coach Brian Johnson had Silver Lake.

"The players and parents really like the fact that we don't just roll a ball out there. They're getting technical and tactical training every night," Azevedo said. "It's a good time, they are having fun, playing soccer, and it builds team bonding."

Most of the coaches return each summer, and some have roots that date back to the start of the program. Jeff Doyle, the former Silver Lake boys varsity head coach and one-time professional soccer player with the Cape Cod Crusaders, helped oversee the boys' Team Week this summer.

"This is more of a tradition for them now," Doyle said. "I think that's why we see more numbers (each year). They look forward to it, and they know it will be a good week. I look forward to it

every year. It's been a staple in the community."

Brian Johnson, who starred at Marshfield High School before taking his game to Rutgers University, looked on as his team for the week — Silver Lake — took part in one of several scrimmages. He recalled attending Team Week during his days at Marshfield High.

"I can see why it's so fun for the kids each year. It signaled the start of the season," Johnson said. "Some guys that had never played (since the end of the previous season) or were out of shape and guys that played all the time, it kind of jelled everyone together and got back into the run of things. It gets competitive, the kids have a blast, and the sportsmanship is good. And some of these teams have been coming for 23 years now."

This year, Pembroke made its debut at Team Week and looks to begin its own tradition at the annual camp.

"We brought Pembroke in this year with (head coach) James Boden," Johnson said. "He's great. He's been fantastic. It's his first taste of it, and he enjoys it."

Marshfield High School captains Cassidy Fleming and Jill Talanian offered their insight on what Team Week offers them and how it benefits the team as it heads into the season.

"It's good to get 11v11 games in before preseason," Fleming said. "The best way to tell if you're in

good shape is to play 11v11. It's fun to have the whole team together, too."

"It's good for touches and getting on the ball, and you get to spend time with the underclassmen," Talanian added.

One aspect of Team Week that stands out to Azevedo is team bonding and introducing freshmen to their future teammates at their respective schools.

"It's an icebreaker," he said. "The kids coming in from (middle school), they are nervous when they go and try out for their team. This gives them a chance to come to Team Week and meet the seniors so they already have a support system before they even walk into the school on the first day."

In addition to helping to kick start seasons that have produced league, sectional, and state champions, Team Week has also seen a handful of its past participants go on to great success after their high school careers. Marshfield's Jillian Clapp has taken her game to the next level, currently playing at Providence College. Jocelyn Savastano, who scored 99 career goals at Plymouth North, went on to star at Saint Anselm. Pembroke's Luke Vercollone, one of the best players to come out of Silver Lake High School, played in Major League Soccer with the New England Revolution, and former Marshfield High star Chris Corcoran currently plays professionally in Finland.

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# FOOD

## FOOD FOR THOUGHT



WIKIMEDIA COMMONS

### TIP OF THE WEEK

#### Fast food still a mainstay

Despite strongly agreeing it is not good for them, Americans continue to make fast food a staple of their diet, with 80 percent eating the product at least once a month, according to results of a new Gallup poll. Almost half (47 percent) report eating fast food at least weekly.

Fast food has long been a major part, if not a particularly healthy one, of the U.S. diet. Americans seem well aware of the health issues inherent in fast food, with 76 percent responding they believe it to be "not too good" or "not good at all" for them.

Surprisingly, those who eat fast food the most — those who indicated eating the food at least once a week — have strong doubts about the healthfulness of the food. Of those respondents, 54 percent reported a belief that fast food is "not too good" for them, the highest of all respondent categories.

### NUMBER TO KNOW

**21.8%** The increase from 1970 (2,109) to 2010 (2,568) in the average number of calories Americans consumed daily, according to U.S. Department of Agriculture data.

### EASY RECIPE

#### Lemongrass iced tea

- 12 to 18 2-inch pieces lemongrass
- 3 3/4 quarts boiling water (15 cups)
- 12 lemon slices
- 5 tablespoons honey
- Ice, for serving

1. Prepare the lemongrass by removing and discarding the first two tough outer layers. Slice thinly into rings.
2. Put the lemongrass in a heatproof pitcher and cover with the boiling water. Add the lemon slices and cover. Allow to infuse and let cool to room temperature.
3. Strain the tea, discarding the solids. Add the honey to taste. Refrigerate the tea until well chilled.
4. To serve, pour the tea into glasses and add ice, if desired. Garnish with extra slices of lemon.

— *Cookthink*

### FOOD QUIZ

What topped the list of the "10 Most Useful Culinary Herbs" released by Herb Society of America in 2008? The answer: basil.

### THE DISH ON...

#### "10-Day Green Smoothie Cleanse," by JJ Smith

Made up of supernutrients from leafy greens and fruits, green smoothies are filling and healthy and you will enjoy drinking them. Your body will also thank you for drinking them as your health and energy improve to levels you never thought possible. This book provides a shopping list, recipes, and detailed instructions for the 10-day cleanse.

— *Amazon*



RELISH MAGAZINE

# Pop of flavor

## Root Beer Ribs get tender and sweet

By the editors of Relish Magazine

Cooks discovered the benefits of cooking and baking with sodas years ago. Chocolate cake made with Coca-Cola is almost a staple in the South; 7Up appears in pound cake; Sprite forms the base for punches of all kinds; and Orange Crush gives zing to sherbet. So it should come as no surprise that root beer makes an excellent marinade and sauce for ribs. As a marinade, the sugar flavors the meat, while the carbonation tenderizes it.

Barbecue aficionados have a lot to disagree about. Should the meat be cooked wet or dry, with a sauce or without?

Should ribs be pork or beef, spare ribs or baby backs? Does parboiling help or hurt the cooking process? Should you soak wood chips or just throw them dry on the fire? One thing is for sure: These ribs, double-doused in root beer, are finger-licking good.

The sugar and carbonization in root beer (or any soda) play a major role in tenderizing and flavoring the ribs, but any soda will work: Dr. Pepper, Cheerwine, Ginger Beer — you name it.

This recipe is designed with tender baby-back ribs in mind. If you prefer larger, meatier spare ribs, simply reduce the oven temperature to 300F, and increase the cooking time to 3 1/2 to 4 hours.

### Root Beer Baby Back Oven Ribs

#### Brine and ribs:

- 1/4 cup coarse salt
- 1/4 cup dry rub barbecue seasoning for pork (use your favorite)
- 24 ounces root beer, divided
- 2 racks baby-back pork ribs
- Sauce:**
- 1 cup ketchup
- 1 cup root beer
- 1/2 cup cranberry or apple juice
- 2 T Worcestershire sauce
- 2 T apple cider vinegar
- 1/4 cup light brown sugar
- 2 T dry rub barbecue seasoning for pork

To prepare brine, combine salt, dry rub and half the root beer in a small saucepan. Cook over medium heat, stirring constantly, until salt and seasoning dissolve. Remove from heat. Add remaining root beer. Let cool completely in the refrigerator.

Pat ribs dry. Use a sharp chef's knife to score "X" patterns into the membrane that runs along the back (concave) side of the ribs. Combine ribs and brine in a zip-top plastic bag and marinate in the refrigerator 12 to 24 hours.

Preheat oven to 375F.

Drain ribs and discard brine. Wrap each rack in 2 layers of heavy-duty aluminum foil. Place in oven and bake until tender, but not falling apart, about 1 1/2 to 2 hours. (Make ahead tip: Ribs may be prepared in advance up to this point, wrapped in plastic and stored for several days in the refrigerator.)

To prepare sauce, combine all ingredients in a small saucepan. Bring to a boil over medium heat, whisking occasionally. Reduce heat and simmer 20 minutes to thicken, stirring occasionally. Let cool, cover and store in the refrigerator up to 1 month.

When you're ready to finish cooking the ribs, heat broiler. Slice foil packets open along the top of each rack and peel back. (You may remove the foil completely, but leaving it on makes cleanup easier.) Brush the exposed ribs liberally with sauce and broil until caramelized and bubbling, about 5 minutes. Makes 2 full racks and 3 cups sauce. Serves 6.

Per serving: 729 calories, 19g fat, 213mg chol., 48g prot., 27g carbs., 0g fiber, 1646mg sodium

# Make your summer grill suitably fruity

This summer, more grillers are looking for excitement beside the meat. We're grilling up our salads, too. We throw heads of romaine on the grill, char up the leaves, then take them apart and continue with a classic Caesar salad recipe. While grilling the lettuce, I always throw on a few slices of good thick bread brushed with olive oil, then cut them into cubes for fresh, homemade croutons.

Then there's watermelon. Yup! On the grill. Just nice thick slices sitting on the grill long enough to get charred grill marks. Then cut into chunks and toss with feta cheese, a little olive oil and lemon juice.



LINDA BASSETT

Salty with sweet is not just for chocolate anymore.

OK, this is lazy cooking. You can con the grill master into doing the real work for you, then just add the finishing touches.

On days when everyone objects to vegetables (isn't that every day?) with their meat, there's fruit salad. Not your grandma's fruit salad. Not the one with the

maraschino cherries and shredded coconut. A modern version, sweet mixed with savory, and maybe a little salt. Melon and goat cheese. (Sometimes I add peaches and fresh basil strips to that.) Or colorful pineapple slaw, with red instead of green cabbage, and an Asian twist in the dressing.

Linda Bassett is the author of "From Apple Pie to Pad Thai: Neighborhood Cooking North of Boston." Reach her by e-mail at [Kitchen-Call@aol.com](mailto:Kitchen-Call@aol.com). Read Linda's blog at [LindaBCooks.wordpress.com](http://LindaBCooks.wordpress.com). Follow Linda for quick recipes on Twitter at [@KitchenCall](https://twitter.com/KitchenCall). More Content Now

### MIXED MELON SALAD

#### Makes 6 servings

- Juice and zest of one lime
- 2 T olive oil
- 6 cups ripe melon (cantaloupe or honeydew or a combination)
- 2 T chopped chives
- 2 cups arugula, stemmed
- 2 ounces crumbled goat cheese
- Salt and ground black pepper, to taste

Whisk together lime juice and zest and olive oil in a small bowl. Separately, toss together the melon and chives. Add the arugula. Toss again gently with salt and pepper, to taste.

Crumble goat cheese over the top just before piling onto a serving plate. Sprinkle on a few more chopped chives for eye appeal.

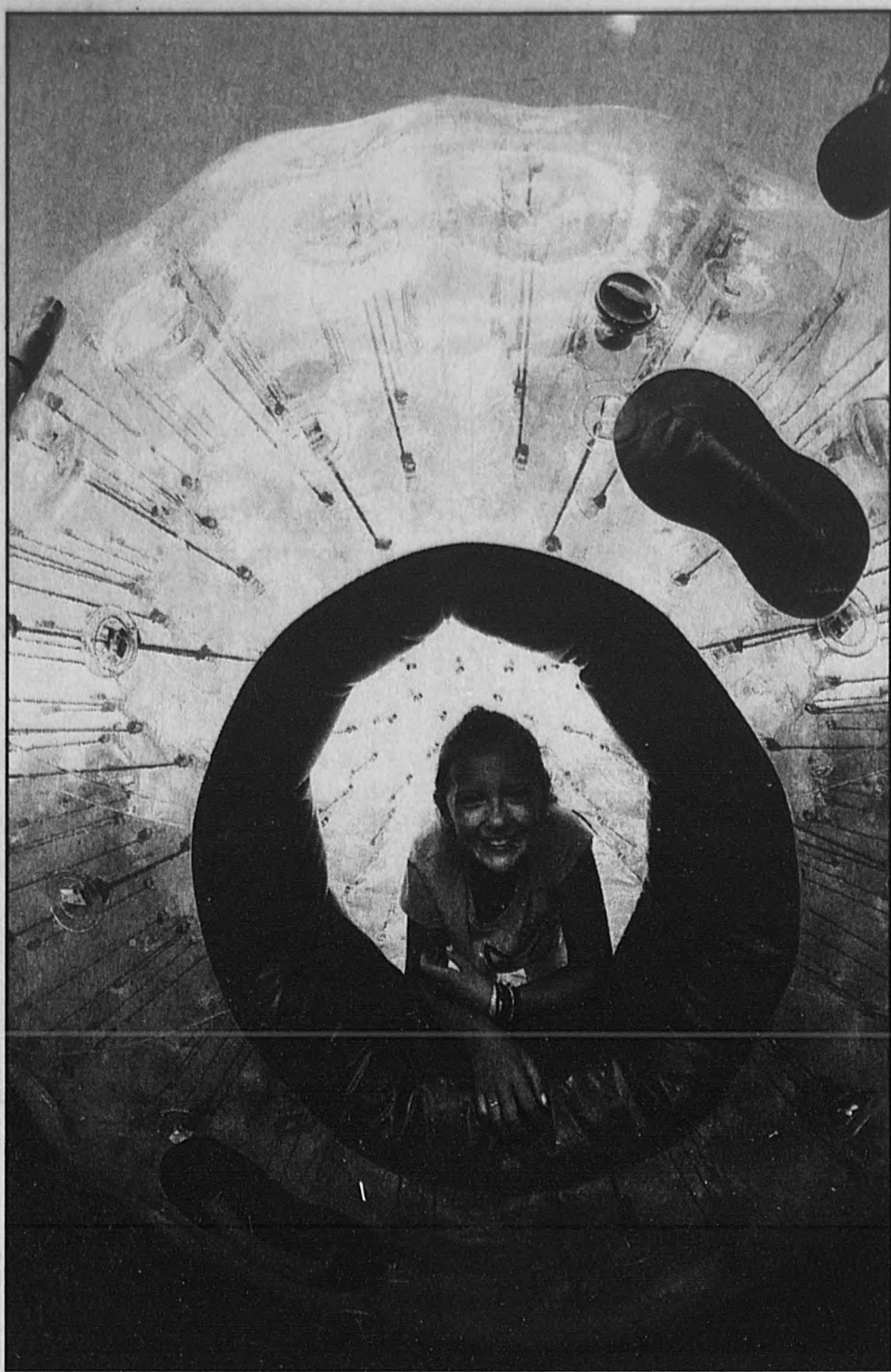
### PINEAPPLE SLAW

- 5 cups sliced red cabbage
- 3 whole scallions, thinly sliced on the diagonal
- 2 cups fresh pineapple, cut into half-inch cubes
- 1 cucumber, peeled, seeded and cut into half-inch cubes
- 2 T finely silvered candied ginger, optional
- 1/2 cup pineapple juice
- 2 T rice vinegar
- 2 T canola oil
- Salt, to taste

Toss together the cabbage, scallions and pineapple and cucumber cubes, and ginger, if using, in a large bowl. Refrigerate until ready to serve.

Whisk together the pineapple juice, vinegar and canola oil. Set aside until just before serving. Toss gently and taste for salt.





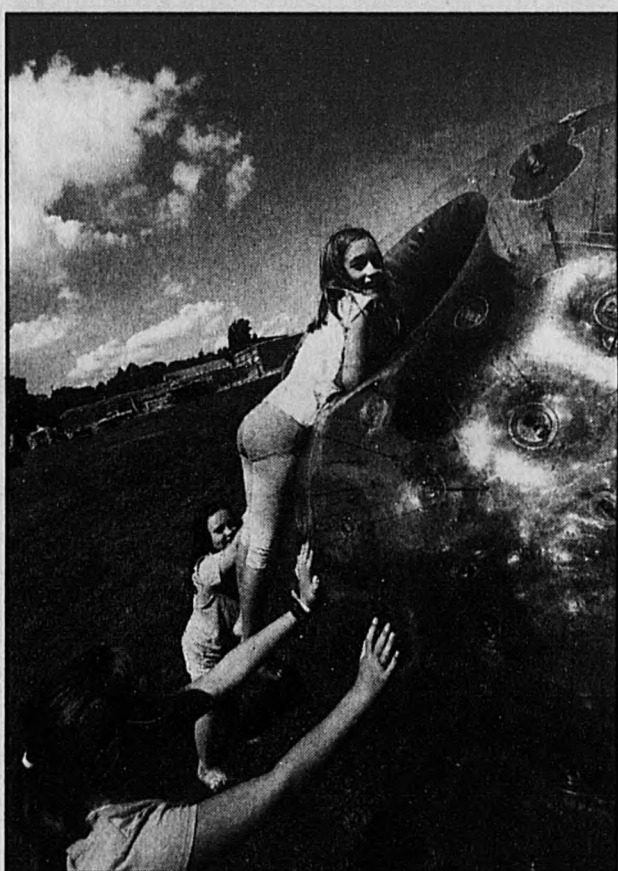
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# Having a ball!

Final Friday at rec  
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*Staff photos by Chris Bernstein*

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# FOOD

## FOOD FOR THOUGHT



WIKIMEDIA COMMONS

### TIP OF THE WEEK

#### Fast food still a mainstay

Despite strongly agreeing it is not good for them, Americans continue to make fast food a staple of their diet, with 80 percent eating the product at least once a month, according to results of a new Gallup poll. Almost half (47 percent) report eating fast food at least weekly.

Fast food has long been a major part, if not a particularly healthy one, of the U.S. diet. Americans seem well aware of the health issues inherent in fast food, with 76 percent responding they believe it to be "not too good" or "not good at all" for them.

Surprisingly, those who eat fast food the most — those who indicated eating the food at least once a week — have strong doubts about the healthfulness of the food. Of those respondents, 54 percent reported a belief that fast food is "not too good" for them, the highest of all respondent categories.

### NUMBER TO KNOW

**21.8%** The increase from 1970 (2,109) to 2010 (2,568) in the average number of calories Americans consumed daily, according to U.S. Department of Agriculture data.

### EASY RECIPE

#### Lemongrass iced tea

- 12 to 18 2-inch pieces lemongrass
- 3 3/4 quarts boiling water (15 cups)
- 12 lemon slices
- 5 tablespoons honey
- Ice, for serving

1. Prepare the lemongrass by removing and discarding the first two tough outer layers. Slice thinly into rings.
2. Put the lemongrass in a heatproof pitcher and cover with the boiling water. Add the lemon slices and cover. Allow to infuse and let cool to room temperature.
3. Strain the tea, discarding the solids. Add the honey to taste. Refrigerate the tea until well chilled.
4. To serve, pour the tea into glasses and add ice, if desired. Garnish with extra slices of lemon.

— Cookthink

### FOOD QUIZ

What topped the list of the "10 Most Useful Culinary Herbs" released by Herb Society of America in 2008? The answer: basil.

### THE DISH ON...

#### "10-Day Green Smoothie Cleanse," by JJ Smith

Made up of super-nutrients from leafy greens and fruits, green smoothies are filling and healthy and you will enjoy drinking them. Your body will also thank you for drinking them as your health and energy improve to levels you never thought possible. This book provides a shopping list, recipes, and detailed instructions for the 10-day cleanse.

— Amazon



### WISE TO THE WORD

**Lemongrass:** A Southeast Asian grass that has a lemony aroma and flavor thanks to its high content of essential citral oil. It is commonly used in Indonesian, Malaysian, Vietnamese and Thai cooking. — Cookthink



RELISH MAGAZINE

# Pop of flavor

## Root Beer Ribs get tender and sweet

By the editors of Relish Magazine

Cooks discovered the benefits of cooking and baking with sodas years ago. Chocolate cake made with Coca-Cola is almost a staple in the South; 7Up appears in pound cake; Sprite forms the base for punches of all kinds; and Orange Crush gives zing to sherbet. So it should come as no surprise that root beer makes an excellent marinade and sauce for ribs. As a marinade, the sugar flavors the meat, while the carbonation tenderizes it.

Barbecue aficionados have a lot to disagree about. Should the meat be cooked wet or dry, with a sauce or without?

Should ribs be pork or beef, spare ribs or baby backs? Does parboiling help or hurt the cooking process? Should you soak wood chips or just throw them dry on the fire? One thing is for sure: These ribs, double-doused in root beer, are finger-licking good.

The sugar and carbonization in root beer (or any soda) play a major role in tenderizing and flavoring the ribs, but any soda will work: Dr. Pepper, Cheerwine, Ginger Beer — you name it.

This recipe is designed with tender baby-back ribs in mind. If you prefer larger, meatier spare ribs, simply reduce the oven temperature to 300F, and increase the cooking time to 3 1/2 to 4 hours.

### Root Beer Baby Back Oven Ribs

#### Brine and ribs:

- 1/4 cup coarse salt
- 1/4 cup dry rub barbecue seasoning for pork (use your favorite)
- 24 ounces root beer, divided
- 2 racks baby-back pork ribs
- Sauce:**
- 1 cup ketchup
- 1 cup root beer
- 1/2 cup cranberry or apple juice
- 2 T Worcestershire sauce
- 2 T apple cider vinegar
- 1/4 cup light brown sugar
- 2 T dry rub barbecue seasoning for pork

To prepare brine, combine salt, dry rub and half the root beer in a small saucepan. Cook over medium heat, stirring constantly, until salt and seasoning dissolve. Remove from heat. Add remaining root beer. Let cool completely in the refrigerator.

Pat ribs dry. Use a sharp chef's knife to score "X" patterns into the membrane that runs along the back (concave) side of the ribs. Combine ribs and brine in a zip-top plastic bag and marinate in the refrigerator 12 to 24 hours.

Preheat oven to 375F.

Drain ribs and discard brine. Wrap each rack in 2 layers of heavy-duty aluminum foil. Place in oven and bake until tender, but not falling apart, about 1 1/2 to 2 hours. (Make ahead tip: Ribs may be prepared in advance up to this point, wrapped in plastic and stored for several days in the refrigerator.)

To prepare sauce, combine all ingredients in a small saucepan. Bring to a boil over medium heat, whisking occasionally. Reduce heat and simmer 20 minutes to thicken, stirring occasionally. Let cool, cover and store in the refrigerator up to 1 month.

When you're ready to finish cooking the ribs, heat broiler. Slice foil packets open along the top of each rack and peel back. (You may remove the foil completely, but leaving it on makes cleanup easier.) Brush the exposed ribs liberally with sauce and broil until caramelized and bubbly, about 5 minutes. Makes 2 full racks and 3 cups sauce. Serves 6.

Per serving: 729 calories, 19g fat, 213mg chol., 48g prot., 27g carbs., 0g fiber, 1646mg sodium

# Make your summer grill suitably fruity

This summer, more grillers are looking for excitement beside the meat. We're grilling up our salads, too. We throw heads of romaine on the grill, char up the leaves, then take them apart and continue with a classic Caesar salad recipe. While grilling the lettuce, I always throw on a few slices of good thick bread brushed with olive oil, then cut them into cubes for fresh, homemade croutons.

Then there's watermelon. Yup! On the grill. Just nice thick slices sitting on the grill long enough to get charred grill marks. Then cut into chunks and toss with feta cheese, a little olive oil and lemon juice.



LINDA BASSETT

Salty with sweet is not just for chocolate anymore.

OK, this is lazy cooking. You can con the grill master into doing the real work for you, then just add the finishing touches.

On days when everyone objects to vegetables (isn't that every day?) with their meat, there's fruit salad. Not your grandma's fruit salad. Not the one with the

maraschino cherries and shredded coconut. A modern version, sweet mixed with savory, and maybe a little salt. Melon and goat cheese. (Sometimes I add peaches and fresh basil strips to that.) Or colorful pineapple slaw, with red instead of green cabbage, and an Asian twist in the dressing.

Linda Bassett is the author of "From Apple Pie to Pad Thai: Neighborhood Cooking North of Boston." Reach her by e-mail at Kitchen-Call@aol.com. Read Linda's blog at LindABCooks.wordpress.com. Follow Linda for quick recipes on Twitter at @KitchenCall. More Content Now

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Separately, toss together the melon and chives. Add the arugula. Toss again gently with salt and pepper, to taste.

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- 5 cups sliced red cabbage
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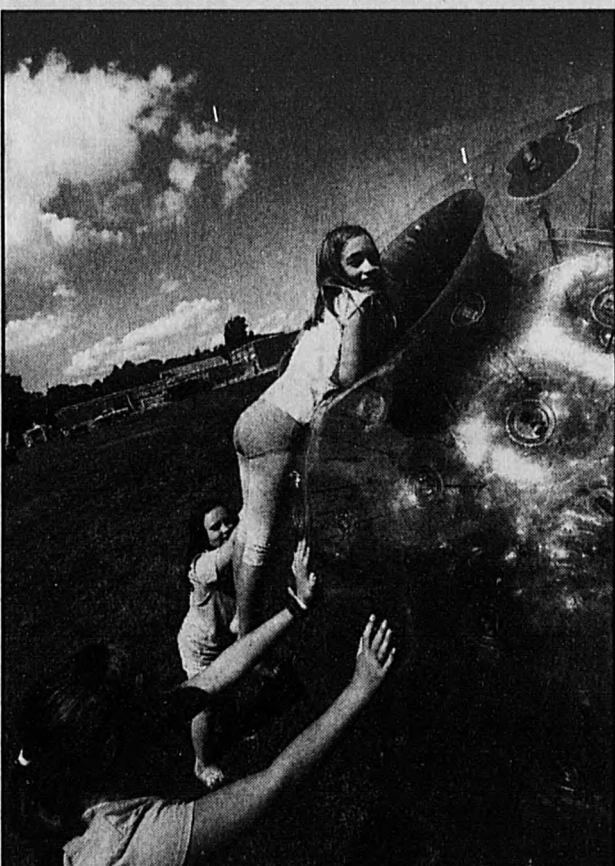
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The Cohasset Fire Department Touch-a-Truck and Fill-the-Boot drive raises money for the Muscular Dystrophy Association.

# Fill-the-Boot Drive

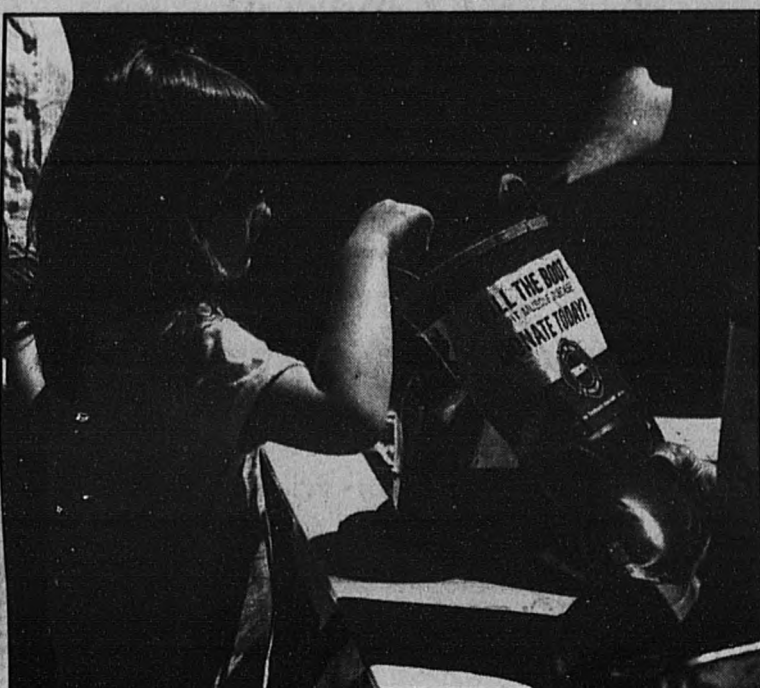
Cohasset firefighters show support for MDA



Isabelle Dubeau, 4, gets to "drive" the fire truck!



Firefighter Kevin Silva (left) and Lt. Rob Forde supervise the Cohasset Fire Department Touch-a-Truck and Fill-the-Boot drive for the Muscular Dystrophy Association held Saturday (Aug. 9) at Cohasset Plaza.



Photos by  
K. A.  
MacDonald

Left, Hanleigh Powers 6, puts some money in to the firefighter's boot during the Fill-the-Boot drive for MDA.

Right, the fire truck is always a big attraction for people of all ages.



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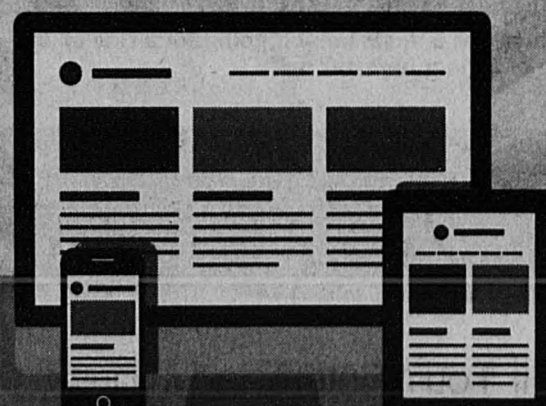
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#### 2014 Mercedes-Benz E350 4MATIC® Sport Sedan, MSRP \$59,195



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**\$599 Per Month**  
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#### 2015 Mercedes-Benz ML350 4MATIC® MSRP \$55,755

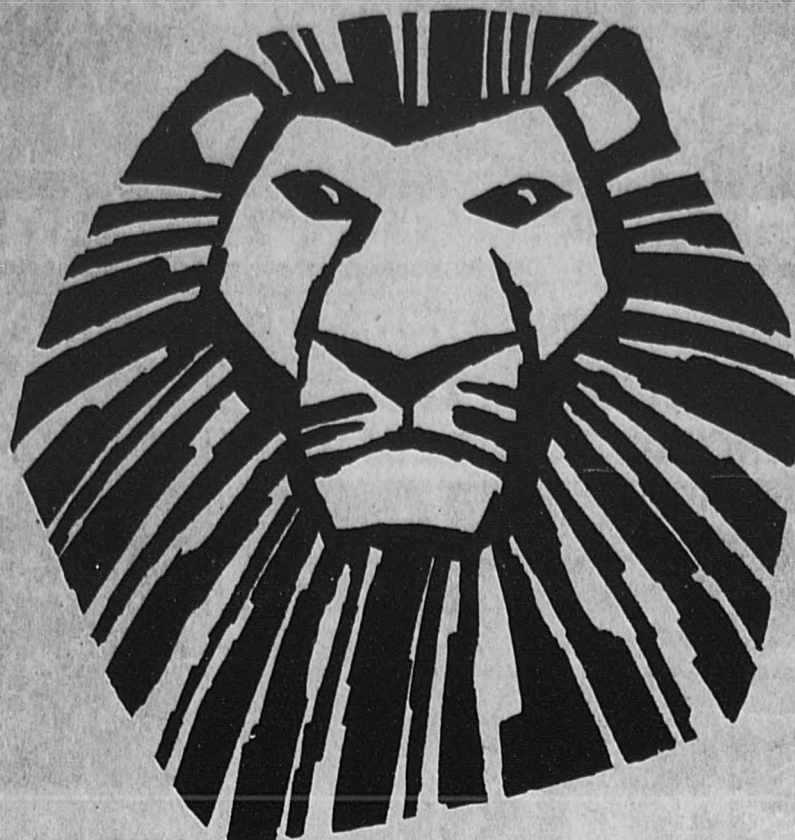


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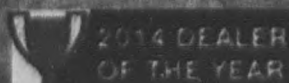
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# Back to School

## Rocket scientists

Local programs mirror national push for tech education

In the current job market typified by stubborn unemployment rates, there are areas where available jobs outnumber those applying for them: science, technology, engineering and mathematics (STEM).

Despite the strong demand for STEM jobs, many women as well as members of under-represented minority groups are not entering the technology pipeline due to certain factors, including shortcomings in K-12 education.

Recently, President Obama called for STEM education reform, indicating that STEM instruction "requires everything from more challenging curriculums and more demanding parents to better support for teachers and new ways to measure how well our kids think."

Popular activities that encourage young people to seriously consider engineering and science include FIRST (For Inspiration and Recognition of Science and Technology), which annually stages robotics and LEGO competitions that emphasize the fun side of engineering, while teaching important science, math and team-working lessons to pre-college students. Over the years, the American Society of Mechanical Engineers has taken an active



Massachusetts Maritime Academy's Junior Women Leaders in STEM Award spotlights current female high school juniors who demonstrate excellence and leadership in one or more of the fields of science, technology, engineering and math. Students who are chosen receive the award and a scholarship to the academy's Sea, Science and Leadership Program.

role in various STEM outreach initiatives, including FIRST competitions, for which the society has recruited mentors, judges and engineering students.

One especially exciting STEM-related program was the Decision Point Dialogues held recently in conjunction with the U.S. News STEM Solutions Conference. Moderated by public radio's John Hockenberry, the Decision Point Dialogues, "Critical Thinking, Critical Choices: What Really Matters in STEM," featured a panel of STEM notables, including Ioannis Mialouis, president and director of the Museum of Science in Boston, and Madiha El

Mehelmy Kotb, ASME president, in a fast-paced discussion of the STEM challenges facing pre-college teachers and their students today.

During the two-hour panel session, Kotb offered some advice to students who may be considering earning a degree in engineering or another STEM field.

"Don't just pursue it because you're good in math and science," she said. "You have to have a passion for it. Girls should spend a day at work with engineers and see what their life is like."

In 2012, Massachusetts Maritime Academy initiated the Junior Women Leaders in STEM Award, spotlighting cur-

rent female high school juniors who demonstrate excellence and leadership in one or more of the fields of science, technology, engineering and math. The JWLS in STEM Award is a nomination-based recognition award in which candidates must be nominated by a teacher, a guidance counselor or another individual.

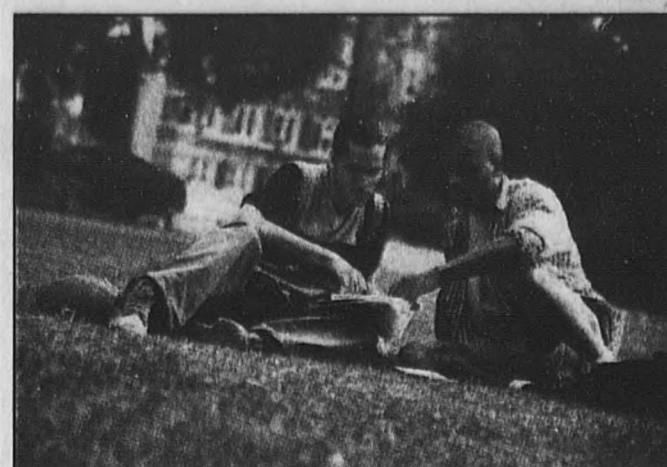
Students who are chosen receive the award and a scholarship to the academy's Sea, Science and Leadership Program. Of those students, the top three recipients are awarded the Junior Women Leaders Scholarship upon enrollment at Massachusetts Maritime Academy in Buzzards Bay.

Massasoit Community College, in partnership with the Massachusetts Maritime Trades Association, offers a 350-hour Marine Technician Certificate at the college's Canton campus. The partnership is focused on an effort to address an anticipated future demand for more highly skilled technical workers in marine occupations. An introductory 45-hour Marine Trades Basic Certificate is offered as well.

Such programs present a unique opportunity for young people who are thinking of entering STEM-related fields.

"Leadership tomorrow depends on how we educate our students today - especially in science, technology, engineering and math," Obama adds.

GateHouse Media Assistant Editor Maryclare Himel contributed to this article, courtesy of NewsUSA.



A tutoring business that caters to local high school students or even fellow college students can be a great way for college students to make practical use of their education. PHOTO COURTESY OF METRO

## Buried in college costs?

Clever ways to ease the burden

College tuition and fees are perpetually on the rise, so it's no great surprise that today's students are graduating with more college debt than ever before. Though some students might feel helpless with regard to avoiding student loan debt, there are some clever ways for students to pay for college and stay out of debt.

**• Work with a service organization.** Many universities are affiliated with nonprofit organizations, and students who work for affiliated organizations may be eligible for scholarships provided by the organization and/or the university. Wages for workers who take advantage of such programs tend to be very low, but those students who serve full stints could earn scholarships worth several thousand dollars. Students can explore such opportunities by speaking with their university to determine if the school is affiliated with any service organizations. If not, students with a desire to give back can find charities that reward their workers with college scholarships.

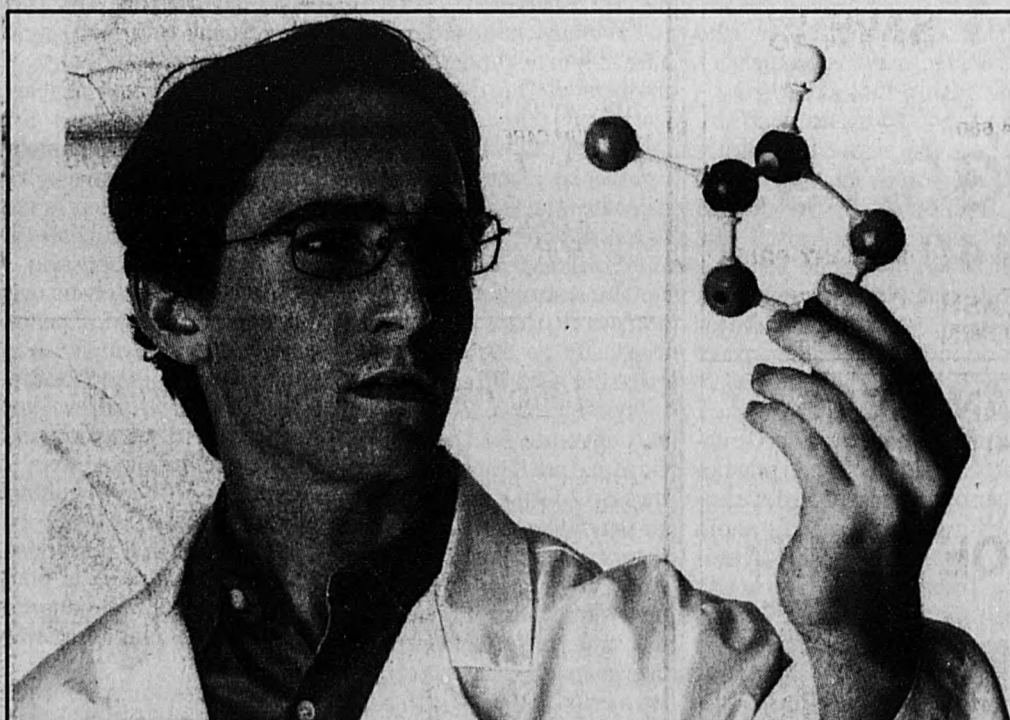
**• Sign up for studies.** College students often lament their lack of spending money. That's especially true today, when many students put their earnings from summer jobs or internships toward their tuition. But opportunities for relatively easy money abound on college campuses, where researchers need subjects for studies. Signing up to be a subject for a study can be an easy and lucrative way to earn money that can be used to pay tuition or everyday expenses that often go overlooked

when planning a budget. University job boards or department bulletin boards often advertise needs for study participants, so college kids strapped for cash should monitor such boards in an effort to earn some extra income.

**• Start a business.** Though college students might not have the time to start building the next Fortune 500 Company, starting a small business can be a great way for students to earn money and set their own schedules. A tutoring business that caters to local high school students or even fellow college students can be a great way for college students to make practical use of their education. Just a few hours of tutoring each week can be enough to help mitigate the costs of campus life, and if the business grows big enough, students might even be able to put a dent in their tuition fees.

**• Live at home.** While living at home is an option available only to those students who attend in-state universities within spitting distance of Mom and Dad, it's an increasingly reasonable decision for students worried about accruing excessive student loan debt. While room-and-board fees vary widely, U.S. News reported that the average charges for on-campus living during the 2013-14 school year were \$9,689. Over the course of four years, students will spend nearly \$40,000 just to live on campus, and many students will pay those costs via student loans. Students whose primary goal is to avoid substantial postgraduate debt may find that living at home, while not necessarily ideal, is the most effective way to do just that.

Courtesy of Metro



Popular activities that encourage young people to seriously consider engineering and science include programs that emphasize the fun side of engineering, while teaching important science, math and team-working lessons to pre-college students. PHOTOS COURTESY OF METRO

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# Back to School



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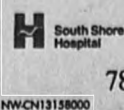
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## Finding the right preschool

### Tips for your tots

Parents know that choosing a preschool for their children is a decision not to be taken lightly. Preschools are often a child's first extensive experience away from home, and the right school can help kids make that transition more smoothly. When looking for a preschool for their kids, parents may want to employ the following tips.

- **Make preschool a priority.** Procrastinating with regard to finding a preschool carries considerable risk. Many of the best preschools have only a limited number of spots available, and there may even be a waiting list for those spots. So it behooves parents to begin their search for a preschool as early as possible. Doing so affords parents the time to visit various facilities, speak with staff members and maybe even observe a typical day at the school. Leaving things until the last minute takes away that flexibility, and parents may be forced to choose a facility with which they are largely unfamiliar.
- **Ask around.** Fellow parents make for great resources as parents look for a preschool for their children. Ask parents of



Paying attention to how well staff members engage with the children is an important factor in choosing the right preschool. PHOTO COURTESY OF METRO

current preschool children or even older kids who attended preschool to share their impressions of a given facility and share their insights as to a facility's operations and its pros and cons.

- **Take kids along on visits.** Though parents typically have a checklist of things they want to find in a preschool facility, it pays to remember that the kids will ultimately be the ones spending time at the school. So take youngsters along when visiting facilities, paying particular attention to how kids react to each facility and how well staff members engage your youngster in the day's activities. Many

kids take time to adjust to preschool, but you can still learn a lot about a facility by observing how your child interacts with staff and how well the facility meshes with your child's personality.

- **Don't mistake cost with quality.** The cost of preschool can range from affordable to exorbitant. But the costliest school is not necessarily the best facility, nor the best fit for your child. While an expensive preschool may be well worth the investment, parents should still consider all of their options before making any commitments.

Courtesy of Metro

## Test prep

Help improve students' learning skills at the start of school

By Melissa Erickson  
More Content Now

If your child suffers from test anxiety – butterflies in the stomach, gnawing on the pencil, feeling shaky or sweaty – it's a good idea to start the school year with a test-taking strategy in place.

"Many children struggle with test taking," psychologist Blythe Grossberg, author of "Test Success," said. While some children have a freestanding anxiety, for most kids, "part of the anxiety stems from a lack of understanding the material and a lack of preparation," she said. Grossberg, who is in private practice to help students succeed at competitive private schools and a consultant to New York's Thernba Tutors, added, "The key to test-taking strategy is to understand that it doesn't start when you're studying for the test. It starts the minute the material is presented in class."

**'Starts with learning'**  
Regardless of age, students can do certain things to assure

better test taking – mainly, don't be passive in their studies and don't wait until the last minute.

"Test taking starts with learning," Grossberg said. Too many children don't realize they're not understanding the material. They don't stop the teacher and ask questions. They mistakenly think it will all come together later, but when they finally face the test, they realize they're not prepared.

"Math is a great example. If a student is struggling with their homework, that's not going to magically go away when he takes the test," Grossberg said.

Students have to speak up and advocate for themselves. Go in and ask the teacher for extra help. Make a friend in class and study together. Review your notes regularly. Create your own study guide. Many textbooks now offer online components that students can use to study by taking pretests, which are also often located at the end of a chapter.

**Study skills**  
When a child is a poor test taker, he often has poor study

skills, which means he's too passive in his studying. You can picture it: a child "studying" by simply flipping through a textbook page after page. That's not going to pull in a good grade, Grossberg said.

Another problem of poor test takers is that they don't give themselves enough time to study. They cram the night before, which doesn't give their brains enough time to consolidate the information, Grossberg said.

"Space out the studying over the course of days. Most people learn best by studying in short bursts of time when concentration is at the optimal level and you're not tired," Grossberg said. Ideally, students should study in increments of 30 to 45 minutes a night, she said.

Staying up late to study doesn't work because your body needs sleep to allow it to store the material in a long-term way, she said.

"Work backwards from test day and give yourself enough time to study," Grossberg said.

Another important strategy is to find out the format of the test because that will affect the way you review the material.

For an essay test, consider potential responses to questions that may be asked. A student may not know the exact questions, but he'll know what the teacher spent the most time on. Briefly outline your response with supportive statements.

It's more work to prepare in this way but it will guarantee success – and will help banish the butterflies, too.



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# Back to School

## Home alone

Strategies for keeping kids safe after school

By Melissa Erickson  
More Content Now

A child's safety is first on a parent's mind, and while kids are supervised at school, many make their way to and from on their own, and plenty are by themselves in the hours after school until a parent gets home from work.

More than 15 million students are alone and unsupervised between 3 and 6 p.m., the peak hours for juvenile crime and a time of concern for working parents, according to the Afterschool Alliance.

"Parents faced with needing to have a latch-key kid probably experience many different types of emotions — fear, anxiety, guilt. There is not an easy answer as to absolute guidelines for if and when children can be trusted to be on their own," Dr. Nerissa Bauer, assistant professor of pediatrics, Indiana University School of Medicine, said.

### What to do first

Few states have specific laws and most offer guidelines, although typically the recommendation is that no children younger than 12 should be left alone due to their cognitive development and ability to self-care, she said.

"Even before you start talking to your child about leaving him or her alone, a parent needs to think about the child and take into consideration a child's developmental level," Ellen Braaten, director of Harvard Medical School's Learning and Emotional Assessment Program, said.

### Consider the following:

- The physical and emotional maturity level of the child
- ADHD or other behavioral conditions (for example: anxiety) that may make parents uneasy leaving their child unsupervised



Some after-school safety strategies include parental expectations about watching TV, playing on the computer and accessing websites.

- Child's level of self-confidence
- Child's level of independence in self-care duties

Make sure children know their full name, address, phone number, your full name, work number and any alternate numbers to reach you. Make sure children know how to dial 911 and under what circumstances and what to say.

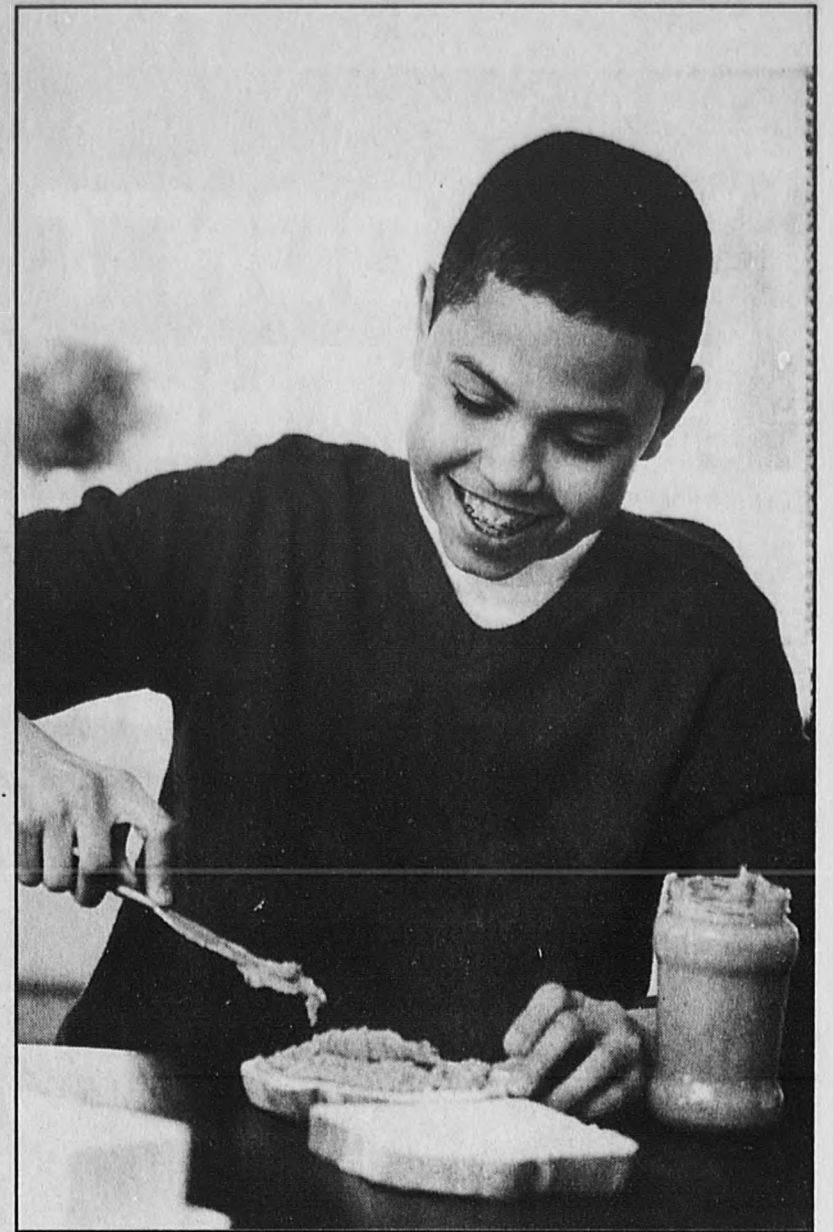
### Safety strategies

If you are leaving your child home alone, it's a good idea to tell him why, especially if it is a change from having a parent or baby-sitter at home, or a change from what the child was used to, Bauer said.

"This will allow children to understand the change and ask questions. Parents should calmly discuss the situation, in child-friendly terms, and allow the child to ask questions," she said. "Try mentally preparing the child in advance and starting to introduce the concept ahead of time, and be willing to discuss and review often so that the child feels comfortable."

Some after-school safety strategies from Braaten:

- Make sure children know how to use the key and where to keep it so it is not lost or on display to strangers.
- Consider leaving an extra key with a neighbor or friend.
- Tell children never to talk in public areas about walking home alone or being home alone.



It is important to take into consideration your child's level of self-confidence and level of independence in self-care duties. PHOTOS COURTESY OF METRO

lic areas about walking home alone or being home alone.

- Make sure they know how to react if they feel uncomfortable or feel they are being followed.
- Have them practice unlocking and locking the house door to make sure they are secure.
- Role-play different scenarios so you all feel comfortable that the child knows the basics and back-up plan in case emergencies arise.
- Review the rules about answering the door or telephone if home alone, what to say and not to say.
- Make sure to lock away all poisons and firearms.
- Discuss parental expectations

about watching TV, playing on the computer, accessing websites, etc. Parents should use parental controls to restrict access to adult content on cable, TV and computers.

• Visual schedules or checklists about routines are great reminders for all children, no matter what age.

• Parents should review what the child did (homework and so on) and use these opportunities to praise appropriate behaviors and discuss expectations if the child forgot to do homework or did not lock the door behind them. It is always good to check in about the experience.

## The mind-body connection

Improving kids' health improves their minds

The brain develops faster during early childhood than any other time in our life. In children, it is a magnificent thinking machine that learns and grows by interacting

with the world.

Not surprisingly, experts say that the foods kids eat not only fuel their bodies but their minds as well.

"Research shows that healthy eating can improve children's concentration and help them do better in the school," Janice Baranowski, of Baylor University, says. "Getting proper nutrients is

especially important for young brains that are still growing and developing."

The modern paradox is that, for all of its conveniences, there are more demands on children's attention these days and, if not managed properly, can easily lead to unhealthy minds and bodies.

The following tips can help your kids lead a healthy, balanced life:

- **Make good choices.** Clearly, what we put into our kids' bodies is directly related to how well their minds will grow and work. So, consider a diet that is rich in fruits and vegetables, lean protein and

dairy. In turn, forgo the fast food and instead, spend more money on groceries that are good for you and your family.

- **Get moving.** If you want your kids to get off the couch (and away from the video games), get the whole family moving their bodies. Be it a bike ride, a walk, or even chasing each other around the local park, exercise has been shown to give the brain a boost.

- **Drink more water.** Drinking water is crucial to maintaining good health and is a far better choice than sugary soft drinks for children.

- **Pick up a book.** One way the brain rewires itself is through reading. It's the best way for children to exercise and flex this marvelous organ.



The brain develops faster during early childhood than any other time in our life so it is not surprising that the foods kids eat not only fuel their bodies but their minds as well. PHOTO COURTESY OF NEWSUSA

Challenging a child's brain cognitive reserve. early in life builds up more Courtesy of NewsUSA



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# COHASSET POLICE/FIRE LOG

## Monday, Aug. 4

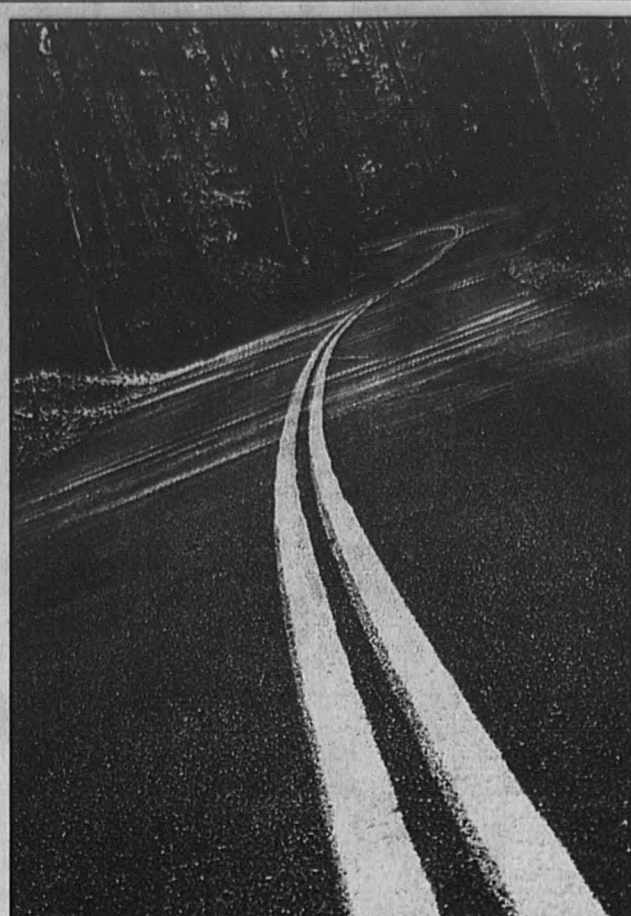
9:08 p.m. **S. Main St.**, motor vehicle stop; citation issued.  
9:11 p.m. **Atlantic Ave.**, erratic motor vehicle operation. Group of motorcycles heading up Atlantic Avenue. Second caller states they are past Sandy Beach and now heading toward Scituate.  
9:33 p.m. **Chief Justice Cushing Hwy.**, motor vehicle stop; citation issued.  
9:35 p.m. **Whitehead Road**, suspicious activity. A little while ago there was a white van that pulled into his driveway, sat there for about 10 minutes, then left.  
10:19 p.m. **Forest Ave. and Old Coach Road**, motor vehicle stop; citation issued. Express on scene and has the vehicle. Owner waiting for a ride.  
10:54 p.m. **Forest Ave.**, motor vehicle stop; citation issued.

## Tuesday, Aug. 5

7:03 a.m. **S. Main and Summer streets**, directed patrol.  
8:04 a.m. **Elm St.**, Cohasset Harbor Inn, medical aid. Female states she fell.  
8:15 a.m. **Border St.**, Mill River Marine Railway, parking complaint. Truck is parked in front of gate. Caller needs the truck moved for a boat coming in. This is an ongoing disagreement between parties. Officer spoke to both parties.  
8:18 a.m. **Avalon Drive**, medical aid.  
9:16 a.m. **Sohier St.**, directed patrol.  
10:01 a.m. **King St.**, community service.  
10:04 a.m. **Sohier St.**, motor vehicle stop; verbal warning.  
10:25 a.m. **King and Pond streets**, directed patrol.  
10:28 a.m. **King St.**, motor vehicle stop; citation warning.  
11:10 a.m. **King St.**, motor vehicle stop; citation warning.  
12:28 p.m. **Wheelwright Farm**, fraud. Caller received a call stating someone is coming to drop something off and they will need to be paid. Caller was told she needed to pay them \$200.  
1:06 p.m. **Atlantic Avenue**, Sandy Beach Association, parking enforcement.  
1:11 p.m. **Forest Avenue**, medical aid.  
1:44 p.m. **Fairoaks Lane**, lock in/out. Caller is locked out of her home; gained access through a window.  
2:15 p.m. **Doane St.**, medical aid. At the end of the street, prior to the entrance of Wampatuck, a male is lying on the ground on a blanket and another male is lying next to a van on the ground. Individuals sent on their way.  
2:20 p.m. **Rocky Lane**, fraud; bad check.  
2:47 p.m. **Chief Justice Cushing Highway**, Rockland Trust Co., medical aid. A female fell in the lot.  
3:23 p.m. **Stagecoach Way**, lock in/out. A 2-year-old child strapped in a car seat is locked in a vehicle. The car is not running and no windows are open. Express Towing notified and responding as soon as possible.  
5:18 p.m. **Chief Justice Cushing Highway**, parking complaint. Caller is into headquarters requesting an officer for a vehicle parked in a handicapped spot.  
5:25 p.m. **South Main St.**, motor vehicle stop; verbal warning.  
5:43 p.m. **King St.**, Sunrise Assisted Living of Cohasset, medical aid.  
5:46 p.m. **Aaron River Road**, suspicious activity. "Robo" calls are being received to sell Life Alert Warning Systems.  
6:14 p.m. **Chief Justice Cushing Highway**, dispute. Caller would like to speak to an officer regarding someone who keeps calling about parking complaints. Caller states it is not supposed to be a handicap spot. This is an ongoing dispute.  
6:32 p.m. **Chief Justice Cushing Highway**, traffic enforcement.  
6:37 p.m. **Chief Justice Cushing Highway**, motor vehicle stop; citation issued.  
7:11 p.m. Request for officer. Son left the house to do an errand for caller. Caller is worried because he left at 5 p.m. and was coming back right after he ran the errand. The 50-year-old son called and said he was on his way home.  
9:42 p.m. **Atlantic Avenue**, erratic operation of a motor vehicle. Caller reports a large amount of motorcycles are driving by.

## Wednesday, Aug. 6

1:10 a.m. **Jerusalem Road**, Black Rock Beach. Caller reports a motor vehicle has crashed through the fence onto the beach.  
7:19 a.m. **Jerusalem Road**, notification. Caller called and asked if it was legal to be doing construction at 7 a.m. Caller advised that, yes, it is legal to start at 7 a.m.  
7:51 a.m. **Chief Justice Cushing Highway**, erratic operation of a motor vehicle. Scituate looking for a white Jeep Grand Cherokee with no license plate.  
10:40 a.m. **Bayberry Lane**, suspicious activity. Officer reports Jehovah Witness's in the area.  
11:01 a.m. **Forest Avenue**, directed patrol.



## Traffic Safety Tip of the Week:

**Passing another car can be dangerous. When passing, do so only when it's necessary, safe and legal. Watch for "No Passing" signs and solid centerlines. Be sure to check the front, rear and for "blind spots" before passing. Always, use your signal before you change lanes.** COURTESY PHOTO

11:02 a.m. **Forest Avenue**, motor vehicle stop; verbal warning.  
11:02 a.m. **Avalon Drive**, fraud. Caller reports his mother got a call stating her grandson was in a crash and would like to see an officer.  
11:36 a.m. **Chief Justice Cushing Highway**, directed patrol.  
11:38 a.m. **Hull St.**, hit and run motor vehicle crash. Caller reports car side swiped overnight.  
11:39 a.m. **Chief Justice Cushing Highway**, motor vehicle stop; citation issued.  
12:04 p.m. **Chief Justice Cushing Highway**, motor vehicle stop; citation issued.  
12:22 p.m. **Chief Justice Cushing Highway**, Stop & shop, shoplifting. Two shoplifters are in the store and would like an officer to speak with them. Both parties issued no trespass in hand.  
12:59 p.m. **Avalon Drive**, fraud. Caller would like to see an officer again regarding same issue earlier with fraudulent phone calls. They are still happening.  
2:55 p.m. **Chief Justice Cushing Highway**, Stop & Shop, mutual aid given.  
3:33 p.m. **Doane St.**, assist public. Resident in to headquarters to speak with an officer.  
4:27 p.m. **Doane St.**, warrant arrest. Units out to attempt to serve an arrest warrant. Male is in custody. Arrested: Scott D. Barnes, 19, 90 Doane St. on the warrant.  
4:40 p.m. **Chief Justice Cushing Highway**, motor vehicle stop; verbal warning.  
5:19 p.m. **Beechwood St.**, traffic enforcement.  
5:30 p.m. **Beechwood St.**, motor vehicle stop; citation issued.  
8:26 p.m. **Summer St.**, motor vehicle stop; verbal warning.  
9:03 p.m. **Hull St.**, motor vehicle stop; citation issued.  
11:25 p.m. **Pond St.**, Cohasset Jr/Sr High School, open door/window.

## Thursday, Aug. 7

6:52 a.m. **North Main St.**, traffic enforcement.  
11:10 a.m. **S. Main St.**, motor vehicle stop; citation issued.  
11:15 a.m. **S. Main St.**, traffic enforcement.  
11:19 a.m. **S. Main St.**, motor vehicle stop; citation issued.  
12:17 p.m. **Forest Avenue**, Wadleigh park, parking enforcement.  
1:03 p.m. **King St.**, Sunrise Assisted Living of Cohasset, medical aid.  
1:52 p.m. **Chief Justice Cushing Highway**, Stop & Shop gas station, domestic in progress. Male and female in a blue Chevy. Female will not get back in motor vehicle. Verbal only, female being transported home. Male sent on his way.  
2:20 p.m. **N. Main St.**, motor vehicle stop; citation issued.  
2:58 p.m. **Chief Justice Cushing Highway**, motor vehicle stop; citation issued.  
3:18 p.m. **Sohier St.**, directed patrol.  
4:42 p.m. **Forest Avenue**, well being check.  
5:16 p.m. **Chief Justice Cushing Highway**, motor vehicle stop; citation issued.  
5:26 p.m. **Chief Justice Cushing Highway**, motor vehicle stop; citation issued.  
5:27 p.m. **Chief Justice Cushing Highway**, motor vehicle stop; citation issued.  
6:14 p.m. **Elm St.**, Harbor Inn, animal call. Employee at front desk found dog in the parking lot wandering around. It looks like a collie mix and appears to be an older dog.

6:18 p.m. **Chief Justice Cushing Highway**, motor vehicle stop; citation issued.  
6:39 p.m. **Beechwood St.**, motor vehicle stop; citation issued.  
8:11 p.m. **Jerusalem Road**, traffic hazard. Two busses parked on road creating a traffic hazard.  
8:28 p.m. **North Main St.**, motor vehicle stop; verbal warning.  
10:04 p.m. **Chief Justice Cushing Highway**, motor vehicle stop; citation issued.

## Friday, Aug. 8

12:26 a.m. **Chief Justice Cushing Highway**, disabled motor vehicle. Corner of Pond and 3A caller reports a male party trying to flag her down. He was driving a pickup.  
12:28 a.m. **Chief Justice Cushing Highway**, motor vehicle stop.  
1:06 a.m. **N. Main St.**, Wheelwright, directed patrol.  
1:07 a.m. **N. Main St.**, Barnes Field, directed patrol.  
1:14 a.m. **Jerusalem Road**, medical aid.  
6:30 a.m. **S. Main St.**, community service.  
6:47 a.m. **Chief Justice Cushing Highway and Beechwood St.**, erratic operation of a motor vehicle. A maroon Buick going southbound crossing the line and is now in Scituate.  
6:58 a.m. **Elm and Margin streets**, traffic enforcement.  
6:59 a.m. **Margin St.**, motor vehicle stop; citation issued.  
7:12 a.m. **Holly Lane**, animal call. A small bird is in the house was able to get the bird out a window safely.  
7:15 a.m. **Summer St.**, motor vehicle stop; written warning.  
7:35 a.m. **Atlantic Avenue**, motor vehicle stop; citation issued.  
7:52 a.m. **Brook and S. Main St.**, parking complaint.  
8:23 a.m. **Elm St.**, CPD, 209a service. Plaintiff dropped off a 209a with address change to desk.  
10:08 a.m. **Chief Justice Cushing Highway**, Stop & Shop, medical aid. Elderly female fell.  
10:59 a.m. **Sohier St.**, traffic enforcement.  
12:05 p.m. **Chief Justice Cushing Highway**, Shaw's, motor vehicle crash with injuries. Car vs motorcycle at the entrance to Rockland Trust.  
12:22 p.m. **Forest Avenue**, parking complaint. A landscaping truck is parked in a bad spot.  
1:07 p.m. **Lighthouse Lane**, parking enforcement.  
1:39 p.m. **Atlantic Avenue**, Sandy Beach, parking enforcement.

1:47 p.m. **Chief Justice Cushing Highway**, police department investigation. Papers served in hand.  
2:07 p.m. **Elm St.**, CPD, larceny report. Walk in to HQ/s for a larceny report, larceny by check.  
2:42 p.m. **Sohier St.**, directed patrol.  
2:43 p.m. **S. Main St.**, Cohasset Village, community service.  
3:03 p.m. **Forest Avenue and Old Coach Road**, motor vehicle stop; citation issued.  
4:29 p.m. **Lighthouse Lane**, Government Island, parking enforcement; parking tickets issued.  
4:32 p.m. **Chief Justice Cushing Highway**, motor vehicle stop; citation issued.  
4:53 p.m. **Atlantic Avenue**, Sandy Beach, parking enforcement.  
5:15 p.m. **Chief Justice Cushing Highway**, police information. The owner of wine store was given an update on handicap parking space.  
5:40 p.m. **Forest Avenue**, motor vehicle stop; citation issued.  
6:04 p.m. **Pond St.**, Alumni Field, attempted house break. Athletic director reports he had a call from a neighbor who reports someone has broken into the press box and is playing music from the loudspeakers at the field. This was a football practice, they will turn music down.  
7:05 p.m. **Pond St.**, gas grille fire. Fire on deck of condo units. Fire was contained inside the grill. Gas is still on. Fire out upon arrival will be standing by for a few minutes.  
7:12 p.m. **Chief Justice Cushing Highway**, directed patrol.  
7:22 p.m. **Chief Justice Cushing Highway**, motor vehicle stop; citation issued.  
7:43 p.m. **Chief Justice Cushing Highway**, motor vehicle stop.  
7:57 p.m. **Chief Justice Cushing Highway**, motor vehicle stop; citation issued.  
8:08 p.m. **Old Colony Square**, CO alarm. Resident changed battery in detector.  
8:18 p.m. **Forest Avenue**, motor vehicle stop; citation issued.  
8:52 p.m. **King Square**, Jonathan Livingston Square, fire investigation. Received a call at headquarters regarding some sort of alarm going off.  
9:24 p.m. Patrol request. Resident requests patrol for all hours. Son was released from jail today with no where to live. She and her husband do not want the son at the residence. Son served a no trespass by officer while male was being booked for PC in Hingham.  
9:25 p.m. **Forest Avenue**, motor vehicle stop. Arrest one in custody. Officer transporting female to headquarters. Arrested: Hannah B. Smalls, 19, 168R Stockbridge Road, Scituate. Charges: minor in possession of alcohol and speeding.  
10:09 p.m. **Howard Gleason Road**, Yacht Club, caller reports he was in the Cohasset Harbor channel and two males in a approximately 20-foot boat came through the harbor to the yacht club swearing and appeared intoxicated. Harbormaster has the operator of the boat at the yacht Club. Father will take custody of son.  
10:57 p.m. **S. Main St.**, noise complaint; peace restored.

1:47 p.m. **Chief Justice Cushing Highway**, police department investigation. Papers served in hand.  
2:07 p.m. **Elm St.**, CPD, larceny report. Walk in to HQ/s for a larceny report, larceny by check.  
2:42 p.m. **Sohier St.**, directed patrol.  
2:43 p.m. **S. Main St.**, Cohasset Village, community service.  
3:03 p.m. **Forest Avenue and Old Coach Road**, motor vehicle stop; citation issued.  
4:29 p.m. **Lighthouse Lane**, Government Island, parking enforcement; parking tickets issued.  
4:32 p.m. **Chief Justice Cushing Highway**, motor vehicle stop; citation issued.  
4:53 p.m. **Atlantic Avenue**, Sandy Beach, parking enforcement.  
5:15 p.m. **Chief Justice Cushing Highway**, police information. The owner of wine store was given an update on handicap parking space.  
5:40 p.m. **Forest Avenue**, motor vehicle stop; citation issued.  
6:04 p.m. **Pond St.**, Alumni Field, attempted house break. Athletic director reports he had a call from a neighbor who reports someone has broken into the press box and is playing music from the loudspeakers at the field. This was a football practice, they will turn music down.  
7:05 p.m. **Pond St.**, gas grille fire. Fire on deck of condo units. Fire was contained inside the grill. Gas is still on. Fire out upon arrival will be standing by for a few minutes.  
7:12 p.m. **Chief Justice Cushing Highway**, directed patrol.  
7:22 p.m. **Chief Justice Cushing Highway**, motor vehicle stop; citation issued.  
7:43 p.m. **Chief Justice Cushing Highway**, motor vehicle stop.  
7:57 p.m. **Chief Justice Cushing Highway**, motor vehicle stop; citation issued.  
8:08 p.m. **Old Colony Square**, CO alarm. Resident changed battery in detector.  
8:18 p.m. **Forest Avenue**, motor vehicle stop; citation issued.  
8:52 p.m. **King Square**, Jonathan Livingston Square, fire investigation. Received a call at headquarters regarding some sort of alarm going off.  
9:24 p.m. Patrol request. Resident requests patrol for all hours. Son was released from jail today with no where to live. She and her husband do not want the son at the residence. Son served a no trespass by officer while male was being booked for PC in Hingham.  
9:25 p.m. **Forest Avenue**, motor vehicle stop. Arrest one in custody. Officer transporting female to headquarters. Arrested: Hannah B. Smalls, 19, 168R Stockbridge Road, Scituate. Charges: minor in possession of alcohol and speeding.  
10:09 p.m. **Howard Gleason Road**, Yacht Club, caller reports he was in the Cohasset Harbor channel and two males in a approximately 20-foot boat came through the harbor to the yacht club swearing and appeared intoxicated. Harbormaster has the operator of the boat at the yacht Club. Father will take custody of son.  
10:57 p.m. **S. Main St.**, noise complaint; peace restored.

## Saturday, Aug. 9

12:09 a.m. **Rocky Lane**, parking complaint. Caller reports that his property was vandalized earlier. There are a bunch of vehicles parked in the cul de sac that have never been parked there before and he would like an officer to run every plate.  
12:45 a.m. **Parkingway**, request for officer. Officer was flagged down by a civil an in regards to an overdue motorist.  
12:57 a.m. **S. Main St.**, vandalism. Out with a vehicle that has been paper towed. It does not appear to be any damage to the vehicle.  
1 a.m. **S. Main St.**, found property. Officer reports finding a pair of prescription Foster Grant sunglasses.  
1:45 a.m. **Avalon Drive**, male served no trespass for Avalon Drive.

Drive.  
8:05 a.m. **Chief Justice Cushing Highway**, past break. Caller reports someone broke n his store and took money fro cash drawer.  
9:10 a.m. **Summer St.**, animal call. Caller found a Husky in her yard.  
9:10 a.m. **Elm St.**, sewer treatment. Caller asking if there is a power outage in the area. Inquiring because one of the generators at this location is running and it only runs if there is a power outage. Does not appear to be any issues.  
11:17 a.m. **Linden Drive**, fraud. Caller reports receiving a scam phone call stating the caller was with the IRS. He did not give any personal information. Caller advised of some steps to take to avoid these types of calls.  
12:06 p.m. **Forest Avenue**, Wadleigh, parking enforcement.  
1:13 p.m. **Sohier St.**, motor vehicle stop; citation issued.  
1:25 p.m. **Lighthouse Lane**, Government Island, parking enforcement.  
1:55 p.m. **Atlantic Avenue**, Sandy Beach, parking enforcement.  
2:20 p.m. **Border St.**, bridge, disturbance. Officer removed a group of about 10 off the bridge.  
3:16 p.m. **Atlantic Avenue**, parking enforcement.  
3:28 p.m. **Margin and Stockbridge streets**, parking complaint. A large number of cars parked on the side of the road making it difficult to pass. Vehicles issued parking tickets.  
3:53 p.m. **Howard Gleason Road**, parking complaint. Caller reports several cars parked in the area making it difficult to pass.

4:20 p.m. **Black Rock Road**, hazmat investigation. Officer speaking with the party in question who was using paint thinner mixed with a small amount of diesel fuel to strip paint from some lobster pots. Party has agreed to stop.  
4:46 p.m. **Forest Avenue**, Wadleigh Park, parking enforcement.  
5:01 p.m. **Lighthouse Lane**, Government Island, parking enforcement.  
5:03 p.m. **Parker Avenue**, parking enforcement.  
5:28 p.m. **Border Street bridge**, disturbance. Party moved off the bridge.  
6:05 p.m. **Sohier St.**, SSMC, fire investigation. Investigation of an electrical issue. Excess voltage coming in. National Grid notified. National Grid is on scene.  
10:20 p.m. **N. Main St.**, fire investigation. Headquarters reports E2 going to the area of North Main St. for an investigation of a transformer issue.  
8:38 p.m. Medical aid. A 70-year-old man took a couple of hits of a joint in Hull, is breathing but not responding as he normally would. He has not been drinking.  
10:28 p.m. **Sohier St.**, SSMC, medical aid. Request for an ambulance for a female that passed out.  
10:27 p.m. **Hill St.**, noise complaint. Neighbors on Hill Street are having a loud gathering and lighting off fireworks.  
11:26 p.m. **Gammons Road**, noise complaint. Caller says loud music and person with microphone. This was a wedding that is now wrapping up.

## Legal Notices

MORAN

**LEGAL NOTICE Commonwealth of Massachusetts The Trial Court Probate and Family Court Norfolk Probate and Family Court 35 Shawmut Road Canton, MA 02021 (781) 830-1200 Docket No. NO14P2154EA**

**CITATION ON PETITION FOR FORMAL ADJUDICATION**

**Estate of: Phyllis M Moran**

**Date of Death: 07/01/2012**

To all interested persons:

A Petition has been filed by: **Allison Gold of Cohasset MA** requesting that the Court enter a formal Decree and Order of testacy and for such other relief as requested in the Petition.

And also requesting that: **Allison Gold of Cohasset MA** be appointed as Personal Representative of said estate to serve **Without Surety** on the bond.

**You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 a.m. on 09/17/2014**

**This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an Affidavit of Objections within thirty (30) days of the return date, action may be taken without further notice to you.**

The estate is being administered under formal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but recipients are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration.

**WITNESS, Hon. John D Casey, First Justice of this Court.**

## Legal Notices

Date: August 13, 2014

Patrick W. McDermott Register of Probate

AD#13165016 Cohasset Mariner 8/22/14

ZBA/47 HIGHLAND AVE.

**LEGAL NOTICE TOWN OF COHASSET ZONING BOARD OF APPEALS**

A public hearing will be held at the **Town Hall on Monday, September 8, 2014 at 7:30PM** to hear and act upon an application for a **SPECIAL PERMIT** pursuant to §8.8 and any further relief as the Board deems appropriate. The applicant, Kevin Pennington, seeks to amend the 2 family designation from the existing 1 bedroom apartment located in the main dwelling, and move this designation to cover the livable space that will be located in the area above the proposed new garage at **47 Highland Avenue**. According to the application on file in the Town Clerk's Office. File #14.07.22.

AD#13161806 Cohasset Mariner 8/15/8/22/14

**To Place A Legal Ad Call Mary**

(781)

433-7902

## How to Submit an Obituary to the Weekly Newspapers

To contact our obituary department, please e-mail **obits@wickedlocal.com**

or  
**call 781-433-6905**

or  
**Fax 781-433-6965**

Obituaries for the weekly newspapers are taken at the Randolph office Monday through Friday.

**Please Call for Deadline Details**



# PUZZLES

## Horoscope

### SALOME'S STARS HOROSCOPES FOR WEEK OF SEPT. 1, 2014

**ARIES** (March 21 to April 19) Be careful not to allow the backers of a new financial "deal" to pull the wool over the Lamb's eyes. It could hold fewer plusses and more negatives than you were first led to believe.

**TAURUS** (April 20 to May 20) It's a good idea to finish all incomplete tasks so that you can devote your attention to next week's projects. The weekend could hold surprises for romantic Fernandas and Ferdinands.

**GEMINI** (May 21 to June 20) A workplace suggestion you made a while ago that you might have forgotten could come back with a request to turn it from idea to reality. Your social life picks up considerably this weekend.

**CANCER** (June 21 to July 22) Someone from the past could return with an intriguing opportunity for a future project. Check into it, by all means. But don't neglect your current responsibilities in the meantime.

**LEO** (July 23 to August 22) Keeping your claws sheathed and using good humor instead to counter someone who's bad-mouthing the Big Cat isn't easy. But it's the best way to avoid more problems down the line.

**VIRGO** (August 23 to September 22) A workplace situation could improve if you're less critical and more supportive of those who are, after all, trying to do their best. Let them know you're there to help when necessary.

**LIBRA** (September 23 to October 22) A new job offer might not carry all

the benefits you're seeking. Make sure you know what you're entitled to, what is off the table and what is negotiable before you make a decision.

**SCORPIO** (October 23 to November 21) A social obligation you would rather get out of could hold some surprisingly positive aspects. Why not go and see for yourself? A family member makes a curious request.

**SAGITTARIUS** (November 22 to December 21) Before tackling that new project awaiting you at home or on the job, take time out for some much-deserved pampering to help lift your spirits and restore your energy levels.

**CAPRICORN** (December 22 to January 19) Your social calendar begins to fill up more quickly than you expected. And that's great. You deserve to enjoy some good fun after so much time spent on serious matters.

**AQUARIUS** (January 20 to February 18) A domestic situation continues to improve, thanks to all the tender, loving concern you've shown. A colleague makes a questionable move that you might want to check out sooner rather than later.

**PISCES** (February 19 to March 20) A sudden turn in a romantic relationship calls for both a rational and passionate response. Keep the love level high, but also find out why the problem arose in the first place.

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**BORN THIS WEEK:** You often set high standards for others. But to your credit, you set the same expectations for yourself.

## Sudoku

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 9 |   |   |   | 6 | 2 | 4 |   |   |
|   | 8 |   | 4 |   |   |   |   | 2 |
|   |   | 1 |   | 5 |   |   | 7 |   |
| 1 | 5 |   | 6 |   |   | 2 |   |   |
|   | 6 |   |   |   | 9 |   |   | 5 |
|   |   | 9 |   | 7 |   |   | 1 |   |
| 6 |   |   |   |   | 5 | 3 |   |   |
|   | 7 |   |   | 9 |   |   | 4 | 8 |
|   |   | 3 | 8 |   |   |   | 6 |   |

Level: Challenging

### Here's How It Works:

**Sudoku** puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

## Crossword Solution - Moving Tenpins

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| S | O | O |   | S | T | E | S | O | B | E | R |   | B | E | S | T | O | M |   |   |
| I | N | T | E | R | E | S | T | A | R | O | S | E |   | O | P | I | A | T |   |   |
| R | E | S | T | A | R | E | A | W | E | N | T | F | O | R | A | S | P | I |   |   |
| P | R | E | T | I | N | P | I | N | K |   | E | S | P |   | A | X | L |   |   |   |
| A | L | I | A |   | A | G | R | A |   |   | O | R | S | O | N |   | E | A |   |   |
| C | E | L | S |   | N | O | R | F | O | L | K | P | I | N | E | S |   |   |   |   |
|   |   | I | T | N | O |   |   | N | O | I | R |   |   | M | O | D | E | S |   |   |
| L | E | G | A | L | O | P | I | N | I | O | N |   | N | O | R | T | H | E | R | N |
| H | I | G | H |   | O | S | H | A |   |   |   | S | O | D | A |   | T | R | I | O |
| A | L | E | C | K |   |   | P | E | N | N | Y | P | I | N | C | H | E | R |   |   |
| D | E | E |   | E | N | S |   | D | E | U | C | Y |   | U | S | A |   | E | S | S |
|   |   | S | L | E | E | P | I | N | G | P | I | L | L |   |   | B | E | T | T | Y |
| A | T | O | E |   | D | E | C | A |   |   |   | O | L | G | A |   | T | E | A | K |
| B | L | O | T | T | E | R | S |   | C | H | O | P | I | N | E | T | U | D | E | S |
| M | A | G | N | A |   |   | T | S | O | S |   |   | I | M | U | P |   |   |   |   |
|   |   |   | I | M | P | I | N | G | E | D | U | P | O | N |   |   | P | E | N | N |
| D | A | Y |   | A | U | R | A | S |   |   |   | A | N | A | S |   | R | E | E | S |
| I | N | K | Y |   | K | O | H |   | S | P | I | N | A | L | C | O | L | U | M | N |
| P | I | N | G | P | O | N | G | B | A | L | L |   | S | P | I | L | L | A | G | E |
| A | D | A | G | I | O |   | F | I | D | E | L |   | I | N | S | P | I | R | E | D |
| R | E | L | I | S | H |   | A | L | P | H | A |   | P | E | A |   |   | F | L | O |

## Crossword - Moving Tenpins

|     |    |    |    |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |     |
|-----|----|----|----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| 1   | 2  | 3  | 4  | 5   | 6   |     | 7   | 8   | 9   | 10  | 11  |     | 12  | 13  | 14  |     | 15  | 16  | 17  |
| 18  |    |    |    |     |     |     | 19  |     |     |     |     |     | 20  |     |     | 21  | 22  |     |     |
| 23  |    |    |    |     |     | 24  |     |     |     |     |     |     | 25  |     |     |     |     |     |     |
| 26  |    |    |    |     | 27  |     |     |     | 28  |     |     | 29  |     |     |     |     |     |     |     |
| 30  |    |    |    | 31  |     |     |     | 32  |     |     | 33  |     |     |     |     |     | 34  |     |     |
|     |    |    | 35 |     |     |     |     |     | 36  | 37  | 38  |     |     |     |     | 39  |     |     |     |
| 40  | 41 | 42 |    |     |     |     |     | 43  |     |     |     |     | 44  | 45  |     |     |     |     |     |
| 46  |    |    |    |     | 47  | 48  | 49  |     | 50  |     |     | 51  | 52  |     |     |     | 53  | 54  | 55  |
| 56  |    |    |    |     | 57  |     |     | 58  |     |     | 59  |     |     |     |     |     | 60  |     |     |
|     |    | 61 |    | 62  |     |     |     |     | 63  | 64  | 65  |     |     |     |     | 66  |     |     |     |
| 67  | 68 |    |    | 69  |     |     |     | 70  |     |     |     |     | 71  | 72  |     |     | 73  |     |     |
| 74  |    |    | 75 |     |     |     |     | 76  |     |     |     |     | 77  |     |     |     | 78  |     |     |
| 79  |    |    |    |     | 80  | 81  |     |     |     |     | 82  |     |     |     |     | 83  |     | 84  | 85  |
| 86  |    |    |    | 87  |     |     |     |     | 88  | 89  | 90  |     | 91  |     |     | 92  |     |     |     |
|     |    |    | 93 |     |     |     |     |     | 94  |     |     | 95  |     |     |     | 96  |     |     |     |
| 97  | 98 | 99 |    |     |     |     | 100 | 101 | 102 |     |     |     |     | 103 | 104 | 105 |     |     |     |
| 106 |    |    |    |     | 107 |     |     |     |     |     |     |     | 108 |     |     |     |     | 109 | 110 |
| 112 |    |    |    | 113 |     |     |     |     |     | 114 | 115 | 116 |     | 117 |     |     |     | 118 |     |
| 119 |    |    |    |     |     |     |     |     |     | 120 |     |     |     | 121 |     |     | 122 |     |     |
| 123 |    |    |    |     |     |     |     |     |     | 124 |     |     |     |     |     | 125 |     |     |     |
| 126 |    |    |    |     |     | 127 |     |     |     | 128 |     |     |     |     |     | 129 |     |     |     |

### ACROSS

1 Hot dog

6 Connect, as

7 A, in Athens

12 Vegetable in

15 Waitress on

18 A little

19 Cuba's

20 Filled with

23 Table tennis

25 Overflow

26 Like printing-

27 — inoor

28 Backbone

30 Calendar box

31 Some

33 Santa — (hot

34 Actor Roger

35 Violated

39 Tubular pasta

40 — cum laude

43 General —

44 Post-waking

46 Police logs

50 Piano pieces

56 Dip — in the

57 Octa- + two

59 Korb of

60 Furniture

61 Sominex or

66 Toon Boop

67 Inferior mark

69 "Cincinnati"

70 Acety-

71 Home of the

73 Road curve

74 Smart —

76 Miserly sort

79 Elevated

80 Worker

82 Sprite or Tab

83 The Stooges,

86 Judge's

91 From

93 "Pay —

94 Hard-boiled

96 Systems

97 Jail rooms

100 Conifers

108 Welles of film

109 Hearing thing

112 1986 Molly

117 Medium's gift

118 Rod on a car

119 Interstate

120 Joyride, e.g.

123 Loan accrual

124 Came to light

125 Narcotic

126 The Great

127 Enhaloed Fr.

128 Uninebrated

129 Confer (on)

1 Speedy

2 Minneapolis

3 Tall and lean

4 Rocker Pop

5 Little drink

6 Connect, as

7 Kabul native

8 Ad- —

9 Palm Pilots

10 "SOS!"

11 "That is —

12 Italian

13 Boarding a

14 Nike rival

15 Wives, in

16 Errand

17 Danish

21 Mideast gp.

22 Infamy

24 Relative of

29 Brief slumber

31 "I — your

32 Cpl.'s boss

35 Giant in chips

36 PC "oops"

37 "I'm an idiot!"

38 GI's hangout

39 With 85-

Down,

elaborate

hoaxes

40 Yuppie deg.

44 Post-waking

46 Police logs

50 Piano pieces

56 Dip — in the

57 Octa- + two

59 Korb of

60 Furniture

61 Sominex or

66 Toon Boop

67 Inferior mark

69 "Cincinnati"

70 Acety-

71 Home of the

73 Road curve

74 Smart —

76 Miserly sort

79 Elevated

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125 Narcotic

126 The Great

127 Enhaloed Fr.

128 Uninebrated

129 Confer (on)

1 Speedy

2 Minneapolis

3 Tall and lean



# CALENDAR

## Celebrate North Weymouth Day with the Ramshackle Trio

**WHEN:** 9 a.m. to 1 p.m. Saturday, Aug. 23.  
**WHERE:** The Weymouth Farmers Market at the Weymouth Town Hall, 75 Middle St.  
**INFO:** Ramshackle Trio - from left to right Robin Huer, Bill Rose and Dave Bleckley. The trio specializes in acoustic country rock and harmonies, with Dave on rhythm guitar and lead vocals, Robin on lap slide, harmonica, percussion and vocals and Bill on lead guitar and vocals. Children welcome to join in the kids percussion section - instruments provided.



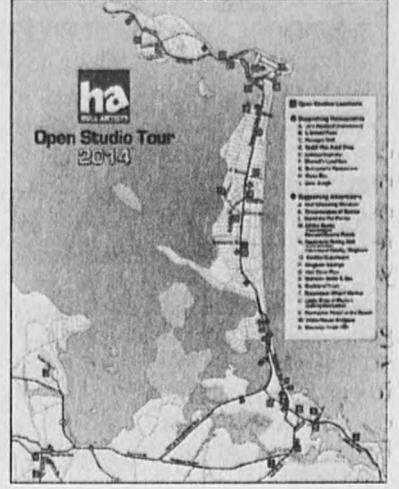
## Plymouth Waterfront Festival offers something for all

**WHEN:** 10 a.m. to 7 p.m. Saturday, Aug. 23.  
**WHERE:** Plymouth Waterfront.  
**INFO:** The festival is free to the public and includes more than 230 crafter booth spaces, festival carnival, Ducky Dash, Motor Head's Cruise-In car show, kids corner and two stages of live entertainment. For complete festival information visit [www.plymouthwaterfront-festival.com](http://www.plymouthwaterfront-festival.com) or call the Plymouth Area Chamber of Commerce at 508-830-1620.



## The Hull Artists 19th annual Open Studios Art Tour

**WHEN:** 10 a.m. to 5 p.m. Saturday/Sunday, Aug. 23 and 24.  
**WHERE:** Tour up and down the Hull peninsula and in Hingham.  
**INFO:** For a self-guided tour, download a free map from [www.hullartists.com](http://www.hullartists.com). The map has addresses, telephone numbers, and medium for each artist. Admission is free, parking is free, and children are welcome. Free map flyers are available at Hull and Hingham businesses.



## SATURDAY, AUG. 23

**Kids Day at the Braintree Farmers Market** from 9 a.m. to 1 p.m. at 1 JFK Memorial Drive, Braintree. Engaging activities and entertainment will be provided to enlighten your child about the importance of healthy eating and help them learn where their food comes from.

**Multi Family Yard And Bake Sale** to benefit Abington Impact Soccer Club tour to England from 9 a.m. to 3 p.m. at Cape Cod Lumber on Route 18, Abington. Rain date Aug. 24.

**Celebrate North Weymouth Day** with a performance by Ramshackle at the Weymouth Farmers Market, Weymouth Town Hall, 75 Middle St., Weymouth, from 9 a.m. to 1 p.m.

**Marshfield Fair**, from noon to 10 p.m. Aug. 15-24, 140 Main St., Marshfield. Exhibits, vendors, arts and crafts, kids' activities, amusement rides, tractor pulls, live bands, food and more. Admission \$10, children 6 and under admitted free. Call 781-834-6629 or visit [marshfieldfair.org](http://marshfieldfair.org) for details and schedule.

**Yoga at the River's Edge** sponsored by the North and South Rivers Watershed Association. Weekly classes, taught by certified yoga teachers from 8:30 to 10 a.m. at various sites along the North and South Rivers. Each class features meditation, gentle stretching, breathing technique, hatha yoga postures, and guided relaxation. All classes are outdoors. Sites are not wheelchair accessible. Today: at the Rexhame Dunes, at Rexhame Beach in Marshfield. All proceeds benefit NSRWA. Suggested donation of \$10 per class for NSRWA members, and \$15 for the general public. Kezia Bacon at 781-837-7093, email [yogariversedge@verizon.net](mailto:yogariversedge@verizon.net) or visit [www.nsrwa.org](http://www.nsrwa.org) or [www.hellokezia.com](http://www.hellokezia.com).

**The Hull Artists 19th annual Open Studios Art Tour** from 10 a.m. to 5 p.m. today and tomorrow. A record 40 artists will display their work in home studios up and down the Hull peninsula and in Hingham. For a self-guided tour, download a free map from [www.hullartists.com](http://www.hullartists.com). The map has addresses, telephone numbers, and medium for each artist. Admission is free, parking is free, and children are welcome. Free map flyers are available at Hull and Hingham businesses.

**Downtown Plymouth Waterfront Festival**, on the waterfront in Plymouth. The festival includes more than 230 crafter booth spaces, festival carnival, Ducky Dash, Motor Head's Cruise-In car show, kids corner and two stages of live entertainment. For complete festival information visit [www.plymouthwaterfrontfestival.com](http://www.plymouthwaterfrontfestival.com) or call the Plymouth Area Chamber of Commerce at 508-830-1620.

**Shakespeare's "The Tempest"** will be performed at 10:30 a.m. at Priscilla Beach Theatre, 800 Rocky Hill Road, Plymouth, directed by Geronimo Sands. Tickets are \$12 and available at the door. See [www.pbtheatre.org](http://www.pbtheatre.org), or call 508-224-4888.

**Amanda Carr Trio** at The Great Chow, 497 Bedford St., Route 18, Abington, 781-871-8832, [www.great-chow.com](http://www.great-chow.com)

**DJ LadyZ** at Players Sports Bar & Grille, 86 VFW Drive, Rockland, 781-681-9999, [southshoresportsbar.com](http://southshoresportsbar.com).

**Fun With Hands** at Damiens Pub, 279 Spring St., Hanson, [damienspub.com](http://damienspub.com) 781-447-6556.

**The Love Dogs** at C-Note, 159 Nantasket Avenue, Hull, 781-925-4300, [www.cnotehull.com](http://www.cnotehull.com)

**The Bitter End** at Next Page Café, 550 Broad St., Weymouth, 8 p.m. 781-340-1300.

**Doubleshot** at Hajjar's Bar & Grille, 969 Washington St., Weymouth, 9 p.m. 781-340-1870, [www.hajjars.net](http://www.hajjars.net)

**Danny Black** at The Tavern, One Proprietors Drive, Marshfield, 781-837-0000.

**Hynes Family Quartet** at The Tinker's Son, 707 Main St., Norwell, 8 p.m. [thetinkerson.com](http://thetinkerson.com), 781-561-7361.

**Mark Duane Band** at The Tinker's Son, 707 Main St., Norwell, 9 p.m. [thetinkerson.com](http://thetinkerson.com), 781-561-7361.

**P.S.B. Band** at Wildflower Café & Tavern, 8 Chestnut St., Duxbury, 781-934-7814, [www.wildflower-cafe.us/](http://www.wildflower-cafe.us/)

**The Dons** at Turners Yard, 615 Washington St., Pembroke, 9 p.m. 781-826-2532, [www.turnersyard.com](http://www.turnersyard.com)

**Crunchy Monkey** at British Beer Company, 15 Columbia Road, Pembroke, 781-829-6999, [www.britishbeer.com](http://www.britishbeer.com).

**Elbow Room** at Cabby Shack, 30 Town Wharf, Plymouth, 9 p.m. 508-746-5354, [www.cabbyshack.com](http://www.cabbyshack.com)

**DJ EZ** at Waterfront Bar and Grill, 170 Water St., Plymouth, 508-591-8393.

**Irish Seisiun at Lucio's Pub** at 6 Spring Lane in Plymouth, 5:30 p.m. Free.

**Fresh Preserves** will perform at the British Beer Company, 2294 State Road, Cedarville, 508-888-9756, [www.britishbeer.com](http://www.britishbeer.com).

## SUNDAY, AUG. 24

**The Hull Artists 19th annual Open Studios Art Tour** from 10 a.m. to 5 p.m. A record 40 artists will display their work in home studios up and down the Hull peninsula and in Hingham. For a self-guided tour, download a free map from [www.hullartists.com](http://www.hullartists.com). The map has addresses, telephone numbers, and medium for each artist. Admission is free, parking is free, and children are welcome. Free map flyers are available at Hull and Hingham businesses.

**Run for Faith 4Miler** is scheduled to begin at 8:30 a.m. at Plimoth Plantation on Warren Avenue in Plymouth. Water stations are plentiful and the event is professionally timed by Splitter Racing Systems. There is also a stroller division, so runners can run with their young children. Post-race light refreshments will include bananas, oranges, bagels, muffins and scones. To amuse younger family members, a jumpy house will be available. A number of vendors will be on hand to sell their wares before and after the race. The entry fee is \$25. Punnies can register at [www.runforfaithplymouth.org](http://www.runforfaithplymouth.org).

**Marshfield Fair**, from noon to 10 p.m. Aug. 15-24, 140 Main St., Marshfield. Exhibits, vendors, arts and crafts, kids' activities, amusement rides, tractor pulls, live bands, food and more. Admission \$10, children 6 and under admitted free. Call 781-834-6629 or visit [marshfieldfair.org](http://marshfieldfair.org) for details and schedule.

**Carver Farmers' Market** from noon to 4 p.m. Sundays to Oct. 26, rain or shine, in Shurtleff Park on Route 58 across from the Carver Town Hall. Fresh fruits and vegetables, jams and jellies, baked goods, live lobsters, honey, fresh eggs, hanging baskets, annuals and perennials, herbs, crafts, PPD2 BAR-B-Q, live music and much more. Admission is free. For information call 508-866-2428.

**Traditional Irish Session with Skip Toomey** every Sunday from 11 a.m. to 2 p.m. at The Tinker's Son, 707 Main St., Norwell, [thetinkerson.com](http://thetinkerson.com), 781-561-7361.

**Organ Recital: Brits and Yanks** featuring organist Bernadette Nadeau at the Old Ship Church, 107 Main St., Hingham, 3 p.m. A free will donation will be gratefully accepted to support the music program at the Old Ship, 781-749-1679.

**Sunday On The Patio: Sean McLaughlin** at The Tavern, One Proprietors Drive, Marshfield, 781-837-0000.

**Open mike with Bill Downes** at The Tinker's Son, 707 Main St., Norwell, 4 to 8 p.m. [thetinkerson.com](http://thetinkerson.com), 781-561-7361.

**Spash of Blues** at Players Sports Bar & Grille, 86 VFW Drive, Rockland, 781-681-9999, [southshoresportsbar.com](http://southshoresportsbar.com)

**Seniors Night - Dale and the Duds** at Catherine and Joseph Nisby Bandstand, 600 Gliniewicz Way, Abington, 6 p.m. Classic rock n' roll. In the event of rain, concerts will be held in the Abington Senior Center, 441 Summer St. No food or drink allowed at the center.

**Party on the Patio** featuring The Barley Hoppers at the British Beer Company, 2294 State Road, Cedarville, 508-888-9756, [www.britishbeer.com](http://www.britishbeer.com).

**Nick Pangakis** at Waterfront Bar and Grill, 170 Water St., Plymouth, 3 to 6 p.m. 508-591-8393.

**Sean Fullerton** at Cabby Shack, 30 Town Wharf, Plymouth, 4 p.m. 508-746-5354, [www.cabbyshack.com](http://www.cabbyshack.com)

## MONDAY, AUG. 25

**New Beginnings Singles Support Group**, Inc. for newly widowed, separated or divorced adults, meets on Monday evenings at 6:30 p.m. at The Cushing School's Knights of Columbus Culinary Arts Center, 391 Washington St., Hanover. Information: visit <http://nbnorwell.org/>, email at [info@nbnorwell.org](mailto:info@nbnorwell.org) or call 781-499-2659. Meetings at 391 Washington St., Hanover. NB is not a dating service. NB is a singles support organization dedicated to healing, growing and learning.

**Paul Caraher** at Cabby Shack, 30 Town Wharf, Plymouth, 9 p.m. 508-746-5354, [www.cabbyshack.com](http://www.cabbyshack.com)

**Texas Hold'em** with the Northern Poker League at 7 and 10 p.m. at Black Raspberry Pub, 36 Cordage Park Circle, Plymouth, 508-830-0022.

## TUESDAY, AUG. 26

**2 Trick Pony** at Cabby Shack, 30 Town Wharf, Plymouth, 9 p.m. 508-746-5354, [www.cabbyshack.com](http://www.cabbyshack.com)

## HOW TO SUBMIT

Planning an event? Send your event information by email to [scalendar@wickedlocal.com](mailto:scalendar@wickedlocal.com) or by fax to 781-837-4543. Listings must be submitted at least two weeks prior to the event. Email photos as a jpeg attachment at a resolution of at least 200 dpi and no smaller than 3 X 5 inches in size. For more information call 781-837-4518.

**Margaritaville** hosted by Plymouth and South Shore Association of Realtors, 4:30 to 9 p.m. at Camp Bournedale, 110 Valley Road, Plymouth. Everyone is invited members and non-members. Parthead attire encouraged. \$25 pp includes full barbecue dinner, entertainment. Contests, prizes, pontoon boat rides, silent and live auctions. Entertainment by Jim Plunkett. Register at [PassRealtors.com](http://PassRealtors.com) or call 781-826-5139.

**Ballroom Dancing** every Tuesday from 7:30 to 11 p.m. at The Viking Club, 410 Quincy Avenue, Route 53, Braintree. Live bands every week. Singles and couples welcomed. Admission is \$10. Information: 781-784-2678 or 781-335-3171.

**South Shore Men of Harmony** rehearse every Tuesday at Hingham Community Center, 70 South St., Hingham, from 7:30 to 10:30 p.m. 781-337-SING (7464). Information: 781-337-7464.

**Open Mike with Jackson Wetherbee** at The Tinker's Son, 707 Main St., Norwell, 9 p.m. [thetinkerson.com](http://thetinkerson.com), 781-561-7361.

**Irish Sessions** at Turners Yard, 615 Washington St., Pembroke, 7 p.m. 781-826-2532, [www.turnersyard.com](http://www.turnersyard.com).

## WEDNESDAY, AUG. 27

**Adam Ezra Band** at Projects Arts of Plymouth annual free summer concert series, 6:30 to 9:30 p.m. Pilgrim Memorial State Park, Water St., Plymouth.

**Book signing**, part of the Bookbreeze Festival, 7 p.m. at Duxbury Free Library, 77 Alden St., Duxbury. Free tickets to events held at the Duxbury Free Library can be reserved two weeks before the event on [www.duxburyfreelibrary.org](http://www.duxburyfreelibrary.org). Or call the library at 781-934-2721, ext. 108, or Westwinds Bookshop at 781-934-2128. Today: James Scott ("The Kept").

**Aldous Collins Band** at British Beer Company, 15 Columbia Road, Pembroke, 781-829-6999 or visit [www.britishbeer.com](http://www.britishbeer.com).

**Meat raffle** at 7 p.m. every Wednesday through August at American Legion Post 40, 199 Federal Furnace Road, Plymouth; open to the public; call 508-746-0009 for more information.

**Country Night** every Wednesday at Players Sports Bar & Grille, 86 VFW Drive, Rockland, 781-681-9999, [southshoresportsbar.com](http://southshoresportsbar.com). Complimentary line dance lessons 7 to 9 p.m.

**Team Trivia** at 7 p.m. every Wednesday at New World Tavern, 56 Main St., Plymouth, 508-927-4250.

**Tiffani & Co.** at Cabby Shack, 30 Town Wharf, Plymouth, 9 p.m. 508-746-5354, [www.cabbyshack.com](http://www.cabbyshack.com)

**Karaoke** night at the Black Raspberry Pub, 9 p.m., 36 Cordage Park Circle, Plymouth.

## THURSDAY, AUG. 28

**The Daniel Webster Estate & Heritage Center** will be open today for docent guided tours. The Estate and 1880 Victorian mansion are listed on the National Register of Historic Places. Free admission. Donations gratefully accepted. Estate now open every Thursday 1 to 4 p.m. thru September [www.danielwebsterestate.org](http://www.danielwebsterestate.org)

**Plymouth Farmers' Market**, 2:30 to 6:30 p.m. each Thursday through October, at Plimoth Plantation in Plymouth, rain or shine, on the grassy field at Plimoth Plantation's River Street entrance. More than 40 vendors, music by local musicians, activities for kids. Free and open to the public. See [www.plymouthfarmersmarket.org](http://www.plymouthfarmersmarket.org) for details.

**Doug Woolverton of Roomful of Blues** with The Willie J Laws Band followed by open mike with Willie J Laws. Jammers invited and welcome. Free pizza at Next Page Café, 550 Broad St., Weymouth, 781-340-1300.

**Open mike night** hosted by Mark Darling and Erin Dale every Thursday at Wildflower Café & Tavern, 8 Chestnut St., Duxbury, 781-934-7814, [www.wildflowercafe.us/](http://www.wildflowercafe.us/)

**Zak Shaffer** at The Tinker's Son, 707 Main St., Norwell, 8 p.m. [thetinkerson.com](http://thetinkerson.com), 781-561-7361.

**Mark T. Small** performs at 7 p.m. every Thursday at New World Tavern, 56 Main St., Plymouth, 508-927-4250.

**93 North Acoustic** at the British Beer Company, 2294 State Road, Cedarville, 508-888-9756, [www.britishbeer.com](http://www.britishbeer.com).

**Legion Band Free concert.** All concerts are free and will begin at 7 p.m. Thursdays near Plymouth Rock. Postponed concerts will be held the following Tuesday. Tonight: Legion Bud Band.

**3rd Left** at Cabby Shack, 30 Town Wharf, Plymouth, 9 p.m. 508-746-5354, [www.cabbyshack.com](http://www.cabbyshack.com)

**Text request with DJ Skip** at Waterfront Bar and Grill, 170 Water St., Plymouth, 508-591-8393.

**Mark Purcell** performs at the British Beer Company, 6 Middle St., Plymouth, 508-747-1776, [www.britishbeer.com](http://www.britishbeer.com).

**Fil Pacino Duo** at British Beer Company, 15 Columbia Road, Pembroke, 781-829-6999 or visit [www.britishbeer.com](http://www.britishbeer.com).

## FRIDAY, AUG. 29

**Marshfield Farmers' Market**, every Friday from 2 to 6 p.m. at the Marshfield Fairgrounds 140 Main St. has over 40 local farmers, food vendors and select artisans. Market is open rain or shine in a festive indoor/outdoor setting featuring agricultural displays, live music, free demonstrations and kids' activities every week. Admission and parking are free, easy access for wheel chairs and strollers. Handicapped parking inside the gates.

**Mysteries of Shorebird Identification and Migration** at Duxbury Beach, Duxbury, presented by Mass Audubon, from 4:30 to 6:30 p.m. Brad Winn of Manomet Center for Conservation Sciences will help you identifying shorebirds like red knots and sandpipers, which can be a challenge in late summer when young shorebirds are mixed in with adults. Space is limited. Preregistration is required, and can be completed online at [www.massaudubon.org/southshore](http://www.massaudubon.org/southshore) or by calling 781-837-9400. \$24/\$18 member. Meet at Duxbury Beach. Friday, August 9, 4:30-6:30 PM.

**Friday Morning Bird Walk** every Friday with David Ludlow presented by Mass Audubon from 8:15 to 11:45 a.m. Meet at North River Wildlife Sanctuary, 2000 Main St., Marshfield. The vans depart promptly at 8:15 a.m. plan to arrive early. \$15/\$12 member; cash payment and exact change are preferred. [www.massaudubon.org/southshore](http://www.massaudubon.org/southshore) or 781-837-9400

**Mama Love** at Next Page Café, 550 Broad St., Weymouth, 781-340-1300.

**Memphis Rockabilly Band** at C-Note, 159 Nantasket Avenue, Hull, 781-925-4300, [www.cnote-hull.com](http://www.cnote-hull.com)

**The Satuit Band** performs at Scituate Harbor at 7:30 p.m.

**Whiskey Wild** at British Beer Company, 15 Columbia Road, Pembroke, 781-829-6999, [www.britishbeer.com](http://www.britishbeer.com).

**In Session Duo** at Turners Yard, 615 Washington St., Pembroke, 9 p.m. 781-826-2532, [www.turnersyard.com](http://www.turnersyard.com)

**Paul Coronella** at Wildflower Café & Tavern, 8 Chestnut St., Duxbury, 781-934-7814, [www.wildflowercafe.us/](http://www.wildflowercafe.us/)

**Jimmy Peters** at Damiens Pub, 279 Spring St., Hanson, [damienspub.com](http://damienspub.com) 781-447-6556.

**Sparky Band** at The Great Chow, 497 Bedford St., Route 18, Abington, 781-871-8832, [www.greatchow.com](http://www.greatchow.com)

**Harbor Bouys** at The Tinker's Son, 707 Main St., Norwell, 9 p.m. [thetinkerson.com](http://thetinkerson.com), 781-561-7361.

**Les Sampou Duo** at Strawberry Fair, 14 Pond St., Norwell from 6 to 8 p.m. Friday evenings throughout the summer. 781-878-7878, <http://www.thestraberryfair.com>

**DJ EZ** at Waterfront Bar and Grill, 170 Water St., Plymouth, 508-591-8393.

**Carlin Tripp** at Cabby Shack, 30 Town Wharf, Plymouth, 4 p.m. 508-746-5354, [www.cabbyshack.com](http://www.cabbyshack.com)

**Wolfpack Band** at Cabby Shack, 30 Town Wharf, Plymouth, 9 p.m. 508-746-5354, [www.cabbyshack.com](http://www.cabbyshack.com)

**Doug Logan** at British Beer Company, 2294 State Road, Cedarville, 508-888-9756, [www.britishbeer.com](http://www.britishbeer.com).

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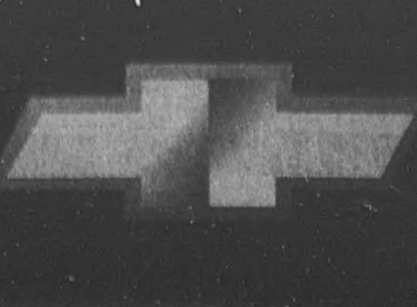
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Customer Cash ..... -\$2,000

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Navigation, Boston Acoustics 9 speaker system, rear spoiler. #42009

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